



NEWSLETTER

"Bereaved helping the bereaved learn to live with grief"

ISSUE 2

www.bfodurham.net

2013

UPCOMING FUNDRAISERS AND DROP-IN DATES

THE 5TH ANNUAL RUN TO REMEMBER

IN MEMORY OF JEFFREY WARNE

SUNDAY, MAY 26TH STARTING AT 10:30 A.M.

This year's walk/run/bicycle will be held on the shores of Lake Ontario in The City of Pickering. The route will consist of a 3 km venture through the scenic Petticoat Conservation Area beginning and ending at Jeff's commemorative bench on the Waterfront Trail.

The route will be a fun, manageable course designed for all fitness levels and age groups. Following the event, there will be a barbeque and prizes. Fundraising is encouraged and corporate sponsorships are most welcome.



ALL PROCEEDS FROM THIS EVENT WILL BENEFIT BFO-DURHAM



JUNE 2013

Infant Loss Drop-In
Monday 3rd, 7-9 p.m.

Evening Drop-In
Wednesday 12th, 7-9 p.m.

BFO-Durham Beach Night
Saturday 15th, 7:30 p.m.

Afternoon Drop-In
Monday 17th, 1-3 p.m.

Reconnect Drop-In for I/L
Monday 24th, 7-9 p.m.

Evening Drop-In
Thursday 27th, 7-9 p.m.

JULY 2013

Canada Day—Office closed
Monday 1st

Infant Loss Drop-In
Monday 8th, 7-9 p.m.

Evening Drop-In
Wednesday 10th, 7-9 p.m.

Afternoon Drop-In
Monday 15th, 1-3 p.m.

Evening Drop-In
Thursday 25th, 7-9 p.m.

Reconnect Drop-In for O/C
Monday 29th, 7-9 p.m.

The Ride to Remember
Wednesday, July 31st

(SEE PAGE 4 FOR AUGUST AND SEPTEMBER CALENDAR DATES)



BFO-Durham Beach Night

The 3rd annual BFO-Durham Beach dance will be happening this year on Saturday, June 15th at 7:30pm at Heydenshore Pavillion in Whitby. Join us for dancing, games, prizes and fun, while remembering our angels!

All money that is raised will be donated to Bereaved Families of Ontario-Durham Region



2013 RIDE TO REMEMBER—JULY 31ST

(SEE PAGE 3 FOR MORE DETAILS)

A MESSAGE FROM YOUR EDITOR

First of all, I would like to welcome Summer which has been so impatiently awaited!!

BFO Durham has been very busy over the last few months with the "The Walk to Remember" in March, A Volunteer Luncheon hosted by the BFO Board Members in April, to thank each and every Volunteer who has given of his/her time over the last year, and the planning of the next fundraisers which will take place in May, June and July. The Committee members involved in the planning of these 3 fundraisers have been working diligently to make these events a success and we hope to see you at one or all of them.

A closed Mothers' Group was held this Spring and Facilitator Training for both Infant Loss and Older Children, with a group of 12 participants, has just taken place over the last 4 weeks.

As mentioned in the last Newsletter, this year is the 20th Anniversary of the founding of BFO-Durham and plans are well underway for a dinner / dance to be held on October 19th, 2013. We will have more concrete information for all the members in the July News Bulletin. Watch for these details and plan to attend - we would love to see you there!

Little did I know 14 years ago this month, after the death of my nephew Kevin O'Donnell that I would become so involved with BFO-Durham. To support my sister and brother-in-law in their loss, I attended some fundraising events, held a couple of fundraisers, volunteered on the Walk to Remember Committee and became the Recording Secretary for the Board. Eventually, I was invited to serve on the Board as a Director. Today, after being retired from full-time work for the past 2 years, I wear the "Editor's hat". When I first agreed to take on this task over a year ago, my first priority was to standardize the format, and provide our members with as much up to date information as possible without losing sight of BFO-Durham's mission. I have strived to keep the Newsletter simple and easy to follow. In this issue, I have added some segments which I hope will interest you. If there are any changes you would like to see implemented, or anything added, please don't hesitate to contact me. I gladly welcome any input or constructive criticism you may have.

Have a safe summer,
~ MICHELINE BALL

VOLUNTEERING FOR A SPECIAL CAUSE

*"I HAVE BEEN THE RECIPIENT OF LOVE AND SERVICE, THEREFORE I CAN LOVE AND SERVE.
THERE IS GREAT SATISFACTION IN SERVICE TO OTHERS, IN SEEING PEOPLE AND THEIR CONDITIONS CHANGE."
~ CLARENCE E. HODGES*

IN APRIL, THE BOARD OF DIRECTORS HOSTED A LUNCHEON TO ACKNOWLEDGE AND THANK THEIR VOLUNTEERS, THOSE WHO IN SO MANY WAYS HELP KEEP OUR DOORS OPEN.

THE VOLUNTEER OF THE YEAR AWARD RECIPIENTS FOR 2012 ARE ANGELA WHITE AND CHARLOTTE MCMORROW. THE SUSAN HENDRICK'S VOLUNTEER OF DISTINCTION AWARD RECIPIENT FOR 2012 IS MICHELINE BALL. KEVIN GOSWELL AND JENNIFER CARTER RECEIVED THE 2012 YOUNG ADULT VOLUNTEER OF DISTINCTION AWARDS.

THE FOLLOWING VOLUNTEERS CONTINUE TO SUPPORT BFO-DURHAM ON A DAILY BASIS.

ONE-ON-ONE AND GROUP SUPPORT FACILITATORS - Jane Carter, Charlotte McMorow, Margaret Fortune, Magda Zoelman, Joan Pearson, Nichole Dickhoff, Denise Love, Jackie Foster, Denise Robinson, Angela White, Cheryl Clarke, Michelle Murray, Colleen Timmins, Stephanie Agelopoulos, Joyce Foreman, Louise O'Donnell, Lisa Pennington, Rebecca Alley-Wilson, Denise Calbery, Jennifer Carter and Kevin Goswell

LIBRARIAN - Denise Love, Assistants — Alexis LoveGordon, Debbie Brown

OFFICE VOLUNTEERS - Denise Love, Marlene Charewicz, Bev Campbell, Angela White, Debbie Brown

ANNIVERSARY LETTERS - Joan Pearson

WEB SITE - Ronda Evans, Micheline Ball

NEWSLETTER - Micheline Ball

BFO-DURHAM BOARD OF DIRECTORS - Gary Goswell, Cheryl Cullis, Louise O'Donnell, Marian Rehr, Margaret Fortune, Jane Carter, Micheline Ball

Sometimes we need someone
to simply be there...
Not to fix anything or do
anything in particular, but
just to let us feel we are
supported and cared about



REFLECTIONS FROM YOUR EXECUTIVE DIRECTOR

Finally, Spring is here after what may seem to have been one of the longest winters in the last couple of years. While the season of spring is normally rejoiced as it signifies rebirth and new beginnings, some of us may struggle to embrace that feeling of excitement this year. While on one hand we feel relieved that spring is bringing us more sunny days and leaving the darkness of winter behind us, on the other hand spring can sometimes accentuate our feelings of grief knowing that our loved ones are not here with us to share in the joys of the warmer days and the outdoor activities that lay ahead. Please know that you are not alone with these conflicting thoughts and feelings during this time of the year and we hope that you won't hesitate to reach out for support from your friends at BFO-Durham to help provide comfort and understanding as you continue through your journey of grief.

As we have found with many of our members, one of the ways to reach out for support is to find an upcoming activity that will bring members together to share thoughts and memories. Now that spring and the warmer weather are here, there are events that some of our members at BFO-Durham have organized in memory of their loved ones. These are a good opportunity for each of our members to not only participate in an indoor or outdoor activity, but to also engage with many other members who share similar reasons to be there and take part in the cause of such an event. Please feel welcome to join in and participate in these upcoming events and we look forward to seeing you. All proceeds raised at these events will be donated to BFO-Durham and will be used for the many support programs we offer. All of the upcoming events are posted on the B.F.O. Durham website, www.bfodurham.net, or you can contact the office at (905) 579-4293.

In closing, we hope that you will find some comfort and enjoyment with the warmer weather which has now finally arrived and we look forward to seeing you soon in the spring and summer months ahead.

~ Sharon Sears

CREATE YOUR OWN "HEALING BOOK"



I read somewhere that a woman who attended a 10 week grief group after the loss of her husband, copied and pasted e-mails, cards and photos of her loved one and created a "Healing Book," as a way to heal her pain. It mentioned that toward the end of this group, she would sometimes read from the book, and it was wonderful to see the strength it gave her.

If the idea of creating a "Healing Book" as a tribute to your child inspires you, here are a few suggestions:

Keep it simple. Go ahead and paste entire emails onto a page—or to give them a more decorative feel, style them using a font you like or print in a larger size. Photo corners are another easy way to mount messages.

Make it meaningful. Include special cards, letters, notes and other correspondence. You can also add photographs you especially like and any poems or passages that may have given you or your loved one comfort.

Share it with others. Whether in a group setting or individually with a grieving person, share your book and suggest they create their own "Healing Book". It will give them comfort and they too can share it with others and help in the healing process.

~ Partial contents, courtesy of Stacey Lamb, Hallmark.

2013 RIDE TO REMEMBER

This year's ride will be on Wednesday July 31st. Join us for a relaxing, positive atmosphere dedicated to remembering loved ones lost. Last year's ride was a huge success and was enjoyed by all; we would like to make this year even better. The ride is limited to 50 motorcycles so don't delay, register early!

If you don't ride, you can still join us for dinner after the ride where we have door prizes, silent auctions and entertainment. This year, dinner will be at Clem's in Uxbridge and all funds raised will go to BFO-Durham, so please let us know if you can make it.

Email ride.to.remember.brent@gmail.com to register or if you would like any further information. ~ Jackie Foster

UPCOMING EVENTS

THE BOARD OF DIRECTORS' CORNER

AUGUST 2013

Civic Holiday—Office Closed
Monday 5th

Infant Loss Drop-In
Monday 12th, 7-9 p.m.

Evening Drop-In
Wednesday 14th, 7-9 p.m.

Afternoon Drop-In
Monday 19th, 1-3 p.m.

Reconnect Drop-In for I/L
Monday 26th, 7-9 p.m.

Evening Drop-In
Thursday 29th, 7-9 p.m.

SEPTEMBER 2013

Labour Day—Office Closed
Monday 2nd

Infant Loss Drop-In
Monday 9th, 7-9 p.m.

Evening Drop-In
Wednesday 11th, 7-9 p.m.

Afternoon Drop-In
Monday 15th, 1-3 p.m.

Evening Drop-In
Thursday 26th, 7-9 p.m.

Reconnect Drop-In for O/C
Monday 30th, 7-9 p.m.

As a board member of BFO-Durham, I offered to write a piece for this edition of the May newsletter. I thought the words would flow onto paper and I could easily write a column, yet I am sitting with my laptop on the eve of the 14th anniversary of our son's accident. I find myself reliving every moment of that evening which forever changed the life of our family. By the time I finish writing, it will be May 20th; the anniversary date of Kevin leaving us! I have trouble with the word "anniversary"; however, I cannot seem to find a fitting word or term that denotes his "leaving" date. Do I call it his angel day? I've heard this term used throughout the years at BFO but I think the easiest for me is "Kevin moved away". This way he is physically gone but not lost. It makes the anticipation of a reunion more authentic to me.

I find it intriguing that each year, my feelings and the way I handle Kevin's loss can be so different. Some years are easier and some years are more difficult. This is one of those difficult years. Perhaps losing a family member and a friend over the past few months has made me more sensitive and reflective.

One thing that I am sure of is that our family dog Zoe, whom we rescued shortly after Kevin's death, is contributing to my feelings of sadness. Zoe is now 14 ½ and has done an amazing job of bringing joy into our home. Her uncanny sense of knowing when to just be there for us has made our grief journey bearable. Although old and sick, she still looks at us with love in her eyes. Zoe has been one of the best prescriptions for our family after losing Kevin.

I have found peace throughout the years and have made deep, meaningful friendships with other bereaved parents whom I would not have otherwise met. I thank each and every one who has touched my heart and hope you take the time to relax and look after yourselves this summer.

Warmest regards,

Louise O'Donnell



WEB SITE FUNDRAISER

Special Day Anniversary / Birthday

If you would like to honour your child on his/her Anniversary or Birthday

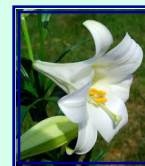
Send in a photograph and dates

Which we will post on our Web Site for a month in the "In Memory" page

For a minimum donation of \$20.00

Please contact the office for more info - 905-579-4293

"We can't know why the lily has so brief a time to bloom in the warmth of sunlight's kiss upon its face before it folds into its fragrance and bids the world goodnight to rest its beauty in a gentler place. But we can know that nothing that is loved is ever lost and no one who has touched a heart can really pass away because some beauty lingers on in each memory of which they've been a part." ~ Ellen Brenneman



INSPIRATIONAL CORNER BY *JOYCE SCHNEIDER*

WHAT A MOTHER KNOWS

I had named him long before he was born. I was sure, with no physical proof, that he was a boy.

David's birth was mercifully so much easier than his sister Mary's had been two years before. After an intense but tolerable natural labour and delivery this time around, I found myself left with a strange abundance of energy.

We lay there in the dark, drinking him in, whispering to each other how desperately we wanted Mary there with us. I remember feeling relaxed, but at the same time very aware. It was like I could feel the bond securing itself. And as I looked at my son, my response was not so much "How do you do" as "Oh, there you are, David!".

That night, after Michael had gone home and the hospital was dark, I found myself unaccountably unable to sleep. I had certainly worn myself out, and David was cocooned in the bassinette right beside me, sleeping soundly. And yet I was overtaken with anxiety, strange voices in my head urging me to get out of bed, get on with it. Time was a'wasting! Don't spend another moment just lying there!

I've often thought that maybe it was that pre-programmed part of me speaking, that part that knew that I would have only eleven years with this child on the earth. At any rate, I didn't sleep a wink. I breastfed David almost effortlessly, and he opened to me and his environment with pre-historic wisdom. He had certainly been here before. It didn't take me long to figure out that he was here to teach me. We understood and played our roles with an innate understanding of what had never been spoken.

Who can say how a mother comes to know what she knows? Truth is somehow planted in the psyche, like daffodil bulbs, good and deep. I've come to believe that we know our child long before either of us is born, that we meet in some sort of spiritual bullpen, and we make an agreement; we sign up for life together, however long, however short. You be the Mom, and I'll be the kid. And we'll teach each other about love.

I have never forgotten that strong sense of urgency on the night of David's birth. I'm thankful I paid attention to it. It was one of the signs that points to what a mother knows. And because of David, this mother knows a lot more about love now. She has been well taught.

Joyce Schneider is a bereaved mother who lost her son, David, in 1998 to Non-Hodgkins Lymphoma. She has been a member of BFO-Durham for the past 14 years, has facilitated support groups, one-on-ones and is a past Director of the Board.

FACILITATOR TRAINING



Bereaved Families of Ontario Durham Region would like to congratulate their new facilitators who completed the Facilitator Training on May 15th.

Congratulations are extended to Donna Dickison, Yvette Byrne-Menard, Debbie Ramsingh-Girdharrie, Jan McLean, Kathryn Holden, Vicki Davis D'Abreau, Bev Campbell, Sherene Donovan, Lisa Fogg, Kimberly Mohns, Rebecca Alley-Wilson, Denise Calberry, Lisa Pennington and Heather Warren. Thank you for volunteering in loving memory of your precious children.

A very special thank you to Gary Goswell and Louise O'Donnell for their continued commitment to providing our facilitators with very special training.

YOUR FEED-BACK IS VERY IMPORTANT!!

PLEASE CONSIDER CONTRIBUTING TO THIS NEWSLETTER, WHICH IS A VOICE FOR THE BEREAVED. WE ENDEAVOUR TO KEEP YOU AS UP TO DATE AS POSSIBLE WITH ALL ON-GOING INFORMATION AND WOULD LIKE YOUR HELP; SHARE YOUR THOUGHTS, IDEAS OR REQUESTS THROUGH THIS VENUE. RECOMMEND A BOOK AND WRITE WHAT YOU LIKE ABOUT IT. SHARE YOUR STORY, SUBMIT A POEM, OR TELL OF THINGS THAT HAVE HELPED YOU ALONG YOUR GRIEF JOURNEY. WE THANK YOU IN ADVANCE FOR GETTING INVOLVED!

PHOTO GALLERY

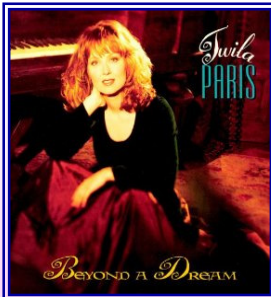
WALK TO REMEMBER 2013



VOLUNTEER LUNCHEON AWARDS



"MUSIC IS THE MEDICINE OF THE MIND"



PARIS TWILA - VISITOR FROM HEAVEN LYRICS

"A visitor from Heaven, if only for a while. A gift of love to be returned, we think of you and smile. A visitor from Heaven accompanied by grace. Reminding of a better love and of a better place. With aching hearts and empty arms, we send you with a name; it hurts so much to let you go. *But we're so glad you came. We're so glad you came.*

A visitor from Heaven, if only for a day. We thank Him for the time He gave, and now it's time to say. We trust you to the Father's love and to His tender care, held in the everlasting arms. *And we're so glad you're there. We're so glad you're there.*

With breaking hearts and open hands, we send you with a name; It hurts so much to let you go. *But we're so glad you came. We're so glad you came."*



KAREN TAYLOR-GOOD - PRECIOUS CHILD LYRICS

In my dreams, you are alive and well, Precious child, precious child
 In my mind, I see you clear as a bell, Precious child, precious child
 In my soul, there is a hole that can never be filled
 But in my heart, there is hope 'Cause you are with me still

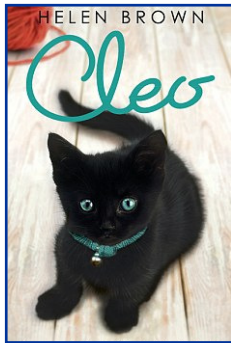
In my heart, you live on, always there never gone, Precious child, you left too soon
 Tho' it may be true that we're apart, you will live forever... in my heart

In my plans, I was the first to leave, Precious child, precious child
 But in this world, I was left here to grieve, Precious child, my precious child

In my soul, there is a hole that can never be filled
 But in my heart there is hope and you are with me still.....

BOOKS IN REVIEW

CLEO



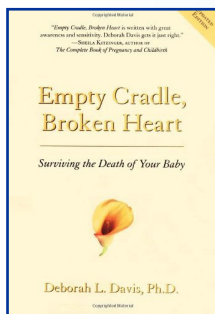
Helen Brown wasn't a cat person, but her nine-year-old son Sam was. So when Sam heard a woman telling his mum that her cat had just had kittens, Sam pleaded to go and see them. Helen's heart melted as Sam held one of the kittens in his hands with a look of total adoration. In a trice the deal was done - the kitten would be delivered when she was big enough to leave her mother.

A week later, Sam was dead. Not long after, a little black kitten was delivered to the grieving family. Totally traumatised by Sam's death, Helen had forgotten all about the new arrival. After all, that was back in another universe when Sam was alive.

Helen was ready to send the kitten back, but Sam's younger brother wanted to keep her, identifying with the tiny black kitten that had also lost her brothers. When Rob stroked her fur, it was the first time Helen had seen him smile since Sam's death. There was no choice: the kitten - dubbed Cleo - had to stay.

Kitten or not, there seemed no hope of becoming a normal family. But Cleo's zest for life slowly taught the traumatised family to laugh. She went on to become the uppity high priestess of Helen's household, vetoing her new men, terrifying visiting dogs and building a special bond with Rob, his sister Lydia, Helen - and later a baby daughter.

EMPTY CRADLE, BROKEN HEART



The heartache of miscarriage, stillbirth, or infant death affects thousands of families every year. *Empty Cradle, Broken Heart* offers reassurance to parents who struggle with anger, guilt, and despair after such tragedy. Deborah Davis encourages grieving and makes suggestions for coping. This book strives to cover many different kinds of loss, including information on issues such as the death of one or more babies from a multiple birth, pregnancy interruption, and the questioning of aggressive medical intervention.

There is also a special chapter for fathers as well as a chapter on "protective parenting" to help anxious parents enjoy their precious living children. Doctors, nurses, relatives, friends, and other support persons can gain special insight. Most importantly, parents facing the death of a baby will find necessary support in this gentle guide. If reading this book moves you to cry, try to accept this reaction. Your tears merge with those of other grieving parents.

A purpose of this book is to let bereaved parents know that they are not alone in their grief. With factual information and the words and insights of other bereaved parents, you can establish realistic expectations for your grief. *Empty Cradle, Broken Heart* is meant to help you through these difficult experiences by giving you things to think about, providing suggestions for coping and encouraging you to do what *you* need to survive your baby's death. Whether your baby died recently or long ago, this information can be useful to you.

LIBRARY NEWS: We have recently received donations of over 30 books from the Raby, White, Campbell, Jones and LoveGordon families, in loving memory of their precious children, Melissa, Christina Grace, Michael, Demetrius, Paul and Pierce. Thank you to all for your generosity in continuing to support our members by way of enriching their lives through the power of knowledge.

BEREAVED FAMILIES OF ONTARIO — DURHAM REGION

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E-mail: bfodurham@bellnet.ca / Web Site: www.bfodurham.net

Charitable Registration #861619880RR0001

OFFICE HOURS

MONDAY TO THURSDAY — 10 A.M. TO 3 P.M. , CLOSED FRIDAY

HUMMING BIRDS

~ by Susan Whitmore, Excerpt from Friends of GriefHaven Newsletter

We have a hummingbird nest in the Ficus tree next to our front door. It has been amazing, week after week, watching the mother bird make the nest. Each day I have carefully approached the tree and gently peeked around the leaves, watching the mother bird nesting in her trance state.

And then... this one day arrived when I peeked around the leaves, and there they were: two little beaks bobbing up and down from inside the nest. As I moved in just a teensy bit closer to ensure that my eyes were seeing correctly, the mother bird suddenly came screeching around the corner, her teeny little body hovering in the air, her wings fluttering so madly they sounded like giant fans moving at high speed. She began chirping and shrieking at me! "Oh my God, little mother bird" I said, "I know just how you feel". I apologized and moved away. A mother hummingbird; a mother bear; a mother seal; a mother dog; a mother anything! Get close to its offspring, and it will fiercely protect, even if it means its own death. Don't we all understand THAT mission?

Yesterday morning I peeked around the corner, and guess what? The nest was empty. All three birds had flown, just like that, somewhere, to begin their new lives.

"But while here, they gave me tremendous joy every time I saw them. And once again, I was reminded that there are moments of true joy after our child dies. Many of them."



Sometimes we have to look for them. Sometimes we have to recall what they were. Perhaps all we have to do is simply peek into the places where they might be hidden, just waiting for someone to enjoy their wonder.



GONE TOO SOON

This was a life that had hardly begun
No time to find your place in the sun
No time to do all you could have done
But we loved you enough for a lifetime.

No time to enjoy the world and its wealth
No time to take life down from the shelf
No time to sing the song of yourself
Though you had enough love for a lifetime.

Those who live long endure sadness and tears
But you'll never suffer the sorrowing years
No betrayal, no anger, no hatred, no fears

~ by Mary Yarnall

LOVE LIVES ON

Those we love remain with us
for love itself lives on,
and cherished memories never fade
because a loved one's gone.
Those we love can never be
more than a thought apart,
far as long as there is memory,
they'll live on in the heart.

~ Author unknown

DONATIONS

IN LOVING MEMORY OF

Peter "Pete" MacDonell
from Susan and Vince Hendricks

Mieczyslaw "Mike" Rogalski
from Susan and Vince Hendricks

Alden Roy "Pinky" Hubbard
from Susan and Vince Hendricks

Melissa Gomes-Barnetson
from Susan and Vince Hendricks

Sharon Rose Gilliland
from Mom and Dad, Yvonne and Bruce Gilliland

Pat Gostlin
from Mom, Hendrietta Torok

Doug Sager
from Joyce and Bill Foreman

Robert "Bob" Gordon Leslie
from Micheline and Ken Ball

Jacquelyn Mason
from Mom, Donna Mason

Joel Fletcher
from Mom and Dad, Dave and Kim Fletcher

"TEAR SOUP – A RECIPE FOR HEALING AFTER LOSS"

HELPFUL INGREDIENTS TO CONSIDER

- A pot full of tears
- One heart willing to be broken open
- A dash of bitters
- A bunch of good friends
- Many handfuls of comfort food
- A lot of patience
- Buckets of water to replace the tears
- Plenty of exercise
- A variety of helpful reading material
- Enough self care
- Season with memories
- One good therapist and / or support group

DIRECTIONS – Choose the size pot that fits your loss. It's okay to increase pot size if you miscalculated. Combine ingredients. Set the temperature for a moderate heat. Cooking times will vary depending on the ingredients needed. Strong flavours will mellow over time. Stir often. Cook no longer than you need to.

SUGGESTIONS

- Be creative
- Trust your instincts
- Cry when you want to, laugh when you can
- Freeze some soup to use as a starter for next time
- Keep your own soup-making journal so you won't forget.

SERVES ONE

~ Excerpt from the family storybook - *"Tear Soup, a recipe for healing after loss"* by Pat Schwiebert and Chuck DeKlyen



OUR CHILDREN REMEMBERED

Loved, missed and never forgotten

JUNE

Christopher Logan Woods	June 1, 2005	Gunner Aaron Terry Mayhew	June 13, 2004
Susan Deborah Murray	June 2, 2010	Christopher Dennis Penny	June 14, 1995
Taelyn Marie Peckford	June 2, 2010	Corey Grentz	June 14, 2010
Laura Irene Macdonell	June 4, 1994	Michelle Marie Meagher	June 15, 2009
Timothy Shane McDonald	June 4, 2006	Melissa Jean Wilson	June 18, 1990
Alyssa Massie	June 5, 2010	David Gregory Schneider	June 20, 1998
Tessa Agelopoulos	June 6, 2007	Kohwyn Babcock	June 20, 2010
Christina de Vries-Roach	June 6, 2004	Edward Erwin	June 21, 2003
Nicholas David William Hutchison	June 6, 1999	Lorna Ellen Buzzell	June 22, 1998
Chloe Mounsey	June 6, 2007	Paul David Carter	June 22, 1985
Daniel Melanson	June 7, 2009	Ian Booth	June 23, 2007
Angelo Mazzotta	June 8, 2010	Gillian Berthelot	June 23, 2010
Kathy Phelan	June 8, 1985	Shane Rawlins Mahabir	June 24, 2011
Arpik Patel	June 8, 2012	Melissa Logeman	June 25, 2012
Steven Dafoe	June 9, 2004	Derrick Brooks	June 25, 2010
Glen Micheal Bruce Monro	June 9, 2002	Connor Battah	June 26, 2008
Maureen Wright	June 9, 2002	Christina Grace Glover	June 27, 1999
Margaret Nemeth	June 10, 2003	Heather Goverde	June 27, 2004
Kimberly Ann Whitsitt	June 10, 1994	Olivia Kowalchuk	June 27, 1993
Kelly Eileen Goswell	June 11, 1992	Frank Benczenleitner	June 30, 1989
Brooklyn Ilean Fogg-Conlin	June 12, 2009	Tanya Veinot	June 30, 2006

JULY

Brian Haring	July 1, 1994	Lesley Blackmore	July 18, 2009
Leith Hawker	July 1, 1998	Carter James Duncan	July 18, 2004
Johanna Mary Faith Nesbitt	July 1, 1993	Peter Hansen	July 18, 2001
Shon Hart	July 2, 2006	Keena John Dobbie	July 18, 2011
Kathleen Wels	July 2, 1979	Alyssa Dryden	July 18, 2011
Michael Campbell	July 3, 2009	Michael Watson	July 19, 2008
Laurie (Foreman) Wilkinson	July 4, 1998	Samantha Shirley Baird	July 21, 1999
Paisley Eva Cane	July 5, 2012	Sarah Burnham	July 22, 2003
Juliette Francis	July 7, 2010	Samantha Brittney Babcock	July 23, 1993
Jaedin Davis	July 8, 2003	Bryan Matthew Gainer	July 23, 2000
Jesse Comeau	July 11, 2009	James Johnson	July 24, 2001
Joey Alton	July 12, 2008	Mark Van Den Oetelaar	July 27, 1963
Michael Potter	July 12, 2010	Beverly Warner	July 27, 2002
Craig Beers	July 13, 2003	Andrew Mason	July 28, 2002
Christopher Swindell	July 13, 2000	Andrew Gary McSweeney	July 28, 1994
Danny Tkalec	July 13, 2000	Sara Young	July 28, 1994
Amanda Richardson	July 14, 2007	Tamica Henderson	July 29, 2012
Lauren Nolan	July 14, 2009	Ryan Addison	July 30, 2005
Mattieu Moriarity	July 15, 2003	Shannon York	July 30, 2004
Brandon Niblett	July 16, 2002	Surinder Mehar	July 31, 1999
Derek Garner	July 15, 2007	Patricia (Trish) Peter	July 31, 2004

"If ever there is tomorrow when we're not together.. there is something you must always remember. You are braver than you believe, stronger than you seem, and smarter than you think. but the most important thing is, even if we're apart.. I'll always be with you." Winnie the Pooh (A.A. Milne)



OUR CHILDREN REMEMBERED

Loved, missed and never forgotten

AUGUST

Rick Swale	August 1, 2000	Chris Karam	August 20, 2011
Karyn Chase	August 2, 2010	Ryan J. Haber	August 21, 1999
Dallas Raé Fountain	August 3, 2010	Colin Humphrey	August 21, 2000
Jennifer Copithorn	August 4, 1998	Shawn Presley	August 21, 2000
Brent Foster	August 4, 2007	Murray Schoenau	August 21, 1990
Sydney Young	August 5, 2003	Greg Miles	August 22, 2008
Robert Blain	August 6, 2008	Jamil Mohamed	August 22, 2009
Daniel Caldwell	August 8, 2010	Tucker Taylor	August 22, 2008
Gary Smith	August 9, 2002	Andrew Chaplin	August 23, 2008
Jessica Dale Whitney	August 9, 1998	Emily Stow	August 23, 1999
Lily Maria Kathleen Payne	August 10, 2007	Geoffrey Dykstra	August 24, 2008
Dennis John Zoelman	August 11, 1993	Jeremy Finn	August 24, 2002
Kevin Kliss	August 11, 2011	Liberty Davenport	August 24, 2008
Shayaan Aziz	August 13, 2010	Michael "Shane" Girard	August 25, 1993
Gregg Hayden	August 13, 2005	Paul Strasbourg	August 25, 2009
Frank Aubrey Lessard	August 14, 1997	Jackie Woolridge	August 27, 1999
Christine Crossman	August 14, 2004	Kevin Duhaney	August 27, 2012
Ashton Payetta	August 14, 2010	Sean Robert Aylward	August 28, 2002
Jonathan Stewart	August 14, 2004	Luke Christopher Bachman	August 28, 1998
Jason Kaaz	August 14, 2010	Craig W.D. Green	August 28, 1995
Tiah Ephraim	August 16, 2008	Allesio Caccavella	August 28, 2011
Kale Garry Nichols	August 16, 2001	Steven Mayhew	August 29, 2000
Trisha Banton	August 19, 2009	Alan Brown	August 29, 2012
Mark Vandermeer	August 19, 2008	Constant Germano	August 30, 1993
Trevor Stephenson	August 20, 2000	Cory Fleetwood	August 30, 2012
Annette E. Stewart	August 20, 1989	Paul Anthony Jones	August 31, 1995
Cortney-Lynne Twiddy	August 20, 1994	Alex Novia	August 31, 2008
Tracy Scott	August 20, 2010		

SEPTEMBER

Kelli Mitchell	September 1, 1996	Ryan William Sutherland	September 18, 2009
Adrienne Ferguson-Keller	September 2, 1992	Michael Crover	September 18, 1998
Amanda Ruby Mayock	September 2, 2005	Kelly Darby	September 19, 1999
Jamie Lee Wiznuk	September 2, 2009	Terah Elaine Dawkins	September 19, 2010
Ronald Pogue	September 2, 2012	Paul Turansky	September 19, 2005
Jayla DeSouza	September 3, 2009	Andreas Bollmann	September 19, 2011
Michael Christopher Noseworthy	September 4, 2003	Darren O'Neil	September 20, 2011
Charlotte Mazzotta	September 6, 2012	Julie Carter	September 22, 2000
Omar Ryan Sadler	September 7, 1996	Brian English	September 22, 2002
David Logan	September 7, 2010	Jacquelyn Mason	September 23, 2011
Ashley DeJong	September 9, 2002	Kerri-Lyn Adams	September 24, 2011
Leo Atkinson	September 10, 2003	David Wanamaker	September 25, 2012
Brody James Prebble-Cooper	September 11, 2006	Mike Maher	September 26, 2009
Laura Catherine Pellegrino	September 13, 1990	Rylee David O'Brien	September 27, 2011
Karen Lato	September 13, 1992	Levi Allen	September 28, 2009
Bryan Douglas Gordon	September 14, 2007	Lauren Allen	September 28, 2009
Sean McAvoy	September 16, 2005	Ashley Hamilton	September 28, 2012
Kelly G. Lomax	September 17, 1992	Cassandra Kumarsingh	September 29, 2006
Jake Vanzeyl	September 18, 1998	Andrea Nott	September 30, 2002

"Our joys will be greater, our love will be deeper, our life will be fuller because we shared your moments"

- Author Unknown