



**BEREAVED FAMILIES OF ONTARIO
DURHAM REGION**

NEWSLETTER

“BEREAVED, HELPING THE BEREAVED LEARN TO LIVE WITH GRIEF”

ISSUE 1

www.bfodurham.net

January 2021

The ANGELS’ TREE OF LIGHT 2020

On Thursday, November 26th BFO Durham Region held its annual Angels’ Tree of Light ceremony, though not in quite the same way as the previous years. This year marked the 25th anniversary of the Angel Tree ceremony and what a year it has been! The committee realised early on, that a live ceremony at the Durham District School Board was unlikely due to Covid 19 restrictions. It was disheartening, as this was a special anniversary but BFO-Durham was not about to give up! The committee started planning for a film of the ceremony including a little bit of history of how it all started. This idea grew into the video, “BFO Durham Angels’ Tree of Light Silver Ceremony; commemorating 25 years of love”

This year, the angel selected was a delicate silver filigree and each angel had the name of a loved one handwritten on silver ribbon. The tree looked beautiful as always, with each angel representing a loved one sadly missed by their families and friends throughout the year but especially during the holiday season.

Jane Carter (Executive Director, BFO Durham) welcomed everyone to the ceremony with soothing words as this can be a difficult time, especially for those experiencing a loss for the first time.

BFO-Durham was pleased to welcome back Rev. Maureen McLellan to deliver the Opening Remarks. Her gentle words gave advice, encouragement and support to the audience. She spoke with empathy and understanding, noting the difficulties of grieving when we are physically distanced from those who would normally be present to support us.

This year, the tree was dedicated by Bev Campbell and Marnie Cowen in memory of their son and brother, Michael Campbell. Bev spoke from her heart about her grief journey following the loss of her son, Michael. She spoke of her first Christmas without Michael feeling like she was in a “black hole” that she could not escape from. She was thankful to BFO-Durham for leading her out of that “black hole”. Marnie spoke about losing Michael from a different perspective, that of a sibling. She spoke eloquently of the strong bond she had with her brother and her loss was not just of a brother but of a true friend. She was also thankful to BFO-Durham for helping her Mom, when she could not.

Andrea and Michael Provenzano along with their children, Gia and Melania had the honour of lighting our tree this year, in memory of their sister/aunt Paulina and nonno Gaspare. After the tree was lit, there was a moment of silence for reflection, followed by a musical tribute to all the “angels”.

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JANUARY 2021

Infant Loss ZOOM Drop-In
Monday 4th, 7-9 p.m.

Afternoon ZOOM Drop-In
Wednesday 6th, 1-3 p.m.

Adult Sibling Loss ZOOM Drop-In
Tuesday 12th, 7-9 p.m.

Evening ZOOM Drop-In
Wednesday 13th, 7-9 p.m.

Afternoon ZOOM Drop-In
Monday 18th, 1-3 p.m.

Afternoon ZOOM Drop-In
Wednesday 20th, 1-3 p.m.

Re-Connect ZOOM Drop-In
Monday 25th, 7-9 p.m.

Evening ZOOM Drop-In
Thursday 28th, 7-9 p.m.

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FEBRUARY 2021

Infant Loss ZOOM Drop-In
Monday 1st, 7-9 p.m.

Afternoon ZOOM Drop-In
Wednesday 3rd, 1-3 p.m.

Afternoon ZOOM Drop-In
Monday 8th, 1-3 p.m.

Adult Sibling Loss ZOOM Drop-In
Tuesday 9th, 7-9 p.m.

Evening ZOOM Drop-In
Wednesday 10th, 7-9 p.m.

FAMILY DAY - OFFICE CLOSED
Monday 15th

Afternoon ZOOM Drop-In
Wednesday 17th, 1-3 p.m.

Reconnect ZOOM Drop-In
Monday 22nd, 7-9 p.m.

Evening ZOOM Drop-In
Thursday 25th, 7-9 p.m.

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The ANGELS' TREE OF LIGHT 2020

Continued from page 1

Jonathan Onley performed "Memories" in memory of his daughter, Sarah and this was followed by Kalista Wilson's moving performance of "Dancing in the Sky" in memory of her sister, Alleya Wilson.

Finally, the ceremony concluded with the Responsive Reading led by Karen Fish and Vanessa Longhurst in memory of their children, Derek Fish and Dustin Longhurst.

Although there were challenges in holding this year's ceremony virtually, there were advantages too. Family and friends from across the province, across the country and across the world were able to be a part of this special silver ceremony. There have been almost 500 YouTube views to date.



This special evening could not have taken place without the hard work and dedication of the following people: Angel Tree Committee: Caroline Goswell (Chair), Bev Campbell, Jane Carter, Marlene Charewicz, Anita Fellows, Karen Fish, Vanessa Longhurst, Sharon Sears, Kirsty Sinclair, Joyce Smith, Linda Watson and Magda Zoelman.

A special thanks to the office volunteers, Bev Campbell, Marlene Charewicz, Karen Fish, Vanessa Longhurst and Linda Watson for the countless hours spent taking calls for Angel donations and all the necessary paperwork associated with this event.

Finally, thanks to the following who contributed to the success of this event:

The Carter Family for their donation to support the film, in memory of their daughter, Julie Marie Carter

Kim Everson for creating and donating the beautiful poinsettia arrangements in memory of her son, Benjamin Everson

Minute Man Press, Whitby (programs)

Timo Hovanta, Aldgate Group (film location)

Andres Guzman (filming and editing)

Adele, Eric and Elizabeth Davidson for creating the online program, plaque & links for the website

Our many volunteers who work in the background to prepare for this event

All our generous donors for your financial support

This annual ceremony is very special to all of us at BFO Durham. We hope it provided comfort and support to all who watched.

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YOUR FEED-BACK IS VERY IMPORTANT!!

PLEASE CONSIDER CONTRIBUTING TO THIS NEWSLETTER, WHICH IS A VOICE FOR THE BEREAVED. WE ENDEAVOUR TO KEEP YOU AS UP TO DATE AS POSSIBLE WITH ALL ON-GOING INFORMATION AND WOULD LIKE YOUR HELP; SHARE YOUR THOUGHTS, IDEAS OR REQUESTS THROUGH THIS VENUE. RECOMMEND A BOOK AND WRITE WHAT YOU LIKE ABOUT IT. SHARE YOUR STORY, SUBMIT A POEM, OR TELL OF THINGS THAT HAVE HELPED YOU ALONG YOUR GRIEF JOURNEY.

WE THANK YOU IN ADVANCE FOR GETTING INVOLVED!

ANGELS TREE OF LIGHT DEDICATION 2020

November 26, 2020

Good evening everyone, my name is Bev Campbell & I would like to welcome you all to Bereaved Families 25th Anniversary Angels' Tree of Light.

This year we had to do things a little different due to Covid 19. We are in a new location and sadly without a live audience. This year, I have a few different Angel names on the tree. This magnificent tree represents all our loved ones who have now passed on. But the Angel I would like to talk to you about is my son, Michael.

Michael passed away 11 years ago at the age of 39 but it still seems like yesterday. He died of a rare form of leukemia. In a matter of 3 days & 4 different hospitals, he was gone. No warnings, no last "I love you s". Just gone.

Michael was such an inspiration to us all. His kindness & generosity to others was remarkable. He was always the first one there if you needed help. He had this infectious laugh that came from the bottom of his soul & it made you laugh too. It just made you feel so good. And how he loved to read. He always had a book in his hand. Music was his second passion. He started his own magazine called "The Sepulchral Voice" that promoted many Metal Bands in the Durham Region & was read around the world. These are just a few of his many talents.

Michael also left behind his wife, Donna & his 16-year-old son, Michael Jr who still has a hard time dealing with the death of his father.

Michael loved Christmas; it was his favourite holiday. He loved everything about it; family & friends gathering together, the hustle & bustle & especially the Christmas cheer. That first Christmas without him with us, I felt like I was in a black hole & I couldn't get out. It was as if someone had ripped the heart out of my body. I'm sure many of you can relate to this. I sure wasn't up for any celebrations. I wasn't thinking or really caring about anyone else in the family. I know Michael would not have wanted that. He would have wanted us to carry on with his favourite holiday; but I just couldn't. I spoiled that holiday for everyone; something I regret to this day.

I searched everywhere to find someone to help me, but I couldn't find anyone who really understood the loss of a child. Then I found Bereaved Families & that is when I really started to heal. I was with people who were going through the same heartache. They never tired of my story. They helped me. They get it. I've come to realize that nothing in this life can prepare us for losing someone we love.

I still remain at BFO Durham after 10 years. I wanted to help others as they helped me. I am an office volunteer, trained facilitator & proud member of the Board of Directors. My grand-daughter, Lily, asked me one day, "Nanny, how long will you be going to BFO?" I said, "Lily, till the day I die". Thank you, BFO. You literally saved my life.

Beverly Campbell

Event Calendar continued

MARCH 2021

Infant Loss ZOOM Drop-In

Monday 1st, 7-9 p.m.

Afternoon ZOOM Drop-In

Wednesday 3rd, 1-3 p.m.

Adult Sibling Loss ZOOM Drop-In

Tuesday 9th, 7-9 p.m.

Evening ZOOM Drop-In

Wednesday 10th, 7-9 p.m.

Afternoon ZOOM Drop-In

Monday 15th, 1-3 p.m.

Afternoon ZOOM Drop-In

Wednesday 17th, 1-3 p.m.

Evening ZOOM Drop-In

Thursday 25th, 7-9 p.m.

Reconnect ZOOM Drop-In

Monday 29th, 7-9 p.m.

Afternoon ZOOM Drop-In

Wednesday 31st, 1-3 p.m.

APRIL 2020

EASTER MONDAY –OFFICE CLOSED

Monday 5th

Infant Loss ZOOM Drop-In

Monday 5th, 7-9 p.m.

Adult Sibling Loss ZOOM Drop-In

Tuesday 13th, 7-9 p.m.

Evening ZOOM Drop-In

Wednesday 14th, 7-9 p.m.

Afternoon ZOOM Drop-In

Monday 19th, 1-3 p.m.

Afternoon ZOOM Drop-In

Wednesday 21st, 1-3 p.m.

Evening ZOOM Drop-In

Thursday 22nd, 7-9 p.m.

Reconnect ZOOM Drop-In

Monday 26th, 7-9 p.m.

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ANGELS TREE OF LIGHT DEDICATION 2020

November 26, 2020

Hello everyone, I'm Marnie, Bev's daughter & little sister to the Angel my Mom just spoke so beautifully about, Michael.

As my Mom mentioned, my brother died of a very rare form of leukemia & within 3 days of his diagnosis, he was gone. His passing was so sudden & unexpected, it truly was a pain I cannot describe & it was a loss I have never experienced before. Even speaking about it now, it feels like it just happened yesterday & not 11 years ago.

Michael & I didn't have your typical brother/sister relationship; to this day I still can't think of a time when we didn't get along. He was 5 years older than me but he took me everywhere with him, even without my parents asking him to. He would always let me tag along. I was a very proud little sister. As we got older, our relationship & the bond we had grew also. We became the best of friends into adulthood.

Although I have countless memories of us growing up together, some of the most memorable ones were during the Christmas season. Michael & I loved Christmas; it was the holiday we both looked forward to every year. When we were kids, as Christmas was fast approaching, we would play "Hide & Seek", just to have an excuse to find the most secretive spots in hopes to catch a glimpse of some hidden gems that would eventually make their way under the tree. And as we got older, it wasn't about playing hide & seek in the hopes of finding gifts, it became more about time, time spent together laughing & celebrating. Although all of the customs & traditions that we built have carried on, Christmas just isn't the same without my brother's laugh.

Michael was a beautiful soul. He was kind, giving, loyal, compassionate, authentic, funny, reliable, ambitious, considerate, brave & courageous, especially throughout the last few days of his life & I miss him every day. I would like to thank BFO for allowing me this time to brag about my big brother, Michael. I would also like to thank BFO & everyone involved for all of the love & support you have provided for my Mom. You have all helped her in ways I never could, no matter how hard I tried. Years later my Mom now helps those in need of the exact same love & support & I could not be more proud of her.

My Mom & I feel honoured to dedicate this special 25th Angels' Tree of Light, in loving memory of all our children, siblings, parents, grandparents, partners, family & friends.

We want to wish everyone a peaceful & healthy holiday season & as difficult as this time of year can be, remember our Angels will be in our hearts & minds forever.

Thank you

Marnie Cowen

Event Calendar continued

MAY 2020

Infant Loss ZOOM Drop-In

Monday 3rd 7-9 p.m.

Afternoon ZOOM Drop-In

Monday 3rd, 1-3 p.m.

Afternoon ZOOM Drop-In

Monday 10th, 1-3 p.m.

Adult Sibling Loss ZOOM Drop-In

Tuesday 11th, 7-9 p.m.

Evening ZOOM Drop-In

Wednesday 12th, 7-9 p.m.

Afternoon ZOOM Drop-In

Monday 17th, 1-3 p.m.

Evening Drop-In

Wednesday 19th, 7-9 p.m.

Victoria Day - Office Closed

Monday 24th

Evening Drop-In

Thursday 27th, 7-9 p.m.

Reconnect ZOOM Drop-In

Monday 31st 7-9 p.m.

BFO Durham ONLINE Silent Auction October 2020

For the first time our annual Fundraising Dance (with raffles and silent auction) had to be cancelled. With social gatherings off the table for this year a few of our members felt there had to be some way to assist because the tragedy of loss does not stop just because there is a pandemic.

To help raise some much needed funds for BFO-Durham, we held our first ever online auction that was open for a week and completed on Sunday October 18th @ 5pm.

We would like to thank our donors/sponsors and auction participants and we are happy to announce that the auction raised a profit of **\$1755**

FROM THE DESK OF YOUR EXECUTIVE DIRECTOR

Dear Friends:

As we leave a most unpleasant year behind us, I hope this letter finds you safe and well as we move into 2021. Looking back, it's hard to imagine that we've navigated through a global pandemic for almost a year now. Even though our organization has taken a substantial hit from cancelled fundraisers, we have managed to do on-line fundraisers and we did well on our lovely, first-time virtual, Angels' Tree of Lights ceremony. A number of our members have chosen monthly donations as well and several companies have designated BFO-D as their charity of choice.

At present the office doors are locked owing to the existing Covid-19 Provincial restrictions. We still continue however to support our community members who are grieving, through one-on-one telephone and zoom support. All of our drop-ins have transitioned to zoom participations until further notice.

Our Mother's group, Father's group and Children's group were all completed in December before the lockdown. We hope to resume all of these groups when the restrictions are lifted. If you would like to join any of these groups, please call me.

Bereaved Families of Ontario – Durham Region will be moving ahead with our annual Walk to Remember on March 7, 2021. More detailed information can be found within this newsletter. It's wonderful to see so many members posting the "Walk" as a fundraiser on Facebook.

Finally, I would like to say a special "thank-you" to our facilitators who have stepped up over the last year to support our grieving community. As if suffering the loss of a child isn't enough, the pandemic cruelly adds isolation to our feelings. I take comfort and strength in the famous words of Sir Winston Churchill " ... we will never give up ... "

Jane Carter

WALK TO REMEMBER MARCH 7TH 2021

As with many aspects of life these days, we have had to adapt our annual Walk to Remember to comply with provincial Covid-19 restrictions. This year we are suggesting participants walk in their own small group at an outside location of their choice. You have the option of making a short video of your walk to submit to BFO Durham (see instructions below). We will still have the banners with your child's photo and messages and also there will be a virtual banner posted on our website.

Collection of pledges can be done in person using the pledge forms and if you are on Facebook you can create your own Facebook donation page for the Walk to Remember

“How to submit your individual/small group walk video

Take a video of yourself walking and say your name and who you are walking in memory of. You may also want to say what town you are walking in just for variety.

- **Please keep your video under 2GB in size (under 2 minutes) then you can send your video via We Transfer (<https://wetransfer.com/>) this is a free website that does not require log in. All you need to do is enter the receiving email address (bfodurham@bellnet.ca) and in the message include your name, add your video file and hit transfer**
- **Please record your video in LANDSCAPE mode to keep all video submissions consistent (if unsure what landscape mode is,**



- **Best practice when recording a video- have someone else take the video, make sure you are close enough to the camera/phone to ensure the audio is clear**
- **Try to avoid any major light sources behind you as this may cast a shadow on your face**
- **Avoid a lot of motion when recording if possible**

.....and that's it!

We will be publishing the video by the end of March

A MESSAGE FROM YOUR EDITOR

Hello Everyone

Although times are difficult, I would still like to take the opportunity to wish everyone a Happy New Year.

It has certainly been an 'interesting' year as we've had to cancel events and come up with new and virtual replacements. Our first ever online silent auction was a great success and very exciting to monitor, especially on the last day of bidding. We hope our next online auction – run in conjunction with our virtual Walk to Remember – will be equally as exciting.

Please remember to check out our website www.bfodurham.net for updates, calendars and special notices. There are reminders for ongoing & upcoming fundraisers and you can also look through the pages to see past events and articles.

If you have anything you would like to see included in our newsletter or on our website, please don't hesitate to send the info into the office (email to bfodurham@bellnet.ca)

I hope that spring is not too far away and it brings us all a breath of relief and renewal.

Trying to think of a gift for Mother or Father's Day?, what about one of BFO's special Butterflies which you can order to have placed on our wall of butterflies or you can take it home OR you might like the staked outdoor version of the Butterfly. Just an Idea ☺

I send you all my virtual ((Hugs)) and leave you with these positive words "Sometimes, the wisdom of others who have been there before can help us see a glimmer of light."

((Hugs))

Adele

Registration

All “Walk to Remember” participants must read, complete and sign the registration form. A parent or guardian must sign the registration on behalf of walkers under the age of 18 years.

Before the Walk

Obtain pledges from sponsors of your choosing (i.e. family, friends, neighbours, teachers, etc.) Collect each pledge at the time you recruit the sponsor. Be sure to tell your sponsor that an official tax receipt will be given for pledges of \$25 or more.

Create your Facebook Charity Fundraiser for BFO Durham and send the link to all your friends & family. Remember to “Share” your fundraiser to help keep it in mind.

Cheques should be made payable to: Bereaved Families of Ontario – Durham Region.

E-Transfers should be sent to BFODurham@bellnet.ca, please put a note of the name of the person “remembered” and that the money is for the Walk to Remember – this helps us recognise who to assign the money collected to.

How Your Donations Benefit the Community

- ❖ Support Groups for Grieving Parents
- ❖ Monthly Support Evenings
- ❖ One on One Support
- ❖ Telephone Support
- ❖ Growing through Grief
- ❖ Infant Loss Support Groups
- ❖ Children’s Group

A Walk to Remember

What is the “Walk to Remember?”



The Walk to Remember is an annual major fundraising event for the Bereaved Families of Ontario, which is sponsored by businesses in our community. The pledges solicited and collected by participants fund and ensure program stability.

This is not a walk-a-thon in the traditional sense, but rather a gathering of families and friends to commemorate their loss together in a happy environment.

The Durham Region event will be held on Sunday March 7th. All walkers register with their pledge sheets which should be received at the office on Monday March 8th. The “Wall of Memories” banner may include a poem, photograph or other written message in their loved one’s memory. You can use the same photograph as last year, you can email a new photo or you can mail a physical photo to be received at the office by March 4th. We will also be creating an online Banner so please email your picture to the office by Thursday 4th March 2021.

To help make this a fun time – please make a short video of you and your ‘group’ during your personal walk and tell us who you are walking for. Please see the note in newsletter on how to Email the video to the office and we will then be creating a short video that will be put on our website and our Facebook page.

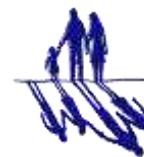
We are grateful to all of our sponsors and walkers who make this a memorable event and great success each year. We thank you in advance for your generous support.

Bereaved Families of Ontario Durham Region

Phone: 905-579-4293
Fax: 905-579-7403
Email: bfodurham@bellnet.ca
www.bfodurham.net

Charitable # 861619880RR0001

Bereaved Families of Ontario Durham Region



WALK TO REMEMBER

2021

SUNDAY

MARCH 7th 2021

A FUNDRAISING VIRTUAL WALK

Pledges raised will solely support

*Bereaved Families of Ontario
Durham Region*

“A Walk to Remember” Sunday 7th March 2021-Registration Information

Name: _____ Signature: _____
 Phone: _____ Date: _____



Release, Waiver and Indemnity

In consideration of the acceptance of my application of the application of my child or ward, I, for myself, my heirs, my child or ward, executors, administrators, successors and assigns hereby release, waive and forever discharge Bereaved Families of Ontario-Durham Region and all other associations sanctioning bodies and sponsoring companies, contractors, representatives, elected and appointed officials, successors and assigns of and from all claims, demands, costs, expenses, actions and causes of action whether in law or equity, in respect to death, injury, loss, or damage to my person or property however caused arising or to arise by reason of my participation in the said event, whether as a spectator, participant or otherwise, whether prior to, during, or subsequent to the event and same may have been contributed to or occasioned by the negligence of any of the aforesaid. Notwithstanding that, I further hereby undertake to hold and save harmless and agree to indemnify all of liability by any or all of them arising as a result of the aforesaid from and against any and all of, or in any way connected with participation in the said event. By submitting this entry, I acknowledge I have read, understood and agreed to the above waiver, release and indemnity. I warrant that I am physically fit to participate in this event.

- ✓ Cheques made payable to “BFO-Durham”
- ✓ Send this form to the office by Monday March 8 2021
- ✓ Cash or cheque is due to the office by Monday 8th March 2021 - please do **not** mail cash
- ✓ Tax receipts will be issued for contributions of \$25 (only if address is included)
- ✓ This form can be photocopied to record additional pledges.
- ✓ E-Transfers accepted – send to BFODurham@bellnet.ca

Pledges through Facebook are automatically collected by Facebook at the time of the pledge and will automatically receive a receipt from Facebook and not from BFO-Durham. You can track your Facebook sponsors on this form but please note that their money has been paid to Facebook and you do not need to collect payment from them yourself.

Dedicated in memory of:

PLEDGE FORM				PLEASE “PRINT” INFORMATION CLEARLY			
Sponsor Names	Address	City/Town	Postal Code (req'd for receipt)	Phone #	\$ Amount	Receipt	Pd.

Total Pledges Recorded: \$ _____

Pledge money must accompany this form and be received at the office by March 8th to receive prizes

BFO Durham Online Silent Auction for the Walk to Remember 2021

So much has changed in the last year with the Covid 19 pandemic challenging our daily routines and sense of normal. This is nothing new for those familiar with BFO where a new normal is what the programs and facilitators are assisting those dealing with loss, try to achieve.

With social gatherings off the table for this year a few of our members felt there had to be some way to assist because the tragedy of loss does not stop just because there is a pandemic.

Thankfully, even with the economic challenges of the shutdown, our sponsors have still come to our aid and provided items for our Walk to Remember Online Auction.

Virtual events cannot match the exhilaration of spending time with our BFO-Durham friends as we enjoy each other's company, and most importantly for a lot of us...(Hugs), but the virtual realm is at least giving us the opportunity to continue to raise much needed funds to help BFO Durham be there for those in need.

We can't emphasize enough our appreciation for the dedication of our sponsors as well as the individual donations under such difficult circumstances. With businesses shut down and a lack of a clear path forward it speaks to the quality of people we are so lucky to have in our community.

Our auction will go live at 12noon on Sunday February 28th and will be available until 6pm on Sunday March 7th 2021.

The link to our auction site is: <https://www.32auctions.com/Walk-to-Remember-2021> and the items for auction will be ready for viewing by mid-February.

Successful bidders will be able to pay for and collect their items as of Monday March 8th from the office, but PLEASE phone the office to arrange a suitable time.

We hope you are able to help support this fundraising event, every penny counts! If you simply wish to make a donation, you can purchase a donation "Bid" for \$25 per unit on the auction site once it goes live and then there are multiple payment options available for you:

click the donate link on our website, (for amounts less than \$25) and put a note that it's for WTR2021

send us an e-transfer (bfodurham@bellnet.ca)

phone the office with your credit card details

cash or debit donations are also accepted at the office

All monetary donations of \$25 or more are eligible for a donation receipt

CO-OP DURHAM COLLEGE STUDENT

Good Morning members,

My name is Preeti Beniwal and I am a second-year Public Relations student at Durham College. As per my course structure, I must complete a non-profit placement during my fourth semester. Therefore, I looked into many non-profit organizations and finally, I came to know about BFO-D, and I loved the fact how the organization is helping people who are in grief. It's a huge contribution to the community as emotional support provides a positive foundation in someone's life. My brother passed away, as a result of pneumonia. I can truly feel the pain of losing a loved one and that's the main reason for choosing BFO-D for my placement. Nothing can replace the suffering of losing your family member. They are gone from our sight but not from our memories. Their memories will always follow us.

I am looking forward to assisting the "Walk to Remember" event which will be held in March 2021. It will be a great opportunity for me to work with an amazing organization and serve the community.

Yours sincerely,

Preeti Beniwal

"THE WILLINGNESS TO VOLUNTEER IS A SELFLESS ACT"

THE FOLLOWING VOLUNTEERS CONTINUE TO SUPPORT
BFO DURHAM ON A DAILY BASIS

ONE-ON-ONE AND GROUP SUPPORT FACILITATORS -

Jane Carter, Charlotte Brisco, Magda Zoelman, Sharon Sears, Nichole Dickhoff, Denise Love, Denise Robinson, Angela White, Yvette Byrne–Menard, Louise O'Donnell, Rebecca Alley-Wilson, Donna Dickison, Tammy Johnson, Gary Goswell, Caroline Goswell, Chris Garvey, Wayne Wanamaker, Sherry Lancaster, Sherry Mitchell, Penny-Claire Tilley, Joe Tilley, Andrea Onley, Jonathan Onley, Greg Wright, Brad Brown, Karen Beckett, Kelly Fitzpatrick, Rocco Granato, Kathie Hill, Kirsty Sinclair, Linda Haines, Debbie Kelly, Wendy Topham, Leta Fitzgerald, Linda Watson, Megan Muir, Adele Davidson, Eric Davidson, Ken New, Marjorie Whitehouse, Elizabeth Davidson, Karen Fish, Tanya Fowler-MacLeod, Lauren Keeping, Vanessa Longhurst, Bev Campbell, Karin New, Aimee Pepper, Anna Quattrocchi and Cora Silininkas, Chantelle Gaudette,

LIBRARIAN - Denise Love

OFFICE VOLUNTEERS - Denise Love, Marlene Charewicz, Bev Campbell, Vanessa Longhurst, Karen Fish

ANNIVERSARY LETTERS - Office Volunteers

WEB SITE - Ronda Evans, Linda Watson, Adele Davidson

NEWSLETTER – Adele Davidson

MOTHERS' RETREAT - Susan Hendricks and Joyce MacIntyre

BFO DURHAM BOARD OF DIRECTORS - Gary Goswell, Marian Rehr, Wayne Wanamaker, Sharon Sears, Chris Garvey, Kirsty Sinclair & Bev Campbell

HONORARY BFO DURHAM BOARD DIRECTOR - Margaret Fortune



QUILT RAFFLE

The blanket has been hand-knitted and kindly donated
by Adele Davidson
It is **XL-KingSize** – measuring **118"**(9ft 10") x **106"**(8ft 10") (5 panels x 4 panels)

Tickets are priced at
\$5 each or 5 tickets for \$20
The draw will take place on
Thursday Sept 2nd 2021

Tickets are available at the office
(948 Simcoe St N, Oshawa)
or
by email/e-transfer to Adele Davidson
(glasscup_19@hotmail.com) –
please provide Name & Contact phone
number so we can complete the draw ticket
on your behalf.

**All proceeds go to help fund
BFO Durham Region**

FUTURE FUNDRAISERS -SAVE THESE DATES!

WALK TO REMEMBER—MARCH 7, 2021

Raffle Tickets on sale till DRAW for Blanket – Sept 2, 2021

ANGELS TREE OF LIGHT CEREMONY—NOVEMBER 25, 2021

Bereaved Families of Ontario - Durham Region. 1 Million Meter Row Challenge.



Around the middle of July this year, BFO Durham member Eric Davidson decided he needed to make some life changes, and hopefully at the same time, be able to raise some much needed funds to benefit BFO-D. He vowed to start living a fitter, healthier life, and announced his decision on Facebook

"I am performing a 1 million meter row challenge to raise money for BFO - Durham, to be completed by 24th December 2020 (Approx. 22 weeks) averaging 45,000 meters (42,195 is a marathon) per week to meet this challenge. I started 8 weeks ago and I am currently at 458,102 meters (updated as 13-Sep). As FB only allow charity challenges for 3 month, I will not be putting up a donate button till 1st Oct.

BFO - Durham supports hundreds of families struggling to cope with the loss of a loved one, without any government support. If you could sponsor me for \$1, \$2, \$10 or more per 100,000 meters it would be greatly appreciated and 100% of all money raised will be going to a great cause.



Eric successfully completed his million meter row and at the close of the Facebook fundraiser on Dec 24th Fundraiser for BEREAVED FAMILIES OF ONTARIO DURHAM REGION by Eric Davidson

\$1,815 raised

DONATIONS IN LOVING MEMORY OF

Donations in Memory of JOHN GALLELLO

- 1) Mary Gallelo
- 2) Daniel Sullivan
- 3) Susan and Vince Hendricks
- 4) Joyce MacIntyre
- 5) Tony and Janice Mellace
- 6) Rita and Tony Garito
- 7) Derek Van Muster
- 8) Rose Sgro
- 9) Jim and Elize VanHaverbeke
- 10) Ralph Frustaglio
- 11) Magda Zoelman
- 12) Eleanor and Harvey Wood
- 13) Ruth and Harold Kass
- 14) The Inglis Family
- 15) Uncle Greg and Family
- 16) Ella Gallelo
- 17) Joanne Babiy
- 18) Elizabeth Maik
- 19) Victoria Orlando
- 20) Rose and Domenic Colatillo
- 21) Robert Potter

Donations in Memory of EVAN SINCLAIR

From: Jim and Linda Bradshaw
Barbara Partridge
Gail Avard
Lisa Teppington
Jeff Shapiro
Tracy Grisdale
Dawna and Murray Gay

Donations in Memory of BLAKE GARVEY

From: Steffanie Bragg
Shirley Miller
Shirley Musson
Lisa Kelly

RUTH ANN THOMPSON

From Jo-Ann Thow

HEATHER BUTCHER

From: Jo-Ann Thow

DONATIONS IN LOVING MEMORY OF

BRENT FOSTER

Through the Ride to Remember

DUANE MACINTYRE

From: Joyce MacIntyre

AUSTIN HILL

From: Kathie Hill

NOELLA FULLER

From: Jim and Lise Vanhaverbeke

SUZANNE HENDRICKS

From: Vince and Susan Hendricks

ANDREA KERR

From: Michael Borisko

VIOLET DAVIDSON

From: Bracelet Sales

SPECIAL RECOGNITION DONATIONS

CHRISTINE SHANNON IN MEMORY OF CHRISTOPHER SHANNON

LINDSAY SMITH AND WENDY STARR - THROUGH BUYSSELL LOVE DURHAM (DONATION MADE TWICE)

BRIAN EVANS IN MEMORY OF MASON EVANS

JEFF KERSLAKE – COMMON COLLECTIONS – IN MEMORY OF CYNTHIA KERSLAKE AND MORGAN FITZGERALD

MAURICIO CUELLER – FACEBOOK DONATION IN CELEBRATION OF HIS BIRTHDAY

ALERT FIRE COMPANY FUND – IN MEMORY OF DANIEL MELANSON

ARLENE AND JIM REED – IN MEMORY OF THEIR DAUGHTER ERIN

ZAIN LEELA



VIA Rail for their continued support and kindness

Butterfly Memorial

Every butterfly is individually handcrafted by local artist Yvan Leclerc

Your Butterfly can be purchased for

\$100

Includes an engraved plaque with the first and last name and years

For every butterfly purchased \$60 will go to Bereaved Families of Ontario (Durham Region)

A charitable donation receipt will be provided.



The **memorial butterflies** sold by BFO Durham Region are now available to order in an **outdoor version**.

Each butterfly will come mounted on a metal spike along with a plaque with the name and dates of your loved one.

They can be purchased for the same price as those on our memorial wall in the BFO Durham Office \$100.

(A tax receipt for \$60 will be issued for each purchase)

To place your order please call Bereaved Families of Ontario at 905-579-4293



Help raise funds for BFO Durham AND keep yourself, children & anyone you know safe with our Facemasks

A huge THANK-YOU to BFO members Caroline Goswell and Anna Moreino for taking time to make adult and children sized facemasks to help us raise funds and keep each other safe, and to Cindy Serensits for donating some of the fabric used to make the masks.

The masks are available at the office for a small donation.



Adult (18+) Sibling Loss

Hello Everyone,

I wanted to take the time to introduce myself to you all and reach out to all other siblings who may be looking for support and guidance. I am one of the facilitators for the adult sibling loss (18+) drop-ins.

Throughout my grief journey, the biggest issue I noticed was to try and find a connection and network with other surviving siblings who would know exactly how I felt after losing my youngest sister. I didn't like the feeling of being alone and not having someone I could reach out to and talk about different topics of grief with a sibling loss. When I first found BFO, there was a drop-in group for sibling loss, however, it would be a few months apart, but to me, it didn't matter because it still gave me a chance to hopefully meet others and be able to chat for that 2-hours, about anything that was bothering me at the time. Topics such as; birthdays, anniversaries, my story, my relationship with other family members, where I saw my future going, etc. These were the reasons why I knew when I felt ready, I wanted to give back to BFO and support other adult siblings and become a facilitator to provide my experience in grief and what strategies and tactics I've used to overcome difficulties.

We (BFO-Durham) are offering a regular monthly zoom drop-in style meeting (2nd Tuesday of each month 7pm-9pm).

As a facilitator, I am always available to do one-on-one sessions as well for those who may want to start with something more intimate. I hope that during these times, you stay healthy and safe and know that here at BFO, we are a family, and you are not alone.

Kindest Regards
Elizabeth Davidson

In loving memory of their daughter Violet (Babe) Davidson,
the Davidson family are pleased to announce
that the Fundraising Bracelets for
BFO Durham Region
are available at the office.
There are 4 colours to choose from at a price of just \$3 each



CONDOLENCES

BFO-DURHAM WOULD LIKE TO SEND THEIR DEEPEST CONDOLENCES TO:

Beth Bryan on the loss of her mother-in-law, Liz Bryan.

Caroline and Gary Goswell on the loss of their nephew, Terry Goswell.

Cora Silininkis and Tom Zebrowski on the loss of their father and father-in-law, Ryszard Zebrowski

Marilyn Scott on the loss of her mother Fredricka McKenzie

Vince and Susan Hendricks on the loss of their sister/sister-in-law, Suzanne Hendricks.

BEREAVED FAMILIES OF ONTARIO — DURHAM REGION

948 Simcoe Street North, Oshawa L1G 4W2

Tel: 905-579-4293 / Fax: 905-579-7403 / Toll Free: 800-387-4870

E-mail: bfodurham@bellnet.ca / Web Site: www.bfodurham.net

Charitable Registration #861619880RR0001

OFFICE HOURS

MONDAY TO THURSDAY — 10 A.M. TO 4 P.M. CLOSED FRIDAY

'Danielle's gift bags'



My name is Karen Beckett and I lost my beautiful daughter, Danielle, suddenly and tragically August 24, 2014, exactly one week before her 25th birthday. In that instant my life as I knew it would never be the same. My heart shattered into a million pieces and I became a bereaved mother.

As any mom who has lost a child can tell you, a bereaved mother walks one of the hardest, most heartbreaking roads anyone will ever have to walk. It is one full of unimaginable loss and such an indescribable grief. A bereaved mother may sometimes find it difficult to take care of herself, especially in the early days when her grief is so raw. She can experience incredible anxiety, sleeplessness, and a lack of energy. This I know all too well.

Six months after I lost Danielle, I attended a "mothers' group" offered at BFO and it truly was a turning point for me in my grief. I made lifelong friends that are still a big support to me now and I know they always will be. There is a sisterhood among bereaved mothers and in some small way I wanted to try and help my sisters in grief.

"Even as I rocked on my knees, howling I detected soft breathing behind the roaring. I leaned in, listened. It was the murmuring of ten million mothers, backward and forward in time and right now, who had lost children. They were lifting me, holding me. They had woven a net of their broken hearts, and they were keeping me safe there. I realized that one day I would take my rightful place as a link in this web, and I would hold my sister-mothers when their children died. For now my only task was to grieve and be cradled in their love."

-Excerpt from CARAVAN OF NO DESPAIR

In Danielle's memory, I will be donating gift bags full of various comfort and self-care items to moms who are attending a "mothers' group" for the very first time. The bags will feature the book *You Are The Mother Of All Mothers*, a beautiful gift book to uplift the hearts and souls of bereaved mothers, no matter the age or cause of death, no matter the story. This year I am happy to announce I will be collaborating with a fellow bereaved mama and owner of Spirit Wear Jewelry, a lovely shop on Etsy, who will make beautiful hand crafted bracelets. They will be designed with chakra beads to help bring balance and grounding as well as essential oil diffusing beads. I will also include some lavender oil for the relaxing benefits from this essential oil.

I have donated over a hundred bags to mamas over the last few years. I have received incredibly positive feedback from my family and friends. I had so many people generously give money towards the costs of the bags. Everyone wanted to help, not only because they love Danielle and they wanted to support me, but because they have seen what I go through on a daily basis and they also wanted to do something to help the moms who are grieving so profoundly. I am so grateful to be able to give these gifts to the moms who need them the most. As I put each bag together, I think of my beautiful daughter and I hoped she is smiling as she dances among the butterflies.

JANUARY

Shelley Nadine Taylor	January 1, 1994	Sara Ann Madore	January 17, 2003
Ricky Van Den Oetelaar	January 1, 2006	Austin Blake Madore	January 17, 2003
Lisa Lebitka	January 1, 2012	Storm Gary Patrick Coad	January 18, 1997
Jacoub Favila	January 1, 2013	Nathan Michael Pennington	January 18, 2010
Jamie Woods	January 1, 2014	Christopher Amos	January 18, 2012
Madison Sevana Boyd	January 2, 2012	Layla Giberson	January 18, 2013
Christopher Thompson	January 2, 1988	Thomas King	January 18, 2016
Vanessa Larocque	January 2, 2009	Stephanie Joanna Coleman	January 19, 1996
Kyle Joseph Miller	January 2, 2009	Morgan Fitzgerald	January 19, 2007
Madison Sevana Boyd	January 2, 2012	Quinton Aquilina	January 20, 2019
Kayla Vandewalker	January 3, 2018	Alexandra Kellie-Ann Hewitt	January 21, 1995
Victoria Thompson	January 4, 2005	Alexander Cade	January 22, 2004
Jose Eduardo Navas	January 4, 2011	Bill Robbins	January 22, 2016
Tianna Vieira	January 5, 2010	Antonio Thomas Cacciatore	January 23, 2010
Chantel Gauthier	January 6, 1994	Vanessa Robyn Rivard	January 24, 2007
Ashley Pittens	January 6, 2001	Daisy Woodworth	January 24, 2018
Michael Upshaw	January 6, 2002	Kelly Spencer	January 25, 2012
Rayam Imran	January 7, 2008	Blake Hoo	January 25, 2016
Derek Spicher	January 7, 2013	Graham Charles Clarke	January 26, 2007
Alastair Lahtinen	January 8, 2010	Jeffrey Warne	January 26, 2008
Jackson Bonchek	January 8, 2018	Justin Serensits	January 26, 2019
David Norrish	January 9, 2015	Jodie Dicks	January 26, 2020
Dominik Prusinski	January 9, 2017	David Matthew Gilbert	January 27, 2008
Stephen John Duthie	January 10, 2010	Eran Town	January 28, 2005
Duane MacIntyre	January 11, 1992	Branden Christopher Viarruel	January 29, 2009
Ron Davis	January 11, 2007	Wayne Edwards	January 29, 2009
Brandon Tyler Baron	January 12, 1992	David Stacey	January 29, 2015
Neil Warren Hembling	January 12, 2000	Angela Worona	January 31, 1995
Eerik Percival	January 13, 2002	Jorja Gorham	January 31, 2018
Owen Alexander Leaitch	January 13, 2017		
Khristian Robinson	January 14, 2008		
Ricky Black	January 14, 1991		
Daniel Torreblanca	January 15, 2013		
Jonathan Domenic Volpe	January 15, 1995		
Breanna Cousins	January 15, 2002		



FEBRUARY

Chantal Richard	February 1, 2011	Christine Harrison	February 15, 2000
Thalia Tunzi	February 1, 2007	Madeleine Dutkiewicz	February 15, 2002
Patricia Bercik	February 2, 2011	Deborah Anne Halliday	February 16, 1992
Alicia Dionne	February 2, 2002	Marc Andre Pineault	February 16, 1995
Krista Shea	February 2, 2002	Kioni Venus Delores Heath-John	February 16, 2017
Kyle Smith	February 2, 2013	Matthew Foskett	February 17, 2019
Anita Saunders	February 3, 2002	Arthur Hirschfeld	February 17, 2019
Kevin Ricketts	February 3, 2004	John Harvey	February 19, 2011
David Troy	February 3, 2016	Leah Page Speare	February 19, 2000
Bradley Shearer	February 4, 1995	Sydney Douglas	February 20, 2017
Shawn Cooper	February 4, 2002	Andrew Richard Sears	February 21, 1994
Sean Chilton	February 4, 2013	Renee James	February 21, 2002
Wesley O'Brien	February 4, 2019	Blake Garvey	February 21, 2013
Christopher Coates	February 5, 1997	Sloane Pasher	February 21, 2018
Rebecca Hardy	February 5, 2006	Jaydon McKeown	February 22, 2009
Ethan Witte	February 5, 2010	Santina Pistritto	February 22, 1994
Christopher Mackenzie	February 5, 2017	Paula Marie Smith	February 23, 1994
Brock VanDen Oetelaar	February 6, 1966	Tyler Miller	February 23, 1997
Everett Ryan Martin	February 7, 2012	John Sasseville	February 23, 2001
Bradley Baker	February 7 2014	Trevor Lee Corby	February 23, 2003
Ryan Brown	February 7, 2018	Amy Leigh McLennon	February 23, 2006
Aiden Hamilton Valiantis	February 8, 2009	Andrew Phillip Connolly	February 23, 2007
Connor Derek William Gilmore	February 8, 2009	Tim McCabe	February 24, 2003
Ryan Thiessen	February 8, 2018	Emily Jane MacPhail	February 24, 2009
Emma-Lee Mathieu	February 9, 2000	Kassandra Finbow	February 24, 2017
Hope Kai Pollari	February 9, 2017	Jeffrey Hustins	February 27, 2005
Michael Sutton	February 10, 2019	Gabriel Therrien	February 27, 2015
Jane Jillian Lucy Eady	February 11, 2010	Mathew Borg	February 28, 2011
Sha-Awn (Shay) Marcano	February 11, 2016	Paulina Mary Moreino	February 28, 1991
Isaiah Sarpong	February 11, 2017	Curtis Heasman	February 28, 1997
Lyndzey Kiera Short	February 12, 2000	Trinidy Weeks	February 28, 2007
Danny Mclean	February 12, 2011	Bennett Pistritto	February 28, 2015
Carly Francis MacKinnon	February 13, 1995		
Owen Puchala	February 13, 2006		
Joe Kennedy	February 13, 2008		
Jacob Albert Hicks	February 13, 2012		
Pamela Swaga	February 13, 2012		
Alex Schneider	February 13, 2013		
Alexis Stata	February 14, 2017		
Walter Kranc	February 14, 2011		



MARCH

Meena Valliappan	March 1, 2002	Kathleen Una Hutchings	March 18, 1994
Melissa Neault	March 1, 2006	Tara Lyver	March 18, 2001
Laura Morrison	March 2, 2001	Caleb Nykolaichuk	March 18, 2016
Susan Taylor	March 2, 2007	Paige Matthews	March 19, 1998
Heather Wilkinson	March 2, 2012	Michael Schomodji	March 19, 1999
Kaelyn Emily Wind	March 2, 2013	Sharon Rose Gilliland	March 19, 2002
Shayne Clench	March 3, 2014	Angel Cervantes	March 19, 2005
Joshowa Miranda	March 3, 2011	James Warner	March 19, 2008
Jack Thomas Woskosky	March 3, 2015	Sean DeSilva	March 19, 2011
Xavier Bain	March 3, 2019	Vaughn Heasman	March 20, 1989
Debra Lundrigan	March 4, 2009	Kainam Burbage	March 20, 2014
David Stewart	March 4, 2011	Brian Elliott	March 20, 2014
Zackery Will	March 4, 2018	Aiden Connor Rekker	March 21, 2008
Jamie T. Lomax	March 5, 1993	James Higgins	March 21, 2009
Patrick Rosos	March 5, 2016	Jeremiah Thompson	March 21, 2010
Andrew Gendron	March 5, 2016	Mary Melnychuk	March 22, 2011
Melissa Margaret Raby	March 5, 1998	Brayden Nicholas Allan	March 23, 2007
Daryl Convery	March 6, 1996	Juston Baron	March 24, 2010
Katharine Suzanne Bruce	March 7, 1996	Kevin Allan Hale	March 24, 1996
Geordi Elizabeth Maybury	March 8, 1995	William Floyd	March 24, 2001
Andrew Brooks	March 9, 2010	Alannah Warren	March 24, 2005
Emily Brunton	March 9, 2011	Owen James Scott	March 24, 2007
Jada Jeanine Herod	March 9, 2010	Lachlan Graham	March 24, 2018
Tyler Murray	March 11, 2006	Bronwen Gwyneth Persaud	March 25, 1995
Kiera Kelly	March 11, 2015	Nicholas Short	March 26, 2007
Andrew Kelly	March 11, 2019	Jason Power	March 26, 2019
Jessica Crawford	March 12, 2009	Leighau Williams	March 26, 2020
Nick Spencer	March 12, 2017	Juliette Francis	March 27, 2011
Daniel John Dorrian	March 13, 1992	Demetrius Alexander Jones	March 27, 2008
Stefan Feurstein	March 13, 1984	Michael McArthur	March 28, 2013
Colton Jacob Stockdale	March 13, 2012	Elisabeth Tucker	March 30, 1993
Grace Bowen	March 13, 2015	Russell Eric Maccoomb	March 30, 1995
Stephanie Ramadeen	March 14, 2002	Michael McDonald	March 30, 2010
Heather Neatt	March 14, 2003	Maya Susanna Bradley	March 30, 2012
Vicki Stergianis	March 14, 2017	Kristina Nicole Hendricks	March 31, 1991
		Jerry R. Lomax	March 31, 1992
		Steven Matthews	March 31, 2019



APRIL

Kristopher Miller	April 1, 2016
Dante Keiller	April 2, 2009
Hayden Sally Barbara Shelley	April 2, 2009
Justin Cain	April 2, 2015
Jack Harvey	April 2, 2019
Laura Kalinski	April 3, 1995
Jill Topham	April 3, 2016
Kasiah Faith Grell	April 4, 2010
Mitchell Crandall	April 6, 2000
Richard Fujita	April 8, 2004
Maureen Ann Thomas	April 8, 2006
Daphne Ann Cox	April 8, 2009
Jason "Brent" Waterman	April 8, 2012
Chantal Chartrand	April 8, 2018
Joshua Richard Lloyd Tyrrell	April 9, 1992
Jeff Diluciano	April 9, 1995
Ethan Craig	April 9, 2007
Jayna Dosaj-Attard	April 9, 2013
Dawson Catalano	April 9, 2020
Brett William Young	April 10, 1995
Harrison Cowan	April 10, 2014
Hayley Manchen	April 10, 2019
Abram Mansikka	April 10, 2020
Chantal Haywood	April 11, 2017
Hunter Gallant	April 12, 2019
Penny Brooks	April 13, 1984
Martin Michael Rehr	April 13, 1990
Ryan Hicks	April 13, 2009
Deacon Douglas Hunter	April 13, 2011
Kimberly Van Den Oetelaar	April 14, 1986
Aahithyan Pratheep	April 14, 2018
Karl Frederick Wiener	April 15, 1996
Ryan Joseph Rock	April 15, 2020

David Kelly	April 16, 2005
Claudia Sierra	April 17, 2010
Lily Szekeres	April 17, 2012
Kyle Hineman	April 17, 2017
Jacob Purdy Murchison	April 19, 2009
Grayson St. John	April 19, 2015
Chad Sutcliffe	April 19, 2015
Michael Douglas Meagher	April 20, 2002
Joel Newby	April 21, 2018
Jordan Eva Menard	April 23, 2001
Aurora Teagan Doiron	April 23, 2008
Michael Harte	April 23, 2015
Austin McKinnon	April 23, 2019
Gordon McDougall	April 25, 2011
Kenneth James Vanhaverbeke	April 27, 1993
Avery Butler	April 28, 2005
Benjamin Twiddy	April 29, 2012
Holly Harrison	April 29, 2012
Adam Johnson	April 30, 2016

MY CHILD DID EXIST

I've lost a child, I hear myself say,
 And the person I'm talking to just turns away.
 Now why did I tell them, I don't understand.
 It wasn't for sympathy or to get a helping hand.
 I just want them to know I've lost something dear,
 I want them to know my child was here.
 My child left something behind which no one can see,
 So, if I've upset you, I'm sorry as can be.
 You'll have to forgive me, I could not resist.
 I just want you to know that my child did exist.

MAY

Crawford Wheller	May 1, 2002
Victoria Chenier	May 1, 2018
Lisa Ford	May 2, 2002
Joshua Liscio	May 2, 2008
Stephen Cochrane	May 3, 2003
Jeffrey Jones	May 3, 2016
Julie Helen Pasko	May 6, 1995
Brittany Miller	May 6, 2005
Nicholas Mitchell Williams	May 6, 2011
Ewelina Sobala-Kouri	May 7, 2017
Benjamin Tucker DeBaie	May 8, 2001
Jasmine Stephan-Martin	May 8, 2011
Taylor Andrews	May 8, 2012
David Rines	May 9, 2010
Brianne Wraight	May 9, 2010
Patrick Bujold	May 9, 2012
Michael Thomas Lynch	May 10, 2002
Curtis Wahl	May 10, 2005
Lukas James Anderson	May 10, 2007
Austin Poulakis	May 10, 2019
Michelle Richard	May 11, 2000
Ian Thomas Deatcher	May 11, 2002
Robin John Williams	May 12, 1992
T.J. Stutt	May 12, 2004
Landon Murchison	May 12, 2006
Karsten Bibb	May 12, 2011
Gregory Edward Timmins	May 14, 1996
Robert Muir	May 14, 2014
Finnigan McCarron	May 15, 2015
Jade Roworth	May 15, 2016
Bradley Wiseman	May 15, 2014

Paul A.J. Gordon	May 16, 1990
Erin Reed	May 16, 2008
Jeffery Paul Baran-Lalonde	May 16, 2011
Wyatt Celsie-Swanton	May 16, 2009
Leia Mary-Rose Wilde	May 16, 2017
Lorne Barnes	May 16, 2020
Rayna Simms	May 17, 2005
Jonathon Campbell	May 17, 2011
Daniel Haze	May 18, 2016
Baby Girl Papadopoulos	May 18, 2014
Maria Laura Pistritto	May 18, 2017
Lynne-Marie Gordon	May 19, 1991
Dylan Matchett	May 19, 2017
Kevin James Charewicz	May 20, 1998
Kevin Gregory O'Donnell	May 20, 1999
Hope & Desire Cockburn	May 20, 2005
Owen Walter Stinson-Collins	May 20, 2010
Elizabeth MacGregor	May 20, 2012
Michael Scott	May 20, 2015
Karen Cobham	May 20, 2014
Johnny Lucchetta	May 21, 2006
Cody DeNoble	May 21, 2010
Mary Ann Daniels	May 21, 2014
Gregory Brian Judzentis	May 22, 1985
Shawna Spindler	May 22, 1997
Damon Fewer	May 22, 2007
Kaleb Hunt	May 22, 2011
Dana Watson	May 22, 2013
Remianne Wabie Evans	May 24, 1994
Blake Gill	May 24, 2003
William Taggart	May 25, 2005
Taylor Venters	May 25, 2010
Amber Finn	May 26, 2002
Teegan Herold	May 26, 2013
Lauren Wright	May 28, 2014
Merrick Chue	May 28, 2016
Dylan Guiotto	May 28, 2017
Andrea Sullivan- Martin	May 29, 1994
Colin McMillan Wilson	May 29, 2002
Steven Devecseri	May 29, 2006
Tyler Davis	May 29, 2011
Crystal Dunstall	May 29, 2018
Alison Millar	May 30, 2005
Ryan New	May 30, 2015
Ken Ford	May 31, 2011
Austin Taylor	May 31, 2019



"The song is ended, but the melody lingers on..."