

# BEREAVED FAMILIES OF ONTARIO-DURHAM REGION

# NEWSLETTER

BEREAVED, HELPING THE BEREAVED LEARN TO LIVE WITH GRIEF"

ISSUE 1

### www.bfodurham.net

2019

### **BFO-D New Web SITE**

WE ARE PLEASED TO ANNOUNCE THAT OUR NEW WEB SITE IS NOW LIVE. PLEASE BE SURE TO VISIT THE NEW SITE; YOUR FEED-BACK WOULD BE GREATLY APPRECIATED.



### **ANGELS TREE OF LIGHT CEREMONY**



On Thursday, November 22<sup>nd</sup> BFO Durham Region held its annual Angels Tree of Light Ceremony at the Durham District School Board. A large crowd was in attendance. This year, the angel chosen featured an angel silhouetted within a circle. The tree looked so beautiful, adorned with over 600 angels and white lights. Each angel had the name of a loved one hand-written on gold ribbon. Each one represented a loved one sadly missed by their families and friends throughout the year, but especially now during the holiday season.

Jane Carter (Executive Director, BFO Durham) welcomed everyone to the ceremony with soothing words as this can be a difficult time, especially for those experiencing a loss for the first time. She was ably assisted by Gary Goswell (Chair, Board of Directors, BFO-D).

Opening Remarks were given by Rev. Maureen McLellan. Her gentle words gave advice, encouragement and support to the audience. She touched on her own experiences of loss and spoke with empathy.

This year, the tree was dedicated by Kelly Fitzpatrick in memory of her daughter, Racquel Granato. Kelly spoke eloquently of the challenges faced by all who have lost a loved one, especially at this time of year. She encouraged all present to reach out to each other and realize that we are not alone. In closing, using the title of the book in which Racquel's poem is published, Kelly wished all present, "Serenity".

(cont'd on Page 3)

### **EVENT CALENDAR**

#### FEBRUARY 2019

Infant Loss Drop-In Monday 4th, 7-9 p.m.

**Afternoon Drop-In** Monday 11th, 1-3 p.m.

**Evening Drop-In** Wednesday 13th, 7-9 p.m.

FAMILY DAY - OFFICE CLOSED

Monday 18th

Fathers' Drop-In Thursday 21st, 7-9 p.m.

**Reconnect Drop-In** Monday 25th, 7-9 p.m.

**Evening Drop-In** Thursday 28th, 7-9 p.m.

#### **MARCH 2019**



**WALK TO REMEMBER** Sunday 3rd, 9:15-11 a.m.

Infant Loss Drop-In Monday 4th, 7-9 p.m.

**Evening Drop-In** Wednesday 13th, 7-9 p.m.

**Afternoon Drop-In** Monday 18th, 1-3 p.m.

Fathers' Drop-In Thursday 21st, 7-9 p.m.

Reconnect Drop-In Monday 25th, 7-9 p.m.

**Evening Drop-In**Wednesday 28th, 7-9 p.m.

PLEASE NOTE THAT THESE DATES ARE SUBJECT TO CHANGE. CHECK THE BFO-D WEB SITE REGULARLY FOR CHANGES WHICH MAY OCCUR DUE TO UNFORESEEN CIRCUMSTANCES.

(SEE PAGE 4 FOR APRIL AND MAY CALENDAR DATES)

### A MESSAGE FROM YOUR EDITOR

The beginning of 2019 has been a time of change for BFO-Durham. As most of you are probably aware, we have taken up residence in a new facility and we welcome you to drop by and check it out. We have also launched a new Web Site, effective this month. We are very pleased with the changes which have occurred in the last month or so. We now have the space to hold concurrent programs and fundraisers, we are handicap accessible, have plenty of parking and we also have much needed storage.

To say that 2018 was a successful year for fundraising is an understatement. The list below includes all the fundraisers for the past year:

The Walk to Remember; Beach Dance; Brent Foster Ride to Remember; Christine Shannon, Shandex; Lauren Wright Memorial Slow Pitch Tournament; Reed Golf Tournament; Durham Region Transportation Association; Tilley-Bradley Memorial Golf Tournament; Super Dave Memorial Golf Tournament, Aviva Community Fund; Bike, Blade, Board 4 Blake; 100 Women Who Care—Pickering, Ajax, Whitby; 100 Women Who Care—Clarington; 100 Men of Clarington; "Raquel's Chair—A Rose Given to her" Dinner and Dance; Project 51, and The Angels Tree of Lights.

We wish to thank all those who were instrumental in raising these funds and to all volunteers who give so much of their time to our organization. Without all of you this would not be possible.

Please check the "Future Fundraisers—Save the Dates" section in this newsletter for this year's proposed fundraisers. If you have any ideas for fundraisers, please contact Jane in the office, either by phone or e-mail and these will be presented to the Board for their approval.



~ Micheline Ball, Newsletter Editor

### "THE WILLINGNESS TO VOLUNTEER IS A SELFLESS ACT"

ONE-ON-ONE AND GROUP SUPPORT FACILITATORS - Jane Carter, Charlotte McMorrow, Margaret Fortune, Magda Zoelman, Sharon Sears, Nichole Dickhoff, Denise Love, Jackie Foster, Denise Robinson, Angela White, Yvette Byrne-Menard, Colleen Timmins, Louise O'Donnell, Lisa Fogg, Rebecca Alley-Wilson, Donna Christie, Vicki Davis, Sherene Donovan, Gary Goswell, Chris Garvey, Wayne Wanamaker, Cara Tunney, Sherry Lancaster, Chantelle Gaudette, Sherry Mitchell, Penney-Claire Tilley, Joe Tilley, Andrea Onley, Jonathan Onley, Greg Wright, Brad Brown, Jennifer Carter, Karen Beckett, Kelly Fitzpatrick, Rocco Granato, Kathie Hill, Lorraine Kingsley, Evelyn Rudd, Kirsty Sinclair, Linda Wiseman, Debby Kelly, Wendy Topham, Leta Fitzgerald, Coleen McKeown, Linda Watson, Megan Muir, Adele Davidson, Eric Davidson, Ken New, Marjorie Whitehouse, Debbie Kelly and Tammy Johnson.

LIBRARIAN - Denise Love

OFFICE VOLUNTEERS - Denise Love, Marlene Charewicz, Bev Campbell, Beth Bryan

Anniversary Letters - Office staff

WEB SITE - Ronda Evans, Louise O'Donnell, Micheline Ball, Linda Watson

**NEWSLETTER EDITOR - Micheline Ball** 

MOTHERS' RETREAT - Susan Hendricks and Joyce MacIntyre

ONE OF THE GREATEST GIFTS YOU CAN GIVE IS YOUR TIME

BFO-DURHAM BOARD OF DIRECTORS - Gary Goswell, Louise O'Donnell, Marian Rehr, Wayne Wanamaker, Margaret Fortune, Sharon Sears, Chris Garvey, Micheline Ball

#### YOUR FEED-BACK IS VERY IMPORTANT!!

PLEASE CONSIDER CONTRIBUTING TO THIS NEWSLETTER, WHICH IS A VOICE FOR THE BEREAVED. WE ENDEAVOUR TO KEEP YOU AS UP TO DATE AS POSSIBLE WITH ALL ON-GOING INFORMATION AND WOULD LIKE YOUR HELP; SHARE YOUR THOUGHTS, IDEAS OR REQUESTS THROUGH THIS VENUE. RECOMMEND A BOOK AND WRITE WHAT YOU LIKE ABOUT IT. SHARE YOUR STORY, SUBMIT A POEM, OR TELL OF THINGS THAT HAVE HELPED YOU ALONG YOUR GRIEF JOURNEY. WE THANK YOU IN ADVANCE FOR GETTING INVOLVED!

### REFLECTIONS FROM YOUR EXECUTIVE DIRECTOR

I am happy to announce that we have at last settled in to our brand new facility at 948 Simcoe St. North. As many of you are aware, this milestone has been a long time in the making, however most would agree, well worth the wait. We plan on hosting an Open House for all to visit and celebrate BFO-Durham's new home. A date has yet to be established, but we will notify you in the next very short while. I wish to sincerely thank the many committed volunteers who helped out with our move. A big thank you and high fives to our Board Members, without whose dedication and foresight an undertaking of this magnitude could never have been achieved.

We are currently arranging a number of support groups for moms and dads. The Mothers' group will start on Tuesday January 22, 2019, while the Fathers' group will be scheduled for some time in March. We hope to have another Mothers' group in the spring, as well. If you would like to sign up for the moms' or dads' group, please contact the office. We are also starting a facilitator training in the very near future and if you are considering becoming a facilitator at BFO-Durham, please contact the office as soon as possible. We are currently examining our options for a children's program and will update you as soon as we have more information.

We have had several requests to start a "Reconnect Drop-In" from parents. For the time being we will have a dropin the last Monday of each month for child loss only. A "Reconnect" is for parents who have completed a closed group and want to meet with other parents.

At this time, we are busy planning our 2019 **WALK TO REMEMBER**, scheduled for Sunday March 3<sup>rd</sup> at the Whitby Mall. If you are able to help out with the planning or can donate a prize for this event, it would be greatly appreciated. In closing, I would like to wish everyone a healthy and peaceful 2019.

~ Jane Carter

# ANGELS TREE OF LIGHT CEREMONY (CONT'D)

Stephen and Sherry Stickney and family had the honour of lighting our tree this year, in memory of their son and brother, Journey and also in memory of Sherry's sister, Dove.

As the lights in the auditorium dimmed, only the tree shone out in the darkness. There was a moment of silence for reflection.

Following the reflection, there was a musical tribute to the "angels". Sabrina Moreino performed, "Lullabye (Goodnight, My Angel)", in memory of her sister Paulina Mary and then Jonathan Onley performed, "When The Rain Comes", in memory of his daughter Sarah. Both performances were very moving and received much deserved applause from the audience. Finally, the ceremony concluded with the Responsive Reading led by Beth Bryan and her sister Denise Bailey in memory of their daughter/niece, Heather.

After the ceremony, there was an opportunity to mingle and share stories over light refreshments. This special evening could not have taken place without the hard work and dedication of the following people:

Angel Tree Committee: Caroline Goswell (Chair), Beth Bryan, Bev Campbell, Jane Carter, Marlene Charewicz, Anita Fellows, Denise Love, Sharon Sears, Kirsty Sinclair, Joyce Smith, Linda Watson and Magda Zoelman. Also a big thank you to all our young (and young at heart!) volunteers who helped the night before with set up and all the hard work before, during and after the ceremony.

A special thanks to the office volunteers, Beth Bryan, Bev Campbell and Marlene Charewicz and to Marian Rehr for volunteering each year at the donations table.

Many thanks to John McManus for the soothing strains of guitar music prior to the ceremony and thanks also to Tara Rekker-Geisbrecht for providing the beautiful poinsettias.

Finally, thanks to the following sponsors who contribute to the success of this event:

Minute Man Press (Whitby)

M&M Meat Shops (Joyce & Paul Smith)

McDonalds Whitby (Marlene MacKinnon)

Park Plastic Products Inc. (Moe Aftab, Sales Manager)

This annual ceremony is very special to all of us at BFO Durham. We hope it provided comfort and support to all who attended.

~ Caroline Goswell, Angels' Tree of Light Committee Chair

### **UPCOMING EVENTS**

### THE BOARD OF DIRECTORS' CORNER

#### **APRIL 2019**

**Evening Drop-In** Wednesday 10th, 7-9 p.m.

**Afternoon Drop-In** Monday 15th, 1-3 p.m.

Fathers' Drop-In Thursday 18th, 7-9 .m.

**GOOD FRIDAY—OFFICE CLOSED**Friday 19th

**Evening Drop-In** Thursday 25th, 7-9 p.m.

**Reconnect Drop-In** Monday 29th, 7-9 p.m.

#### MAY 2019

Infant Loss Drop-In Monday 6th, 7-9 p.m.

**Evening Drop-In** Wednesday 8th, 7-9 p.m.

**Afternoon Drop-In** Monday 13th, 1-3 p.m.

Fathers' Drop-In Thursday 16th, 7-9 p.m.

VICTORIA DAY—OFFICE CLOSED

Monday May 20th

Evening Drop-in Thursday 23rd, 7-9 p.m.

Reconnect Drop-In Monday 27th, 7-9 p.m. Louise O'Donnell, BFO-D Co-Chair, was approached by her employer to present an inhouse "TED" talk, regarding her work as a Volunteer, to coincide with their United Way Campaign. This has led to a number of employees directing their United Way Donations to BFO-Durham. What follows is what Louise wrote and presented. Take the time to read this and you will realize why BFO-D's volunteers are so crucial to our organization.

"Just imagine for a moment that a Police Officer knocks on your door and say's "I'm sorry to tell you, there's been an accident, your son/daughter has died". These are words that are every parent's worst nightmare, the ultimate tragedy. I would say it's our deepest, most primal fear as parents. It takes your breath away; it breaks you as a human being.

We can all relate to a few tragedies that have occurred this year; in Saskatchewan with the Homboldt Broncos. That one event claimed the lives of 10 young men and other members of the team. I know it shook me and a lot of people here, in Canada, and all around the world. This story made the headlines for days, weeks, even months. Most recently, the shooting on the Danforth where the lives of two young girls were taken.

For those who are not directly affected, we go back to our normal lives. Not so for the moms, the dads, the friends and families. They are trying to find a "new normal" without their children. This is now a life sentence of grief. During the early days of grieving, most parents experience deep physical and emotional pain that alternates with numbness that lasts for months or longer. Many parents who have lost their son or daughter say they feel that they can only "exist" and anything beyond that seems nearly impossible. Coping with the death and loss of a child requires some of the hardest work one will ever have to do.

(cont'd on page 5)

### **2018 Brunch WITH SANTA**

Another Holiday season began with a fabulous event full of family, fun and celebration! On Sunday, December 3<sup>rd</sup> the Brunch with Santa was held at Harmony Creek Community Centre in Oshawa. Over one hundred families were treated to a delicious pancake brunch, games, crafts, face painting, a jumpy castle and special guests Anna (from Frozen) and Batman. When Santa arrived, he made time to speak to each child, and even had a small pre-Christmas gift for each of them. Thank you to everyone who donated prizes for our raffle table, they were wonderful!

A very big thank you to our Brunch with Santa Committee for all their hours of dedication: Bev Campbell, Karen Fish, Sara King, Andrea Onley, Nicole Dickhoff, Sharon Sears, Heather Butler, Shawna Butler, Abigail Warren, Kalista Wilson and several of their friends; to Marian Rehr and Sharon Sears for doing a great job in the kitchen.

Happy New Year from the BFO-D Brunch wit Santa Committee! We wish you all the best in 2019 and hope to see you in December!







# THE BOARD OF DIRECTORS' CORNER (CONT'D)

You might be asking yourself, "how does she know this". On May 20<sup>th</sup>, 1999, my youngest son Kevin died in an accident. He was 6. He was healthy. He was perfect. How could this happen, to us, to Kevin? How was my family going to heal from this? The death of child is complicated. It's not in the natural order of life.

We were different, we were broken. We had to rebuild ourselves from the ground up. My analogy that I use is I had to put this huge life puzzle back together. I started with the 4 corners (seems easy), then the frame (still easy, but getting harder). Then I had to try to put all the pieces back together. But no matter how many times I tried to put my puzzle together, it was incomplete. That one puzzle piece was missing. I couldn't put my puzzle back together because no matter what I did, Kevin's piece was gone forever.

After months of feeling empty, hopeless, we were referred to an organization called Bereaved Families of Ontario. I had never heard of them. I didn't even know what the word bereaved meant. BFO quickly became our lifeline. We met so many bereaved moms and dads in our community who just wanted to help us. Just the thought that we were not alone made the journey possible. The grief and healing didn't happen overnight. A part of us died when Kevin died. We did the things that needed to be done, but it was exhausting.

BFO works on a self-help, mutual aid model, where Bereaved Parents help other Bereaved Parents learn to live with the loss of a child. The organization was founded by 4 mothers who lost children at Sick Kids. There are now 11 chapters across Ontario and unfortunately, the membership grows yearly.

The membership is FREE, but to become a member, it comes at the ultimate cost, the death of a child. We say, "It's not a club anyone wants to join, but, thank God it's there".

BFO gave me a new purpose in life. Kevin gave me a new purpose. Although Kevin was gone, he was not lost. He was my Mentor and is by far my greatest teacher. How can a 6-year old child make such an impact in the world? His light was not extinguished when he died. His light became stronger. He sparked a light in me.

My "new normal" was when I decided to give back what was given to me.....HOPE. I started volunteering with BFO in Durham where we live. For the past 18 years, I've been involved in fundraising activities, I became a trained facilitator, provide one on one support, facilitate evening drop-ins, facilitate 12-week closed groups. For the past 10 years I have provided yearly training to bereaved parents to teach them how to become facilitators and have been on their Board of Directors for 18 years and am working on developing their new website. What I find to be the most fulfilling is when I work with parents and go through a 12-week closed group with them. At the beginning, they can barely talk, but at the end of the 12 weeks, they are able to carry a conversation and laugh without guilt. I like to think that my son Kevin plays a huge role in this.

This organization helped us heal and gave us hope for our future. They taught me how to breathe, find joy and how to go on without Kevin. I have very strong spiritual beliefs and the first person I want to see when I leave this world is my son. I want him to say to everyone in heaven..... "that's my mom".

I encourage you to find a cause. We all have something that we're passionate about.

The 3<sup>rd</sup> paragraph of our Credo states...." we are responsible for our communities and that we must be good citizens".

I will leave you with this thought, this was written by one of the most well-known authors in history, William Shakespeare:

"THE MEANING OF LIFE IS TO FIND YOUR GIFT. THE PURPOSE OF LIFE IS TO GIVE IT AWAY"

### **GROUP ROOMS SPONSORSHIP**

**SPECIAL THANKS GO OUT TO:** 

ERIC AND ADELE DAVIDSON—IN MEMORY OF THEIR DAUGHTER,

VIOLET "BABE" DAVIDSON; AND

WES AND DONNA MASON—IN MEMORY OF THEIR DAUGHTER,

JACQUELYN "JACKEY" MASON;



FOR THEIR SPONSORSHIP OF THE TWO GROUP ROOMS IN BFO-D'S NEW PREMISES.

# THE WALK TO REMEMBER 2019

### WALK TO REMEMBER 2019

ANNUAL FUNDRAISING EVENT FOR THE BEREAVED FAMILIES OF ONTARIO /

**DURHAM REGION** 

Let's do it together
to remember our
children in a supportive
environment.

Sunday, March 3, 2019

Whitby Mall

1615 Dundas St., E.

Whitby, Ont.



### PROJECT 51



BFO-Durham in conjunction with WoWiCa (Adele and Eric Davidson) have released a game for apple and android phones that combine an opportunity to donate to BFO-D while receiving a fun match three game for your apple/android phone or iPad/tablet.

BFO-D will receive a guaranteed minimum of 51% from each and every download (also including, if you decide to do them - in-app purchases - i.e. buy extra diamonds).

Family and friends can all share in the fun of playing a game, while helping BFO-D to continue their work in the community. As the game is available across the globe, relatives and friends abroad can also download the game and support BFO-D.

For iPhone/iPad the game can be downloaded from the apple store by searching for **bfo durham**.

For android phones/tablets the game can be downloaded from Google play by searching for **bfo durham**.

### **AVIVA COMMUNITY FUND**

THIS PAST AUGUST MARKED THE EXPLORATION OF AN EXCITING OPPORTUNITY FOR OUR BFO DURHAM ORGANIZATION. MARIAN REHR, ONE OF OUR FOUNDING MEMBERS, SUBMITTED AN APPLICATION TO THE AVIVA COMMUNITY FUND PROGRAM. AS PART OF THAT PROCESS, MARIAN EXPLAINED VARIOUS WAYS IN WHICH WE COULD UTILIZE FUNDING IF SELECTED. AVIVA AIMS THROUGH THEIR GENEROUS FUNDING TO AUGMENT ACCESSIBILITY TO VOLUNTEER SERVICES PROVIDED BY OUR COMMUNITY. OUR PRIMARY FOCUS WAS THE CONTINUATION OF NO COST SERVICES FOR BEREAVED FAMILIES WITHIN THE DURHAM REGION. HER WRITE UP WAS ACCEPTED.

THE NEXT STEP WAS TO ENTICE MEMBERS, FAMILY AND FRIENDS TO CAST THEIR VOTES OF CONFIDENCE IN OUR GROUP. I WOULD LIKE TO THANK EVERYONE WHO VOTED AND ALSO THOSE WHO STEPPED UP TO FURTHER GET THEIR FRIENDS AND FAMILIES TO VOTE. YOU ALL WORKED SO HARD TO MAKE THIS HAPPEN. OUR HOPE WAS THAT WITH ENOUGH VOTES, WE WOULD JOIN A GROUP OF TOP FIFTY CHARITIES WHO WOULD EACH WIN A \$10,000 GRANT.

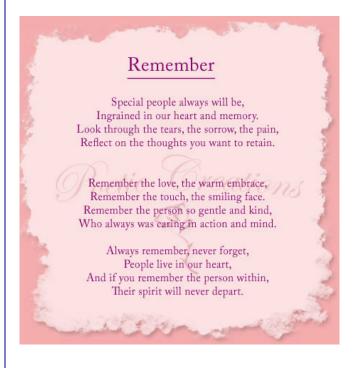
AND SO WE WAITED, PATIENTLY, UNTIL THE END OF NOVEMBER - WHEREUPON AVIVA ANNOUNCED THEIR LIST OF FIFTY HIGHEST ACHIEVERS. AVIVA'S WEBSITE SOON AFTER FEATURED A SHORT VIDEO OF SOME OF OUR BFO-D MOMS RECEIVING THE GREAT NEWS - WE WON!

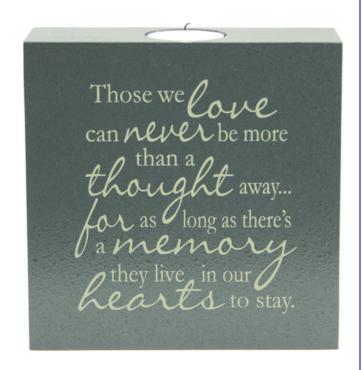
AVIVA'S FINANCIAL SUPPORT HAS ALLOWED US MORE SPACE TO CONTINUE ESSENTIAL PROGRAMS. IT HAS HELPED FURNISH A SECOND GROUP ROOM. IT WILL ALLOW US TO HAVE THE LEGROOM FOR FAMILY SUPPORT NIGHTS, SIBLINGS GROUPS FOR YOUNGER CHILDREN AND A SPACIOUS FACILITY FOR FUTURE FUNDRAISERS.

I WOULD LIKE TO EXTEND OUR HEARTFELT THANKS TO AVIVA COMMUNITY FUND FOR THIS OPPORTUNITY. THEIR GENEROSITY HAS MADE POSSIBLE A MUCH-ENHANCED ENVIRONMENT FOR ALL TO SHARE IN.

~ JANE CARTER

### REMEMBERING





### CO-OP DURHAM COLLEGE STUDENT

Hello! My name is Mauricio Cuellar. I'm in my final year of the Public Relations program at Durham College and I'm honoured to have the opportunity to complete my non-profit placement at Bereaved Families of Ontario – Durham Region (BFO-D) as a Public Relations intern.

I'm working on the upcoming "Walk to Remember" event scheduled for Sunday, March 3. The objective is to raise funds to create more spaces and opportunities to support bereaved families, as well as to leave a good feeling within the participants who come to remember their loved ones in a happy environment.

What I love about BFO-D is its focus on the people and how it is managed and supported by its members, local businesses and the community at large. Everybody works together to commemorate their loss. I feel grateful to be a part of the team and to contribute in helping families cope with their loss and with the healing process.

I'd like to thank Jane Carter for giving me the opportunity of working at BFO-D and for the warm welcome.

I look forward to meeting you in the office as well as at the Walk. Please, save the date and join us for the "Walk to Remember". We're working on a very special event for all of you.

### **OUR DEEPEST CONDOLENCES**

Our thoughts are with:

Ken and Louise O'Donnell on the loss of their sister/sister-in-law, Karen Parker

Marjorie Whitehouse, on the loss of her mum, Mary Goan

#### CONGRATULATIONS

We wish to congratulate Stephen and Megan Muir on the safe arrival of their son, Douglas Stephen Muir on November 26, 2018. Mom, Dad and Baby are all doing well. Douglas was handpicked by his brothers in heaven.

### **SPECIAL RECOGNITION DONATIONS**

KYLE AND TAYLOR RUBISCH
HELEN VATANDOUST

STAFF ASSOCIATION, DURHAM DISTRICT SCHOOL BOARD
WINSTON HIND
ALDGATE CONSTRUCTION LIMITED
DURHAM SHOESTRING PERFORMERS, OSHAWA
TERACYLE CANADA INC.

100 WOMEN WHO CARE - PICKERING, AJAX AND WHITBY
100 WOMEN WHO CARE - CLARINGTON
100 MEN OF CLARINGTON
JEANETTE ADAMS—IN HONOUR OF HER BIRTHDAY
SHANDEX
T.M.I.G.—MUNICIPAL INFRASTRUCTURE GROUP

"WE THANK YOU FOR HELPING US SO THAT WE CAN BE SUCCESSFUL IN OUR FUTURE"

#### BEREAVED FAMILIES OF ONTARIO — DURHAM REGION

948 Simcoe Street North, Oshawa L1G 4W2
Tel: 905-579-4293 / Fax: 905-579-7403 / Toll Free: 800-387-4870
E-mail: bfodurham@bellnet.ca / Web Site: www.bfodurham.net
Charitable Registration #861619880RR0001

OFFICE HOURS
MONDAY TO THURSDAY — 10 A.M. TO 3 P.M. , CLOSED FRIDAY

### **DONATIONS**



BRENT FOSTER
Through the Ride to Remember

BLAKE GARVEY
Through the Bike, Blade or Board 4 Blake

RACQUEL GRANATO
Through Racquel's Chair and "A Rose Given to Her"

CHRISTOPHER SHANNON
Through Shandex

KAREN STACEY
Through Super Dave Stacey Golf Tournament

DANIEL MELANSON
Alert Fire Company Fund

VIOLET DAVIDSON
Project 51—Eric and Adele Davidson

ERAN TOWN
Linda Moyle

DENNIS ZOELMAN

Jim and Lise Vanhaverbeke

PATRICIA STACEY-WELDON Diane and Ross Gladwell

Dr. PATRICK COFFEY

John and Magda Zoelman

CHRISTOPHER ALLAN MIEDEMA
Reiny and Yvonne Grafe

JULIANNA KOZIS

Gail and Cam Young

MICHAEL SCOTT

DAVID AND MAUREEN SCOTT (T.M.I.G)

"OUR THOUGHTS ARE WITH YOU AND YOUR FAMILIES"

### FUTURE FUNDRAISERS—SAVE THESE DATES!

WALK TO REMEMBER—MARCH 3, 2019
BEACH DANCE—JUNE 8, 2019

LAUREN WRIGHT MEMORIAL BALL TOURNAMENT—JUNE 9, 2019

RIDE TO REMEMBER—JULY 2019

BIKE, BLADE, BOARD 4 BLAKE—SEPTEMBER 2019

"A Rose Given to Her" 5th Annual Gala—November 2, 2019

ANGELS TREE OF LIGHT CEREMONY—November 28, 2019

CAR RALLY FUNDRAISER—DATE TO BE ANNOUNCED

PAINT NIGHT FUNDRAISER—DATE TO BE ANNOUNCED

## **FEBRUARY**

Chantal Richard Thalia Tunzi February 1, 2007 Patricia Bercik February 2, 2011 Alicia Dionne February 2, 2002 Krista Shea February 2, 2002 Kyle Smith February 3, 2002 Kevin Ricketts February 3, 2004 Bradley Shearer Shawn Cooper Sean Chilton Christopher Coates February 4, 2013 Christopher Mackenzie February 5, 2010 Christopher Martin February 7, 2012 Bradley Baker February 8, 2009 Emma-Lee Mathieu Hope Kai Pollari Jane Jillian Lucy Eady Shexie Jacob Albert Hicks February 13, 2008 February 13, 2016 February 3, 2016 February 4, 2002 February 4, 2002 February 5, 2006 February 5, 2006 February 5, 2010 February 5, 2010 February 7, 2012 February 7, 2012 February 7, 2012 February 8, 2009 February 11, 2010 February 11, 2010 February 11, 2010 February 13, 2008 February 13, 2008 February 13, 2008 February 13, 2008 February 13, 2013 February 13, 2013 February 13, 2012	Pamela Swaga Walter Kranc Alexis Stata Christine Harrison Madeleine Dutkiewicz Deborah Anne Halliday Marc Andre Pineault John Harvey Leah Page Speare Sydney Douglas Andrew Richard Sears Renee James Blake Garvey Sloane Pasher Jaydon McKeown Santina Pistritto Paula Marie Smith Tyler Miller John Sasseville Trevor Lee Corby Amy Leigh McLennon Andrew Phillip Connolly Tim McCabe Emily Jane MacPhail Kassandra Finbow Jeffrey Hustins Gabriel Therrien Mathew Borg Paulina Mary Moreino Curtis Heasman Trinidy Weeks Bennett Pistritto	February 13, 2012 February 14, 2011 February 14, 2017 February 15, 2000 February 15, 2002 February 16, 1992 February 19, 2011 February 19, 2000 February 20, 2017 February 21, 1994 February 21, 2002 February 21, 2002 February 21, 2013 February 21, 2013 February 22, 2009 February 22, 2009 February 23, 1994 February 23, 1994 February 23, 2001 February 23, 2001 February 23, 2001 February 23, 2003 February 23, 2007 February 24, 2003 February 24, 2003 February 24, 2009 February 27, 2005 February 27, 2015 February 28, 2011 February 28, 1991 February 28, 1991 February 28, 2007
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### **M**ARCH

МАКСП		Tara Lyver	March 18, 2001
Meena Valliappan	March 1, 1992	Caleb Nykolaichuk	March 18, 2016
Melissa Neault	March 1, 2006	Paige Matthews	March 19, 1998
Laura Morrison	March 2, 2001	Michael Schomodji	March 19, 1999
Susan Taylor	March 2, 2007	Sharon Rose Gilliland	March 19, 2002
Heather Wilkinson	March 2, 2012	Angel Cervantes	March 19, 2005
Kaelyn Emily Wind	March 2, 2013	James Warner	March 19, 2008
Joshowa Miranda	March 3, 2011	Sean DeSilva	March 19, 2011
Shane Clench	March 3, 2014	Vaughn Heasman	March 20, 1989
Jack Thomas Woskosky	March 3, 2015	Kainam Burbage	March 20, 2014
Debra Lundrigan	March 4, 2009	Brian Elliott	March 20, 2014
David Stewart	March 4, 2011	Aiden Connor Rekker	March 21, 2008
Zackery Will	March 4, 2018	James Higgins	March 21, 2009
Jamie T. Lomax	March 5, 1993	Jeremiah Thompson	March 21, 2018
Andrew Gendron	March 5, 2016	Mary Melnychuk	March 22, 2011
Patrick Rosos	March 5, 2016	Brayden Nicholas Allan	March 23, 2007
Melissa Margaret Raby	March 5, 1998	Justin Baron	March 24, 2010
Daryl Convery	March 6, 1996	Kevin Allan Hale	March 24, 1996
Katharine Suzanne Bruce	March 7, 1996	William Floyd	March 24, 2001
Geordi Elizabeth Maybury	March 8, 1995	Alannah Warren	March 24, 2004
Andrew Brooks	March 9, 2010	Owen James Scott	March 24, 2007
Emily Brunton	March 9, 2011	Juston Baron	March 24, 2010
Jada Jeanine Herod	March 9, 2010	Lachlan Graham	March 24, 2018
Tyler Murray	March 11, 2006	Bronwen Gwyneth Persaud	March 25, 1995
Kiera Kelly	March 11, 2015	Nicholas Short	March 26, 2007
Jessica Crawford	March 12, 2009	Demetrius Alexander Jones	March 27, 2008
Stefan Feurstein	March 13, 1984	Juliette Francis	March 27, 2011
Daniel John Dorrian	March 13, 1992	Michael McArthur	March 28, 2013
Colton Jacob Stockdale	March 13, 2012	Elisabeth Tucker	March 30, 1993
Grace Bowen	March 13, 2015	Russell Eric Macoomb	March 30, 1995
Stephanie Ramadeen	March 14, 2002	Michael McDonald	March 30, 2010
Heather Neat	March 14, 2003	Maya Susanna Bradley	March 30, 2012
Vicki Stergianis	March 14, 2017	Kristina Nicole Hendricks	March 31, 1991
Kathleen Una Hutchings	March 18, 1994	Jerry R. Lomax	March 31, 1992

# **OUR CHILDREN REMEMBERED**

# Loved, missed and never forgotten

### **APRIL**

### **M**AY

Curry found Whollow	May 1, 2002	Dalas Cid Danada assolas	H 10 2011
Crawford Wheller Victoria Chenier	May 1, 2002	Baby Girl Papadoopoulos	May 18, 2014
	May 1, 2018	Daniel Haze	May 18, 2016
Lisa Ford	May 2, 2002	Maria Laura Pistritto	May 18, 2017
Joshua Liscio	May 2, 2008	Lynne-Marie Gordon	May 19, 1991
Stephen Cochrane	May 3, 2003	Dylan Matchett	May 19, 2017
Jeffery Jones	May 3, 2016	Kevin James Charewicz	May 20, 1998
Julie Helen Pasko	May 6, 1995	Kevin Gregory O'Donnell	May 20, 1999
Brittany Miller	May 6, 2005	Hope & Desire Cockburn	May 20, 2005
Nicholas Mitchell Williams	May 6, 2011	Owen Walter Stinson-Collins	May 20, 2010
Ewelina Sobala-Kouri	May 7, 2017	Elizabeth MacGregor	May 20, 2012
Benjamin Tucker DeBaie	May 8, 2001	Karen Kobham	May 20, 2014
Jasmine Stephan-Martin	May 8, 2011	Michael Scott	May 20, 2015
Taylor Andrews	May 8, 2012	Johnny Lucchetta	May 21, 2006
David Rines	May 9, 2010	Cody DeNoble	May 21, 2010
Brianne Wraight	May 9, 2010	Mary Ann Daniels	May 21, 2014
Patrick Bujold	May 9, 2012	Gregory Brian Judzentis	May 22, 1985
Michael Thomas Lynch	May 10, 2002	Shawna Spindler	May 22, 1997
Curtis Wahl	May 10, 2005	Damon Fewer	May 22, 2007
Lukas James Anderson	May 10, 2007	Kaleb Hunt	May 22, 2011
Michelle Richard	May 11, 2000	Dana Watson	May 22, 2013
Ian Thomas Deatcher	May 11, 2002	Remianne Wabie Evans	May 24, 1994
Robin John Williams	May 12, 1992	Blake Gill	May 24, 2003
T.J. Stutt	May 12, 2004	William Taggart	May 25, 2005
Landon Murchison	May 12, 2006	Taylor Venters	May 25, 2010
Karsten Bibb	May 12, 2011	Amber Finn	May 26, 2002
Gregory Edward Timmins	May 14, 1996	Teegan Herold	May 26, 2013
Robert Muir	May 14, 2014	Lauren Wright	May 28, 2014
Finnigan McCarron	May 15, 2015	Merrick Chue	May 28, 2016
Jade Roworth	May 15, 2016	Dylan Guiotto	May 28, 2017
Bradley Wiseman	May 15, 2014	Andrea Sullivan- Martin	May 29, 1994
Paul A.J. Gordon	May 16, 1990	Colin McMillan Wilson	May 29, 2002
Erin Reed	May 16, 2008	Steven Devecseri	May 29, 2006
Jeffery Paul Baran-Lalonde	May 16, 2011	Tyler Davis	May 29, 2011
Leia Mary-Rose Wilde	May 16, 2017	Crystal Dunstall	May 29, 2018
Wyatt Celsie-Swanton	May 16, 2009	Alison Millar	May 30, 2005
Rayna Simms	May 17, 2005	Ryan New	May 30, 2015
Jonathon Campbell	May 17, 2011	Ken Ford	May 31, 2011
condition campbett	may 17, 2011	Ren i oru	May 31, 2011



THE SONG HAS ENDED BUT THE MELODY LINGERS ON.....