

June 25th, 2011

A Message from the Board of Directors

Dear Members and Friends of BFO-Durham Region,

There have been some changes to the Board of Directors. Gary Goswell has been our Chair of the Board for 9 years now, and in January decided to step down from that position. Gary's dedication to BFO-Durham is well known and he has served our organization for many years in memory of his beloved daughter Kelly. Gary managed to lead BFO-Durham in a warm, friendly manner that all of us as bereaved parents respected and enjoyed. Gary is continuing to volunteer as a consultant to the Board and remains a loved, respected and valued member of BFO-Durham.

I accepted the role of Chair of the Board in February and I hope the caring, warm nature of BFO-Durham continues for years to come. I have been a Director of the Board for 9 years and volunteer in memory of my daughter Leah Speare. We are fortunate to have had three new people join the Board; Joyce Schneider, Jane Carter and Micheline Ball.

All of our BFO-Durham Board members are bereaved volunteers who dedicate at least 1-3 hours a week to BFO. Meeting once a month to discuss such topics as future program development, financial overviews and up and coming event status, Board members also find themselves actively involved in other areas of the organization from facilitating "one on one's" to assisting in Family Support Nights. This is a managing board that works closely with the Executive Director providing direction and expertise. As there have been some recent additions to the Board, so we thought it would be helpful to let you know who we are.

Here are the current members of our Board of Directors, 2011:

Cheryl Cullis, Chair Louise O'Donnell, Co-Chair Marian Rehr, Director/Treasurer Margaret Fortune, Director Joyce Schneider, Director Jane Carter, Director Micheline Ball, Director/ Secretary On behalf of your Board of Directors, I hope you find some solace in BFO-Durham as you navigate

Yours sincerely,

Cheryl Cullis, Chair, Board of Directors, BFO-Durham

the difficult path of grief.

Bereaved Families of Ontario Durham Region

An Association of Families who have lost a child through death.

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Margaret Devecseri - Executive Director -

> Cheryl Cullis - Board Chair -

Meet our New Executive Director

My name is Margaret Devecseri. I recently joined Bereaved Families of Ontario Durham Region with a position as Executive Director.

I am honoured to be able to be a part of such an important non-profit organization with volunteers who so tirelessly assist and comfort parents within our community who have lost a child through death.

As a bereaved mother, I understand the importance of the support and services that are being offered within this organization by our volunteers to the community members struggling to cope with such a tragic loss in their lives.

It is important to know that there are other bereaved parents within the community that understand, empathize and want to help others.

I look forward to watching Bereaved Families of Ontario Durham Region flourish through our tireless volunteers, outreach and fundraising so that we may continue to assist bereaved parents of our community and help the healing process begin.

I would like to extend my special thank you to our board members and all the dedicated volunteers for their warm welcome and endless help.

I would also like to welcome bereaved parents to our organization, and encourage you to trust us to comfort and support you with your grief in your greatest time of need.

My warmest regards and may God bless you all.

Margaret Devecseri Executive Director

Bereaved Families of Ontario Durham Region

Our Co-op Student Bids Farewell

My 14 weeks at Bereaved Families of Ontario-Durham Region has truly been an unforgettable experience. Not only was I able to work with wonderful staff and volunteers, but I was able to apply the skills and knowledge I have learnt from school in a real life environment. Working on the walk was something I really took to heart. I am very grateful for the opportunity I had to work for such a special organization. Even though I am not a bereaved parent myself, I truly look up to all of you. You are all such strong, loving people who are able to carry on after such a terrible time. One thing I know for sure is that all of your children are watching over you extremely proud. Therefore, I leave you with my deepest thanks as you have touched my heart, and I wish you all the very best.

Laryssa Hulcio

2011 Walk to Remember

Families came together on Sunday, March 6, 2011 to walk in memory of their lost loved ones for Bereaved Families of Ontario-Durham Region's annual Walk to Remember event at the Five Points Mall in Oshawa, Ont. Thanks to everyone's help, the walk was a great success! This year, Bereaved Families of Ontario-Durham Region raised over \$9,000, which will help maintain our free programs and services for families across the region.

The morning began with opening remarks by Sharon Sears, followed with a poem read by Laryssa Hulcio, called "Walk to Remember." Next was an energetic warm-up by Donna Davidson to kick things off. During the walk, we were entertained with melodic tunes by the Charles Street Band and Catherine Meunier, a harpist. Families and friends were able to enjoy the peaceful atmosphere while they shared memories and smiles with loved ones.

This year's memory banner was graciously donated by the Menard family, in memory of their daughter, Jordan Eva Menard. To honour the memory of their children, walkers placed a picture of their loved one onto the memory banner along with a personal message. The banner will remain in the office until next year's walk. Walkers were also able to obtain commemorative buttons with their child's photo, thanks to Sporting Images, who donated the button machine. SNAP Oshawa also joined us at the walk this year and took some wonderful pictures. You can view the pictures online at the following link:

http://www.snaposhawa. com/?option=com_ sngevents&id[]=249233

The special morning concluded with the poem "Remembering You" read by Lauren Sears, as well as closing thoughts and prize announcements by Sharon Sears.

This year, gracious donors and corporate sponsors contributed to an unforgettable event for all. Once again, the beautiful owl print was donated and raffled off by Colleen Timmins in memory of her son Greg, who sketched the drawing before his passing. Special thanks to our wonderful clowns Kathy and Ed Young who entertained the children during the walk with fun-shaped balloons and face paintings. Also, following people and organizations who donated gifts for our large pledge earners. Thanks to Mark Geens from LaFarge Canada who donated the Raptor tickets; Margaret Fortune for her donation as a Personal Organizer, valued at \$400; Newcastle Funeral Home for their donation of \$100; Armstrong Funeral Home who donated the Maple Leaf and Oshawa General tickets; and McIntosh-Anderson Funeral Home who donated the Keg gift certificate and Oshawa Generals tickets.

Lastly, we would like to thank all our wonderful volunteers, staff, families and organizations that assisted. Whether it was behind the scenes, helping out at a table or donating a prize for the prize table, it was greatly appreciated. Your continued time and efforts are very much needed and cherished.



Participants gather at Five Points for the annual Walk

Our Children Remembered......

Christopher Logan Woods Taelyn Marie Peckford Laura Irene Macdonell Timothy Shane McDonald Tessa Agelopoulos Christina de Vries-Roach Nicholas David Willaim Hutchison Chloe Mounsey Daniel Melanson Angelo Mazzotta Kathy Phelan Steven Dafoe Glen Michael Bruce Monro Maureen Wright Margaret Nemeth Kimberly Ann Whitsitt Kelly Eileen Goswell Brooklyn Ilean Fogg-Conlin Gunner Aaron Terry Mayhew Christopher Dennis Penny Corey Grentz Michelle Marie Meagher Melissa Jean Wilson David Gregory Schneider Kohwyn Babcock Edward Erwin Lorna Ellen Buzzell Paul David Carter Ian Booth Gillian Berthelot Connor Battah Christina Grace Glover Heather Goverde Olivia Kowalchuk Frank Benczenleitner Tanya Veinot Brian Haring Leith Hawker Johanna Mary Faith Nesbitt Shon Hart Kathleen Wels Michael Campbell Laurie (Foreman) Wilkinson Juliette Francis Jaedin Davis Jesse Comeau Joey Alton Michael Potter **Craig Beers Christopher Swindell** Danny Tkalec Amanda Richardson Mattieu Moriarity Brandon Niblett Derek Garner Lesley Blackmore Carter James Duncan Peter Hansen Michael Watson

June 1, 2005 June 2, 2010 June 4, 1994 June 4, 2006 June 6, 2007 June 6, 2004 June 6, 1999 June 6, 2007 June 7, 2009 June 8, 2010 June 8, 1985 June 9, 2004 June 9, 2002 June 9, 2002 June 10, 2003 June 10, 1994 June 11, 1992 June 12, 2009 June 13, 2004 June 14, 1995 June 14, 2010 June 15, 2009 June 18, 1990 June 20, 1998 June 20, 2010 June 21, 2003 June 22, 1998 June 22, 1985 June 23, 2007 June 23, 2010 June 26, 2008 June 27, 1999 June 27, 2004 June 27, 1993 June 30, 1989 June 30, 2006 July 1, 1994 July 1, 1998 July 1, 1993 July 2, 2006 July 2, 1979 July 3, 2009 July 4, 1998 July 7, 2010 July 8, 2003 July 11, 2009 July 12, 2008 July 12, 2010 July 13, 2003 July 13, 2000 July 13, 2000 July 14, 2007 July 15, 2003 July 16, 2002 July 15, 2007 July 18, 2009 July 18, 2004 July 18, 2001 July 19, 2008

Samantha Shirley Baird Sarah Burnham Samantha Brittney Babcock Bryan Matthew Gainer James Johnson Mark Van Den Oetelaar Beverly Warner Andrew Mason Andrew Gary McSweeney Sara Young Rvan Addison Shannon York Surinder Mehar Patricia (Trish) Peter **Rick Swale** Dallas Rae Jennifer Copithorn Brent Foster Sydney Young Daniel Caldwell Gary Smith Jessica Dale Whitney Lily Maria Kathleen Payne Dennis John Zoelman Shayaan Aziz Gregg Hayden Christine Crossman Ashton Payette Jonathan Stewart Tiah Ephraim Kale Garry Nichols Trisha Banton Mark Vandermeer Trevor Stephenson Annette E. Stewart Cortney-Lynne Twiddy Tracy Scott Ryan J. Haber **Colin Humphrey** Shawn Presley Murray Schoenau Greg Miles Jamil Mohamed **Tucker** Taylor Andrew Chaplin Emily Stow Geoffrey Dykstra Jeremy Finn Frank Aubrey Lessard Michael "Shane" Girard Paul Strasbourg Jackie Woolridge Sean Robert Aylward Luke Christopher Bachman Craig W.D. Green Steven Mayhew Constant Germano Paul Anthony Jones Alex Novia

July 21, 1999 July 22, 2003 July 23, 1993 July 23, 2000 July 24, 2001 July 27, 1963 July 27, 2002 July 28, 2002 July 28, 1994 July 28, 1994 July 30, 2005 July 30, 2004 July 31, 1999 July 31, 2004 August 1, 2000 August 3, 2010 August 4, 1998 August 4, 2007 August 5, 2003 August 8, 2010 August 9, 2002 August 9, 1998 August 10, 2007 August 11, 1993 August 13, 2010 August 13, 2005 August 14, 2004 August 14,2010 August 14, 2004 August 16, 2008 August 16, 2001 August 19, 2009 August 19, 2008 August 20, 2000 August 20, 1989 August 20, 1994 August 20 2010 August 21, 1999 August 21, 2000 August 21, 2000 August 21, 1990 August 22, 2008 August 22, 2009 August 22, 2008 August 23, 2008 August 23, 1999 August 24, 2008 August 24, 2002 August 24, 1997 August 25, 1993 August 25, 2009 August 27, 1999 August 28, 2002 August 28, 1998 August 28, 1995 August 29, 2000 August 30, 1993 August 31, 1995 August 31, 2008

A Special Thank you

We are lucky to have an additional person in the office and want to acknowledge the hard work of our member and office support person, Sharon Sears. Working with the ED and the volunteers, she ensures the smooth day to day operation of our organization.

Thanks to our Volunteers

BFO-Durham is especially grateful to all of our dedicated volunteers. You are what make it all possible, and give meaning to the words "the bereaved helping the bereaved learn to live with grief."

Facilitators, One-on-One Support: Jane Carter, Sharon Sears, Jackie Foster, Magda Zoelman, Maggie Fortune, Angela White, Joan Pearson, Denise Love, Michelle Murray, Denise Robinson, Nichole Dickoff, Charlotte McMorrow, Louise O' Donnell, Cheryl Clarke.

Office Volunteers: Denise Love, Magda Zoelman, Marlene Charewicz, Angela White, Caroline Goswell

Newsletter Committee: Michael and Joyce Schneider

Speaker's Bureau: Gary Goswell

Family Support Night Coordinator: Caroline Goswell

Anniversary letters: Joan Pearson

Librarian: Denise Love



Summer Drop-in Schedule B.F.O. Office

July Drop-Ins:

Infant loss Drop-in July 4^{th} 7-9

Evening Drop-ins July 13th 7-9 July28th 7-9

Afternoon Drop-in July 18th 1-3

August Drop-Ins

Infant loss Aug. 8th 7-9

Afternoon Drop-in Aug 22th 1-3

Evening Drop-in Aug 25th 7-9

My Son Steven



I walked away that morning, without a backward glance, The last time I would hold you or see your beautiful face, The last time I would kiss you and feel your strong embrace.

So solid and so real, so vibrant and alive, A bappy face with twinkling eyes, my fine young man, my child. My only son, my Steven, the apple of my eye, So cruelly taken from me, I never said goodbye.

The shattered remnant of my heart is strangely beating still, with holes so black and fathomless no light could ever fill. I don't know how I face each day without my darling son. Gone is all the happiness, the love of my life, the joy.

The years stretch on before me, so black and dark and long. I pray you walk beside me, son, and help to keep me strong. And when my life is over, come to me on that day, And smile at me and hold me tight and carry me away.

The wind whispers through the trees, the brightest star at night, A rainbow on a dismal day, a shaft of golden light, All these are signs you send to me, a message from above, That even death can't break the bonds of Son and Mother Love.

Love you forever,

Mom

Margaret Devesceri