



# BEREAVED FAMILIES OF ONTARIO-DURHAM REGION

## NEWSLETTER

*"Bereaved helping the bereaved learn to live with grief"*

ISSUE 2

[www.bfodurham.net](http://www.bfodurham.net)

2014

### THE RIDE TO REMEMBER

### CALENDAR OF EVENTS

The Fourth Annual Ride to Remember in support of BFO-Durham took place on July 30<sup>th</sup>. The most successful ride to date raised \$13,500, for a total contribution of approximately \$38,000 since its inception. We are proud to contribute financially but the ride is so much more than that. Inspired by the loss of our son Brent, we wanted to bring attention to a good organization as well as create new memories with loved ones lost in a positive atmosphere. The feedback from everyone involved indicates that we have created a unique avenue to take time out to remember and raise awareness for BFO-D.

This year we were pleased to have Sharon Sears' daughter Lauren, accompanied by her father Rick on guitar, take part in providing entertainment with a heartfelt rendition of Miranda Lambert's "Over You" being the highlight of her set. The personal connection of the people involved is what makes it special.

The day started at Tim Horton's Uxbridge with complimentary refreshments and registration, then at 11 a.m. 65 bikes roared to life in a salute to those remembered, our special guests for the day. Upon departure, Durham Regional Police controlled the intersections to ensure a smooth exit from town leading to the riders enjoying a 200 km relaxing scenic ride with stops in Fenelon Falls and Lindsay to stretch and socialize. OPP were instrumental in allowing us to stay together as a group by assisting with a very busy intersection at Highways 7 and 35. Upon returning to Uxbridge we were joined by family, friends and supporters at Clem's for dinner, entertainment, a silent auction and raffles where all involved had a chance to mingle and remember.

Many thanks must go to Ride organizers Lorne Johannessen and Donna Sherrard who dedicate so much time and effort to make this event a success, but more importantly are so supportive of those having to deal with such a daunting challenge as moving forward and keeping a loved one lost in their lives. Special People!

**"IF YOU LISTEN TO THE WIND, YOU CAN STILL HEAR THEM PLAY"**

~ Brian and Jackie Foster

*(see page 8 for photo album)*

#### OCTOBER 2014

**Infant Loss Drop-In**  
Monday 6th, 7-9 p.m.

**Evening Drop-In**  
Wednesday 8th, 7-9 p.m.

**Thanksgiving - office closed**  
Monday 13th

**Afternoon Drop-In**  
Monday 20th, 1-3 p.m.

**Adult Sibling Loss Drop-In**  
Tuesday 21st, 7-9 p.m.

**Evening Drop-In**  
Thursday 24th, 7-9 p.m.

**Reconnect Drop-In Child Loss**  
Monday 27th, 7-9 p.m.

#### NOVEMBER 2014

**Infant Loss Drop-In**  
Monday 3rd, 7-9 p.m.

**Evening Drop-In**  
Wednesday 12th, 7-9 p.m.

**Afternoon Drop-In**  
Monday 17th, 1-3 p.m.

**Evening Drop-In**  
Thursday 20th, 7-9 p.m.

**Reconnect Drop-In for I/L**  
Monday 24th, 7-9 p.m.

**ANGEL TREE OF LIGHTS**  
Thursday 27th, 7:30-9 p.m.

*(MORE INFORMATION ON WEB SITE)*

*(SEE PAGE 4 FOR DECEMBER AND JANUARY CALENDAR DATES)*



**THE ANGELS' TREE OF LIGHTS CEREMONY**  
**WILL BE HELD ON**  
**NOVEMBER 27TH FROM 7:30-9 P.M.**  
**AT THE**  
**DURHAM DISTRICT SCHOOL BOARD**  
**400 TAUNTON ROAD EAST, WHITBY**

## A MESSAGE FROM YOUR EDITOR

With the days getting shorter, the nights cooler and the foliage turning to bright colours, I am reminded that this was Kevin's favourite time of year. He couldn't wait to listen to his spooky music every night when in bed and to dress up for Halloween. Dressing up for him was a ritual which he carried out for weeks after Halloween, to the point when one year he asked why he couldn't dress up at Christmas.

I remember one particular year when he and his brother Erik came to the house dressed as pirates. Kevin was so proud of the tiny bird (his parrot) glued to the shoulder of his tunic. We laughed at his antics; no matter what costume he wore, he became that character. Every Halloween, when thinking of their visits to our house, puts a lump in my throat and a smile on my face.

This is a favourite time of year for most children, but it can be very difficult for bereaved parents. Some still have children who want to "trick or treat"; some will answer the door to give out treats to some child whose costume is similar to one his/her child wore for a Halloween past. If this is too difficult for you to face, make plans to leave the house and go to a movie and skip the holiday. Planning ahead will help you get through this difficult time. Take care of yourselves. Learn to be selfish if you need to be. Tell those closest to you what you need in order to get through this holiday or any other.

Had it not been for the tragedy of Kevin's death, I would never have become a volunteer. Suffice it to say that I wish it had never happened; but my involvement with BFO-D over the past 13 years as a bereaved aunt has been very fulfilling and has made me realize that there is a great need for volunteers, whether one is a bereaved parent or not, to assist in the daily tasks so needed by this organization. The rewards reaped by volunteering in order to keep BFO-Durham alive really do outweigh the time freely given. Take care of yourselves during the coming months.

~Micheline Ball



## NOBODY CAN DO EVERYTHING, BUT EVERYBODY CAN DO SOMETHING!

### THE FOLLOWING VOLUNTEERS CONTINUE TO SUPPORT BFO-DURHAM ON A DAILY BASIS



**ONE-ON-ONE AND GROUP SUPPORT FACILITATORS** - Jane Carter, Charlotte McMorrow, Margaret Fortune, Magda Zoelman, Joan Pearson, Nichole Dickhoff, Denise Love, Jackie Foster, Denise Robinson, Angela White, Cheryl Clarke, Jan Mclean, Kathryn Holden, Yvette Byrne-Menard, Colleen Timmins, Joyce Foreman, Louise O'Donnell, Lisa Fogg, Rebecca Alley-Wilson, Kimberley Mohns, Denise Calbery, Donna Christie, Vicki Davis D'Abreau, Sherene Donovan, Gary Goswell, Jennifer Carter and Kevin Goswell

**LIBRARIAN** - Denise Love - **ASSISTANTS** — Alexis LoveGordon, Debbie Brown

**OFFICE VOLUNTEERS** - Denise Love, Marlene Charewicz, Bev Campbell, Angela White, Debbie Brown, Wendy Marshall, Kelly Grieg, Beth Bryan

**ANNIVERSARY LETTERS** - Office Volunteers

**WEB SITE** - Ronda Evans

**NEWSLETTER** - Micheline Ball

**MOTHERS' RETREAT** - Susan Hendricks and Joyce MacIntyre

**BFO-DURHAM BOARD OF DIRECTORS** - Gary Goswell, Louise O'Donnell, Marian Rehr, Margaret Fortune, Jane Carter, Micheline Ball



### YOUR FEED-BACK IS VERY IMPORTANT!!

**PLEASE CONSIDER CONTRIBUTING TO THIS NEWSLETTER, WHICH IS A VOICE FOR THE BEREAVED. WE ENDEAVOUR TO KEEP YOU AS UP TO DATE AS POSSIBLE WITH ALL ON-GOING INFORMATION AND WOULD LIKE YOUR HELP; SHARE YOUR THOUGHTS, IDEAS OR REQUESTS THROUGH THIS VENUE. RECOMMEND A BOOK AND WRITE WHAT YOU LIKE ABOUT IT. SHARE YOUR STORY, SUBMIT A POEM, OR TELL OF THINGS THAT HAVE HELPED YOU ALONG YOUR GRIEF JOURNEY. WE THANK YOU IN ADVANCE FOR GETTING INVOLVED!**

## REFLECTIONS FROM YOUR EXECUTIVE DIRECTOR

Changing seasons can be very hard on bereaved parents. They bring back difficult memories whether it is going back to school, Thanksgiving get-togethers and Halloween festivities or for some the most difficult, the upcoming holiday season.

As a newly bereaved parent, you are going through this for the first time. Without our children, as we are still struggling to put one foot forward, we think: how will we manage to get through the holidays without them? Some of our parents who have been on their journey a little longer have built in new traditions and different ways to cope. One of our family traditions is BFO-Durham's Angels Tree of Lights. It provides a time when many of our BFO families gather to remember their children and loved ones. Angels are placed on the tree with their names in loving memory so we all can share knowing we are not alone during this very difficult time. The annual Angel Tree of Lights Ceremony this year is November 27<sup>th</sup> at the Durham District School Board. You can find all of the information in this newsletter and on the website at [www.bfodurham.net](http://www.bfodurham.net)

Another way which has been helpful with coping during these difficult periods is connecting with other bereaved parents. Sharing stories of our children can bring a sense of comfort for some, as it helps in keeping the memories alive. During the upcoming months, I hope you attend some of the drop-ins and on December 10<sup>th</sup>, our special "Getting through the Holidays" drop-in, where we can share different ideas to assist with how to manage the holidays and support each other through this very emotional time.

Thinking of you,

Sharon Sears.

*Deep in December.....*

*| was beginning to do better, | thought | was doing better, but a few days ago, the holidays hit me.....*

*~ Quote from Healing after Loss*

## 2015 MOTHERS' RETREAT

### **LONG AGO - BUT NEVER FAR AWAY**

Parents who have been bereaved for more than ten years are likely re-engaging in life in a positive way but the sense of loss never leaves us. New issues or even old ones we thought were dealt with may emerge as life offers us new situations and challenges.

Not much has been written about the long-term bereaved parent and those of us with questions may not find them in the books we read. We are sensing there may be a need for some mothers in our BFO – Durham community to get together and identify common issues facing them as long term bereaved parents. Not only will this provide individual support, but what we learn may help other members as they continue their journey through grief. **FOR THIS REASON, THE 2015 MOTHERS' RETREAT WILL FOCUS ON THOSE WHO HAVE BEEN BEREAVED FOR QUITE SOME TIME. TO QUALIFY TO ATTEND, YOU MUST HAVE BEEN BEREAVED FOR OVER 10 YEARS.**

The retreat will be held May 1-3<sup>rd</sup>, 2015, once again at the Villa St. Joseph in Cobourg, Ontario. The program and focus for our discussions will reflect the needs of the participants and will be determined ahead of time by polling those who are attending. Those who qualify will receive a letter of invitation from the office.

If you are interested in attending the retreat, please contact Susan Hendricks at 204-488-8334 or [susan.hendricks@ymail.com](mailto:susan.hendricks@ymail.com).

## UPCOMING EVENTS

## THE BOARD OF DIRECTORS' CORNER

### DECEMBER 2014

**Infant Loss Drop-In**  
Monday 1st, 7-9 p.m.

**Getting Through the Holidays Drop-In**  
Wednesday 10th, 7-9 p.m.

**Afternoon Drop-In**  
Monday 15th, 1-3 p.m.

**Evening Drop-In**  
Thursday 18th—7-9 p.m.

**OFFICE CLOSED**  
December 22nd-January 5th

### JANUARY 2015

**Infant Loss Drop-In**  
Monday 5th, 7-9 p.m.

**Evening Drop-In**  
Wednesday 14th, 7-9 p.m.

**Afternoon Drop-In**  
Monday 19th, 1-3 p.m.

**Evening Drop-In**  
Thursday 22nd, 7-9 p.m.

**Reconnect Drop-In Child Loss**  
Monday 26th, 7-9 p.m.

### BFO-DURHAM FINANCIAL UPDATE

I would like to share with our members a little bit about our financial status.

Our year end is December 31st of each year and we are required by law to submit our annual financial statement within 6 months, together with the Charity's annual return, advising the government of our activities.

The guidelines for registered charities are very strict and we follow the rules very carefully. We do not mail our annual financial statement to our members due to the cost involved. However, we gladly mail you a copy upon request.

In the past year we have received many generous donations, through memorial, general, payroll and fundraising. We are grateful for any donation, small or large and we thank you.

This year, The Run to Remember in Pickering and The Ride to Remember in Uxbridge fundraisers enabled us to do some much needed renovations. Our meeting room and office are now modern, light and very comfortable and you are invited to drop in any time during office hours.

Our financial status is stable and the Board of Directors is fully aware of their responsibilities in managing the funds received from the members. We are also very fortunate to have Sharon as our Executive Director.

Sadly, the continuous growth of our organization is an indication of how much our services are needed. With the support of our members, we are confident that we can provide these services for many years to come.

With regards, *Marian Rehr, Treasurer.*

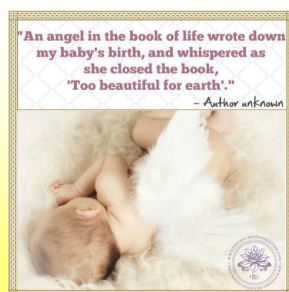
## JUST A GENTLE REQUEST

Now that the renovations are pretty well behind us, we are faced with the question of which items will be displayed in the BFO-D office. In the past, members have brought in different items, candles, angels etc. which had a special place in their heart and they wanted to share in memory of their child.

Our design team was very careful in choosing furniture which would appeal to everyone and because of the limited space, these loved treasures may not find a space anymore. These personal treasures mean a lot to you and really belong in your home. So we have a gentle request that you do not bring any personal items to the office.

We have an alternative. We have purchased a 32" TV/DVD combo with connections for mobile phone, memory card, memory stick or laptop on which you may show pictures of your child during group sessions or drop-ins.

We hope you will understand our decision. ~ *Your Board of Directors.*



*"A mother never gets over losing her child. It doesn't matter how long it's been, how old her child was when they died, or the reason they were taken away. Grief does not expire. Never tell a mother whose child died to move on, get over it, or "be happy" that their child is in Heaven now. You are 'sick' of hearing about it? She has to live with it every single day."*

*~ author unknown*

## INSPIRATIONAL CORNER BY JOYCE SCHNEIDER

### RENOVATION

Paintbrush in hand, I stood in the middle of the now empty bedroom; David's room. Four walls and a carpet. That was it. I had taken out every object, had taken down every picture, had cleaned out the closet.

And it had only taken me twelve years.

For the first months after David's death, his room still had his smell, his energy. I would go and lie down on his bed with my grieving heart heaving within, and inhale him. I would go through his drawers and make little discoveries; a sample of his handwriting on a note, a drawing he had doodled on a scrap of paper, a raspberry jam stain that never did come out of those Spiderman pajamas. But after opening the drawers and cupboards, I would close them up again with nothing disturbed, so that I could re-create the comforting ritual the next time.

In the very beginning, I could trick myself into thinking that when he came home from his "trip", he would be pleased to see his room waiting for him, his treasures unmoved, just as he had left them. But as the months passed without his return, the room took on a shrine-like quality; still gone, but still here. I tried to seal in his imprint, as if with Saran Wrap, but it was no good.

The room just felt stagnant and musty, in need of a good cleaning. Over the years, I tidied and straightened the room, as more and more of the family things got stored in the closet; off-season objects like winter boots, sweaters and coats. Eventually, I claimed a corner for my meditation practice, a writing desk with room for a little altar.

The next step involved supplementing the usual cleaning with a toss-out session of objects I no longer wanted or needed to keep. The more time passed, the less David's possessions seemed "charged" with his presence. Painful? At times, but I felt that I was in discussion with him the whole time about what should go, what should stay, and what should be given away. David always liked to share.

Finally, the day came twelve years later when I decided to evacuate the whole room, clean into the deep corners where stale energy collected like dust, and refresh the space. Strangely, it felt like refreshing my relationship with him as well. We chose a new paint colour, a new carpet, and decided on the objects that would go back into the room. As it turned out, I found myself reclaiming more and more of the room for myself, my books, sewing machine, craft supplies, and writing accouterments. All the surfaces got a good cleaning, and the top shelves continue to hold David's old drawing books.

And in a place of honour, in a Tupperware bin, are his personal effects, including a sample of his handwriting on a note, a drawing he had doodled on a scrap of paper, and a raspberry jam stain that never did come out of those Spiderman pajamas.

*~Joyce Schneider is a bereaved mother who lost her son, David, in 1998 to Non-Hodgkins Lymphoma. She has been a member of BFO-Durham for the past 16 years, has facilitated support groups, one-on-ones and is a past Director of the Board.*


## MARK THESE DATES ON YOUR CALENDAR

**Wave of Light for October 15th**

Everyone is invited to light a candle on October 15th at 7pm in ALL Time Zones, ALL Over The World

If everyone lights a candle at 7pm and keeps it burning for at least one hour, there will be a continuous **WAVE OF LIGHT** over the entire world on October 15th. **Pregnancy and Infant Loss Remembrance Day**

This Candle Burns  
In Loving Memory of  
Our Babies



© www.october15th.com



**The Compassionate Friends**  
Supporting Family After a Child Dies

Light a candle for all children who have died

**Worldwide Candle Lighting®**

... that their light may always shine.

**Sunday, December 14, 2014**  
**7 PM Around the Globe**



## OUR OFFICE RENOVATION STORY

In the spring, the Board decided it was time to renovate the BFO-Durham premises. We were blessed with various generous donations and we could finally afford to bring some modern and comfortable furniture to the family/group room. The sofas were sagging, the overall impression was dark and we wanted to bring in some light.

Well, when one sees the renovations on HGTV and other TV shows, it looks remarkable easy, done in half an hour. Not quite true of course, we were realistic enough to realize that. We needed some expert advice.

Two members of our organization, Caroline Goswell and Nancy Raby, have studied interior design and we called on their assistance. They gladly went from furniture store to furniture store and located some very comfortable and beautiful sofas. Sigh of relief, done! Not so simple. Choosing the right paint colour for the walls and doors was another project. Colour samples galore, choice made. Now we had to find someone willing to do the painting; success again. Ken and Louise O'Donnell offered their services, and by that time the actual office space was included too. Renovations have a habit of creeping up like ivy.

It is now May. We did not realize how much we had collected over the years until we had to pack it in boxes, boxes and boxes. Sharon, Marlene, Angie and Denise were real troopers. Next on the list was the dismantling of the old furniture and getting rid of it down the steep, steep stairs.

Ken and Louise were finally able to pick up their brushes, rollers and did a beautiful job on the walls and doors.

Next, carpet cleaning and then waiting for the furniture to arrive; in the meantime, some additional chairs, lamps, tables were ordered. Staff at Ikea got to know Marian by her first name. The office furniture, "kitchen units" and bookshelves were purchased there, which also meant we were buried under boxes and instructions when the time came to put it all together. Thank heaven for this nifty, electric screwdriver Marian received as a gift one time. It got the job done. When we needed a hammer, the minister a few doors down came to the rescue.

Slowly but surely, it all came together. The search for pictures for the family room was another story. We thought an abstract original painting would be something different for the family room. We were looking for a painting in which anyone could see something different, but would still appeal to most. Visiting an artist studio, galleries and art show did not produce a picture which would please everyone. However, at an auction for the Sick Kids Foundation, Caroline saw the perfect abstract, bid was made and we are now the proud owners.

Sometimes things just fall into place.

At this point, we had progressed to late September. We decided that Sharon's office also needed some sprucing up; a new desk will arrive soon.

All that is left are the finishing touches; installing a small counter on the kitchen units, hanging the pictures, putting handles on the drawers and installing a wooden strip to display the banner in the family room.

We have also purchased a TV/DVD combo unit which will make it possible for members to show pictures of their child from their phone, laptop or memory card. We have a collection of DVDs for viewing and members can get together and watch a movie now and then in the afternoon.

We are very pleased with the results, have already received many compliments and look forward to giving you the opportunity of viewing the "new look" at an Open House, most likely in late October, with the date to be announced shortly.

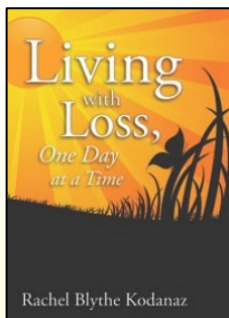
So the renovations were very challenging and did not quite go the HGTV or Property Brothers' way, but were successful in the end.

Drop by and see it for yourself....

## HOW LONG WILL THE PAIN LAST?

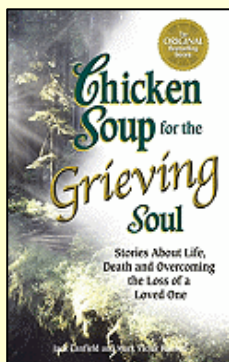
*"How long will the pain last? For the rest of your life. But the thing to remember is that not only the pain will last, but the blessed memories as well. Tears are the proof of love, then how could we ever ask that the pain cease altogether? For then the memory of love would go with it. The pain of grief is the price we pay for love." ~ Author unknown*

## BOOKS IN REVIEW — "COPING WITH YOUR GRIEF"



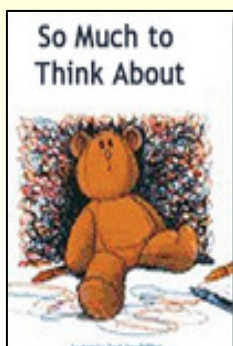
**LIVING WITH LOSS, ONE DAY AT A TIME PROVIDES 365 LESSONS AND THOUGHTS TO GET YOUR DAY STARTED.**

Each day focuses on life rather than death, embracing and remembering the happy and healthy days of loved ones while incorporating the loss into daily lives. These lessons and thoughts provide hope, optimism, coaching, introspection, self-discovery and renewal.



**CHICKEN SOUP FOR THE GRIEVING SOUL**

Individual people deal with grief in their own ways and within their own time, but the guidance and support they receive from others is what helps them through it. One of the key messages of *Chicken Soup for the Grieving Soul* is that togetherness and sharing are the keys to moving on. In these stories people share their experiences with coping and they share deep memories. Each one has found that putting thoughts and feelings into words is not only cathartic, it allows them to reconnect with their loved one and others. Words of encouragement are plentiful in this edition and they go straight to the heart. Chapters encompass the complete grieving experience and include: Final Gifts, the Power of Support, Coping and Healing, Those We Will Miss, Special Moments, Insights and Lessons, and Living Again.



**SO MUCH TO THINK ABOUT—AN ACTIVITY BOOK**

This soft cover book is designed to help children think about, play about, and talk about their feelings when dealing with the death of someone they care about.

## SANTA BRUNCH

This year's Santa Brunch will be held  
On December 7th, starting at 10 a.m

At the Oshawa Curling Club

226 Bond Street East, Oshawa

with brunch, games and activities

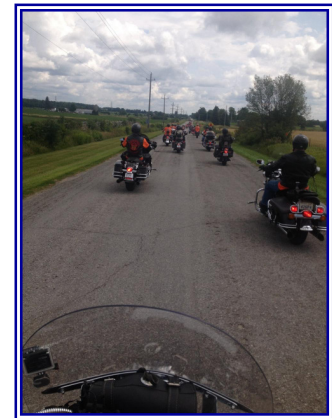
gift from Santa for each child and a raffle

Tickets can be purchased through the BFO-D Office

Check our website [www.bfodurham.net](http://www.bfodurham.net) for more information



# IN MEMORY OF BRENT FOSTER PHOTO ALBUM



## BEREAVED FAMILIES OF ONTARIO — DURHAM REGION

1050 Simcoe Street North, 2nd Floor, Oshawa L1G 4W5

Tel: 905-579-4293 / Fax: 905-579-7403 / Toll Free: 800-387-4870

E-mail: [bfodurham@bellnet.ca](mailto:bfodurham@bellnet.ca) / Web Site: [www.bfodurham.net](http://www.bfodurham.net)

Charitable Registration #861619880RR0001

### OFFICE HOURS

MONDAY TO THURSDAY — 10 A.M. TO 3 P.M. , CLOSED FRIDAY



## DONATIONS

### IN LOVING MEMORY OF

**BRENT FOSTER**

Through the Ride to Remember

**Jeffrey Warne**

Through the Run to Remember

**Dr. Beant Singh Mhar**

Friends, Susan and Vincent Hendricks

**FRANCIS MARY REID**

Niece Marlene Charewicz



PLEASE CONSIDER DIRECTING YOUR UNITED WAY  
DONATIONS TO BFO-DURHAM THROUGH YOUR WORK PLACE

## ADULT SIBLING DROP-IN

**AN ADULT SIBLING DROP-IN FOR MEMBERS 18 YEARS OF AGE AND OVER IS SCHEDULED FOR OCTOBER 21ST, 7-9 P.M. IN THE BFO-D OFFICE. OUR HOPE IS TO HOLD MORE OF THESE DROP-INS IN THE FUTURE, SO PLEASE CHECK OUR WEB SITE FOR MORE INFORMATION.**

## HELPING A GRIEVING FAMILY COPE WITH THE HOLIDAYS

Ways for family and friends to help the grieving family during the holidays:

1. Write down memories, especially funny stories, of the child to give the family. Try to get others who knew the child to write a story and then make a scrapbook for the family that can be added to in the future.
2. Encourage the family to talk about the child, and understand that some tears may fall - a tribute to the child who died.
3. Share photos or videos of the child with the family that they may not have seen before.
4. "Adopt a child" for the holidays by giving gifts in remembrance of the child who died.
5. If you send a card, make certain to mention that you're thinking of the child (by name), even if it's been many years since the child died.
6. Give the family an ornament that in some way will remind them of the child.
7. Give the family time and space so they can handle the holidays in a manner that works for them.
8. Make a donation to a favourite charity in honour of the child.
9. Support the family by attending the "Tree of Lights Ceremony".

## OUR CHILDREN REMEMBERED

*Loved, missed and never forgotten*

### OCTOBER

John Daniel Harvey	October 1, 1998	Gary Bambrough	October 18, 2008
Matthew Gregory Hickey	October 2, 1996	Isa Nilsson-Byberg	October 20, 2010
Philip Brown	October 6, 2002	David Cecil McNeil	October 20, 2013
Henry Vandergaast	October 7, 2012	Nicholas Storms	October 25, 2004
Brent Heasman	October 8, 1996	Sarah Zwolinski	October 25, 2007
Heather Joan Butcher	October 8, 2002	Derek Lyall	October 26, 1996
Amos Williams	October 8, 2006	Calvin Burton	October 26, 2006
Joseph Glode	October 9, 1994	Pat Gostlin	October 26, 2008
Lori Webb	October 9, 2013	Bryan Frank	October 28, 2000
Gibson Maidansky	October 11, 2010	Christopher Shannon	October 28, 2008
Joseph Trail	October 13, 2006	Logan Jeffrey Barkwell	October 29, 2001
Maria MacStravick	October 14, 2012	Journey Stickney	October 29, 2013
Leonard Arp	October 15, 2009	Nicholas King	October 29, 2013
Dove Lancaster	October 16, 2002	Tara Ross	October 30, 2012
Curtis MacKinnon	October 16, 2009	Lee Mitchell Service	October 31, 1999
Nicole Wannamaker	October 16, 2009	Patrick M. Beauregard	October 31, 2003
Rebecca Rodriguez	October 17, 2013	Megan Grace Burchowycz	October 31, 2002

### NOVEMBER

Scot J. Mailer	November 1, 1986	Cody Gould	November 15, 1988
Messiah Jackson-MacDonald	November 1, 2009	Theresa Michelle North	November 16, 1995
Liam Alexander Jan Meerdink	November 2, 2008	Tyron Bracken	November 17, 2010
David Michael McCluskey	November 3, 1995	Charlotte Hannon	November 17, 2002
Megan Lynn Craig	November 4, 1996	Jailene Bonnick	November 18, 2005
Grace Johnson	November 4, 1996	Erin Gladwell	November 19, 2000
Kali Johnson	November 4, 1996	Pauline Larocque	November 19, 2010
Amir Ghane	November 5, 2003	Glen Allan Rowe	November 21, 1991
Brook Lynn Rankin	November 5, 2011	Michael James Dunne	November 24, 1993
Christine Lee Ouderkirk	November 7, 1998	Ricky Otter	November 24, 2003
Abigail Watts	November 7, 2005	Joel Fletcher	November 24, 2011
John Camilleri	November 7, 2012	Robert Jones	November 24, 2012
Kenton Carnegie	November 8, 2005	Kilie Mawby	November 24, 2012
Anthony Karson Grant	November 10, 1998	Pierce LoveGordon	November 25, 2006
Nathan Michael Fohshow	November 11, 2004	Andrew Bond	November 27, 2006
Simon Maddocks	November 11, 2009	Brandon Michael Argante	November 27, 2013
Connie Nock	November 12, 2010	Kyle Christopher Fair	November 28, 1993
Carter David Dickhoff	November 12, 2008	David Preston	November 28, 2004
Murray Charland	November 13, 2003	Marley Grace Silcox	November 28, 2008
Nicole Oultram	November 13, 2012	Leigh Anne Donavan	November 29, 2001
Hannah Larocque	November 14, 2007	Sarah Lynn Hearn	November 29, 2012
Joshua Larocque	November 14, 2007	Roberta Eileen Campbell	November 30, 1952
Jeffrey Moore	November 15, 2010	Sylvia Ann Crowley	November 30, 1989



## OUR CHILDREN REMEMBERED

*Loved, missed and never forgotten*

### DECEMBER

Scotty Pennachio	December 1, 1980	Luc Breau	December 16, 2010
Payton Joan Beaulieu	December 1, 2005	Sarah Dorrian	December 18, 1999
Trevor David Hunter	December 1, 2009	Alleya Alley-Wilson	December 18, 2009
Grace Anne-Marie Beaulieu	December 2, 2005	Rebecca Anne Leslie Sears	December 19, 1995
Rachel Nicole Davidson	December 2, 1998	Brad R. Thomas	December 19, 1996
Andrew Joseph Weaver	December 3, 1999	Sarah Dorrian	December 19, 1999
Connor Campbell	December 3, 2010	Jason Maxwell Normoyle	December 19, 2002
Nolan Michael McNeil	December 4, 2007	Dawn Lent	December 19, 2007
Dan Phelan	December 5, 1975	Amanda Maja Vidulich	December 20, 2007
Thomas Timothy Morrison	December 6, 2013	Tanya Fellows-Karstulovich	December 20, 2012
Debbie Meyers	December 7, 2012	Drake Farrell	December 21, 2009
Derek Penny	December 7, 2001	Emily L. Mackie	December 22, 1992
Emma Skinner	December 7, 2007	Iain Stirling	December 23, 2004
Nicholas Beatty	December 9, 2001	Brenda Jo-Ann Perks	December 24, 1990
Connor Fox	December 10, 2010	Brittany Mabee-Wilson	December 24, 2007
Mark Heggum	December 12, 1987	Danny Kent	December 24, 2012
Frank Fililio	December 12, 2012	Colleen Gary	December 28, 2008
Michelle Lynn Andrey	December 15, 1990	Kimberly Margaret Hryniw	December 29, 1997
Simon Mitchell	December 15, 1992	Susan Josephine Nyland-Davey	December 30, 1995
Johnny Pegg	December 15, 2009	Amelia Linda Kent	December 30, 2009
David Michael Hannah	December 15, 2000		

**"THERE ARE NO GOODBIES FOR US. WHEREVER YOU ARE, YOU WILL ALWAYS BE IN MY HEART"**

### JANUARY

Shelley Nadine Taylor	January 1, 1994	Eerik Percival	January 13, 2002
Ricky Van Den Oetelaar	January 1, 2006	Khristian Robinson	January 14, 2008
Lisa Lebitka	January 1, 2012	Jonathan Domenic Volpe	January 15, 1995
Jacoub Favila	January 1, 2013	Breanna Cousins	January 15, 2002
Jamie Woods	January 1, 2014	Daniel Torreblanca	January 15, 2013
Christopher Thompson	January 2, 1988	Sara Ann Madore	January 17, 2003
Rayman Imran	January 2, 2008	Austin Blake Madore	January 17, 2003
Vanessa Larocque	January 2, 2009	Storm Gary Patrick Coad	January 18, 1997
Kyle Joseph Miller	January 2, 2009	Nathan Michael Pennington	January 18, 2010
Madison Sevana Boyd	January 2, 2012	Christopher Amos	January 18, 2012
Victoria Thompson	January 4, 2005	Layla Giberson	January 18, 2013
Jose Eduardo Navas	January 4, 2011	Stephanie Joanna Coleman	January 19, 1996
Tianna Vieira	January 5, 2010	Alexsandra Kellie-Ann Hewitt	January 21, 1995
Chantel Gauthier	January 6, 1994	Alexander Cade	January 22, 2004
Ashley Pittens	January 6, 2001	Antonio Thomas Cacciatore	January 23, 2010
Michael Upshaw	January 6, 2002	Vanessa Robyn Rivard	January 24, 2007
Rayman Imran	January 7, 2008	Kelly Spencer	January 25, 2012
Derek Spicher	January 7, 2013	Graham Charles Clarke	January 26, 2007
Alastair Lahtinen	January 8, 2010	Jeffrey Warne	January 26, 2008
Stephen John Duthie	January 10, 2010	David Matthew Gilbert	January 27, 2008
Duane MacIntyre	January 11, 1992	Eran Town	January 28, 2005
Ron Davis	January 11, 2007	Branden Christopher Viarruel	January 29, 2009
Brandon Tyler Baron	January 12, 1992	Wayne Edwards	January 29, 2009
Neil Warren Hembling	January 12, 2000	Angela Worona	January 31, 1995