



BEREAVED FAMILIES OF ONTARIO-DURHAM REGION

NEWSLETTER

"Bereaved helping the bereaved learn to live with grief"

ISSUE 4

www.bfodurham.net

2015

ANGEL TREE OF LIGHT'S 20TH ANNIVERSARY

CALENDAR OF EVENTS



The month of December is approaching again, bringing with it the anxiety of how to get through the holidays. We cope every day with living without our beloved child, but December seems to place extra stress on us.

Thankfully we have one special evening around this time of year where we can remember our child, concentrate on our love for the child without stressing about all the things we are supposed to do.

This year marks the 20th Anniversary of BFO-Durham's first Angel Tree of Light Ceremony. Our first evening was held in 1995 in the Michael Starr building in Oshawa. Squeezed in a small space we all met, a much smaller number group than today. A small tree was adorned with about 90 angels, lovingly assembled by our earlier members. The comfort and companionship of that very first evening set the tone of the evenings to come for the following 20 years.

I have been present every year and I see many familiar faces return each year. It makes it a very special occasion where one meets friends and people again whom they have participated with in a group or on other occasions.

The Angel Tree of Light initially started out for families who have lost a child through death, but when other family members and friends passed away, requests were made for additional angels in their names. It was decided that these requests would be honoured.

After so many years, we now decorate our Angel Tree of Light with hundreds of angels.

Our volunteer committee searches for a beautiful angel every year (oh, how we do miss our Ria who designed and hand made thousands of angels). Then we search for ribbons, arrange for space and procure refreshments. The recording of names for the angels is done in the office, triple checked to prevent any mistakes in spelling.

Then comes a Sunday where all the committee members get together to write all the angels' names on the ribbons. This is no small feat. More than 500 names are written, carefully checked and sorted. It is also a day where the participants enjoy the companionship, share a potluck lunch, meet friends again and dedicate their time to making these beautiful angels. Much praise goes out to these volunteers. It also takes the whole evening before the event to put up the tree and hang all the angels. This again takes hours of volunteer time.

It all comes together then at the Angels' Tree of Light Service. It is very touching to see all the people unite together in their sadness that their beloved child, parent, partner, relative or friend will not be with them at this holiday time, but appreciating the opportunity to express their feelings.

I encourage you to attend the service, enjoy the fellowship and wish you a holiday which I hope you will be able to adjust to your own comfort level.

~ Marian Rehr, Founding Member

OCTOBER 2015

Infant Loss Drop-In
Monday 5th, 7-9 p.m.

Evening Drop-In
Wednesday 14th, 7-9 p.m.

Thanksgiving - office closed
Monday 12th

Afternoon Drop-In
Monday 19th, 1-3 p.m.

Evening Drop-In
Thursday 22nd, 7-9 p.m.

Reconnect Drop-In I/L
Monday 26th, 7-9 p.m.

NOVEMBER 2015

Infant Loss Drop-In
Monday 2nd, 7-9 p.m.

Evening Drop-In
Wednesday 11th, 7-9 p.m.

Afternoon Drop-In
Monday 16th, 1-3 p.m.

Evening Drop-In
Thursday 19th, 7-9 p.m.

Reconnect Drop-In for C/L
Monday 30th, 7-9 p.m.

ANGEL TREE OF LIGHT
Thursday 26th, 7:30-9 p.m.

DECEMBER 2015

Infant Loss Drop-In
Monday 7th, 7-9 p.m.

Evening Drop-In
Monday 9th, 7-9 p.m.

(SEE PAGE 4 FOR DECEMBER AND JANUARY CALENDAR DATES)

A MESSAGE FROM YOUR EDITOR

I have chosen to repeat last year's message in this newsletter as it reflects how I really feel about the loss of Kevin and my involvement with BFO-Durham over these past 15 years. Please volunteer, it can make all the difference for you and our members.

"With the days getting shorter, the nights cooler and the foliage turning to bright colours, I am reminded that this was Kevin's favourite time of year. He couldn't wait to listen to his spooky music every night when in bed and to dress up for Halloween. Dressing up for him was a ritual which he carried out for weeks after Halloween, to the point when one year he asked why he couldn't dress up at Christmas.

I remember one particular year when he and his brother Erik came to our house dressed as pirates. Kevin was so proud of the tiny bird (his parrot) glued to the shoulder of his tunic. We laughed at his antics; no matter what costume he wore, he became that character. Every Halloween, when thinking of their visits to our house, puts a lump in my throat and a smile on my face.

This is a favourite time of year for most children, but it can be very difficult for bereaved parents. Some still have children who want to "trick or treat"; some will answer the door to give out treats to some child whose costume is similar to one his/her child wore for a Halloween past. If this is too difficult for you to face, make plans to leave the house and go to a movie and skip the holiday. Planning ahead will help you get through this difficult time. Take care of yourselves. Learn to be selfish if you need to be. Tell those closest to you what you need in order to get through this holiday or any other.

Had it not been for the tragedy of Kevin's death, I would never have become a volunteer. Suffice it to say that I wish it had never happened; but my involvement with BFO-D over the past 14 years as a bereaved aunt has been very fulfilling and has made me realize that there is a great need for volunteers, whether one is a bereaved parent or not, to assist in the daily tasks so needed by this organization. The rewards reaped by volunteering in order to keep BFO-Durham alive really do outweigh the time freely given. Take care of yourselves during the coming months."

~Micheline Ball



WON'T YOU JOIN US; YOU TOO CAN HELP!!

THE FOLLOWING VOLUNTEERS CONTINUE TO SUPPORT BFO-DURHAM ON A DAILY BASIS

ONE-ON-ONE AND GROUP SUPPORT FACILITATORS - Jane Carter, Charlotte McMorrow, Margaret Fortune, Magda Zoelman, Joan Pearson, Nichole Dickhoff, Denise Love, Jackie Foster, Denise Robinson, Angela White, Cheryl Clarke, Jan Mclean, Kathryn Holden, Yvette Byrne-Menard, Colleen Timmins, Louise O'Donnell, Lisa Fogg, Rebecca Alley-Wilson, Kimberley Mohns, Denise Calbery, Donna Christie, Vicki Davis, Sherene Donovan, Gary Goswell, Chris Garvey, Janice Hicks, Wayne Wanamaker, Cara Tunney, Sherry Lancaster, Chantelle McNeil, Jennifer Carter and Kevin Goswell

LIBRARIAN - Denise Love - **ASSISTANTS** — Alexis LoveGordon, Debbie Brown

FUNDRAISER — Marcy Miles

OFFICE VOLUNTEERS - Denise Love, Marlene Charewicz, Bev Campbell, Angela White, Debbie Brown, Kelly Grieg, Beth Bryan

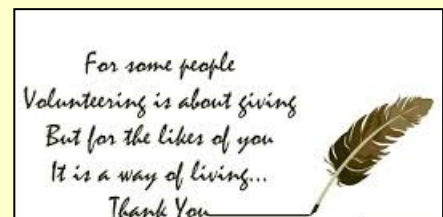
ANNIVERSARY LETTERS - Office Volunteers

WEB SITE - Ronda Evans

NEWSLETTER - Micheline Ball

MOTHERS' RETREAT - Susan Hendricks and Joyce MacIntyre

BFO-DURHAM BOARD OF DIRECTORS - Gary Goswell, Louise O'Donnell, Marian Rehr, Margaret Fortune, Jane Carter, Micheline Ball



YOUR FEED-BACK IS VERY IMPORTANT!!

PLEASE CONSIDER CONTRIBUTING TO THIS NEWSLETTER, WHICH IS A VOICE FOR THE BEREAVED. WE ENDEAVOUR TO KEEP YOU AS UP TO DATE AS POSSIBLE WITH ALL ON-GOING INFORMATION AND WOULD LIKE YOUR HELP; SHARE YOUR THOUGHTS, IDEAS OR REQUESTS THROUGH THIS VENUE. RECOMMEND A BOOK AND WRITE WHAT YOU LIKE ABOUT IT. SHARE YOUR STORY, SUBMIT A POEM, OR TELL OF THINGS THAT HAVE HELPED YOU ALONG YOUR GRIEF JOURNEY. WE THANK YOU IN ADVANCE FOR GETTING INVOLVED!

THINKING OF YOU DURING THE HOLIDAY SEASON

The chill in the air is a reminder of the difficult months that lay ahead.

The holiday season is upon us and for those who are newly bereaved, or those who have been on this journey for some time, it is this season that usually reminds us the most that our children are not here with us versus any other season of the year. There are times when we probably wish we could just sleep through the holiday season rather than celebrate, since we know this season will never be the same.

For many, the traditions that typically go along with the holiday season that we once thought were important, are the ones we no longer find comfort in as we did when our children were here. For many families, they have adopted new traditions for the holidays, such as lighting a candle in honour of their loved one and leaving it burning during days when they'll miss their loved one the most. For others, it could be doing something special or unique during the holidays in memory of their loved one.

Many of our BFO-D families find comfort and support by attending the Angels' Tree of Light Ceremony. This year marks our 20th year and the number of families that attend each year continues to grow. The ceremony gives many of us the opportunity to connect with others, share stories of our children, and it is here that we are reminded that we are not alone. For my family, it has been our new tradition for quite some time. For us, this has become a special part of our holidays where we can gather together as one large family and reflect back on fond memories of our loved ones and to remind ourselves that they will never be forgotten.

Always remember, you are not alone during this holiday season. We are all in this together as members of the BFO family, to help each other get through the season. As well, BFO-Durham will be holding their regular drop-ins and a special "Getting through the Holidays" drop-in on December 17th. As a bereaved parent, remember to be kind to yourself, try not to overdo it, and take care during the holidays.

I will be remembering you and your family during this difficult season.

Sharon Sears,
Executive Director.

"It's hard to forget, I said, when there is such an empty space now that you have gone."

REMEMBERING SOLOMON CHAU

This summer we lost a very special volunteer of Bereaved Families of Ontario—Durham Region, Solomon Chau.

Solomon was a dedicated volunteer who devoted countless number of hours at our Angel Tree of Light Ceremony with his wife, Jennifer Carter, his mother-in-law Jane Carter and his brother-in-law Mike Carter. Solomon also assisted at many Walks to Remember and the BFO Beach Night Dance with his wife Jennifer.

For anyone who had the pleasure of knowing Solomon, you will agree when we say he was the definition of a giver, always there to lend a helping hand at our many events, and a listening ear for the many stories that we share. His warm smile and his loving embrace will be truly missed at our events to come as he was not only a dedicated volunteer, but a part of our family here at BFO-D. We will continue to honour Solomon by telling his story, remembering his bravery and his many contributions to Bereaved Families of Ontario, Durham Region.

We would like to send our love to his loving wife Jennifer Carter, his mother-in-law Jane Carter and his brother-in-law Mike Carter.

~ Lauren Sears

UPCOMING EVENTS

Adult Sibling Loss Drop-In
Tuesday 15th, 7-9 p.m.

Evening Drop-In – Getting Through the Holidays
Thursday 17th, 7-9 p.m.

Afternoon Drop-In
Monday 21st, 1-3 p.m.

OFFICE CLOSED
December 22nd-January 4th

JANUARY 2016

Infant Loss Drop-In
Monday 4th, 7-9 p.m.

Evening Drop-In
Wednesday 13th, 7-9 p.m.

Afternoon Drop-In
Monday 18th, 1-3 p.m.

Evening Drop-In
Thursday 28th, 7-9 p.m.

Reconnect Drop-In I/L
Monday 31st, 7-9 p.m.

THE BOARD OF DIRECTORS' CORNER

SOMETIMES

Sometimes I catch a glimpse, in softened waves of blue
My child, my heart ...when I see a smile, I can't help but think of you

Sometimes these waves fill oceans, and feelings string on every shore
A collections of each memory, and every way I wish for more

Sometimes I watch for answers, because each day I call to you
I ask for faith and courage, and strength ...to help me through

Sometimes I ask for bravery, like dolphins in the deep
Because time moves oh so slowly, and sometimes the road is steep

Sometimes I want to scream, this was not what I had planned
Why you ever suffered, a mom can't understand

Sometimes I hear your laughter, and remember you at play
But my Child I always miss you, not sometimes, but everyday

~ by Colleen Ranney

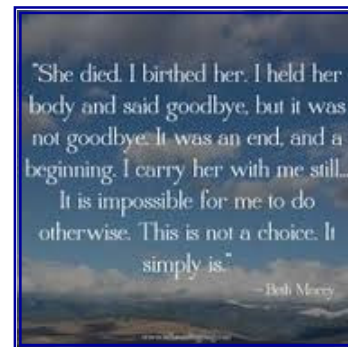
TO OUR DEAR FRIENDS

As we approach the anniversary of Tanya's death, I feel this need to express the feelings that I am always so reluctant to share. Gord and I are so thankful for your support and caring, especially at this emotional time of the year. We put up a good strong front, but are barely keeping it together when alone. The nights are so long and filled with thoughts of our Michael and Tanya and we miss them terribly. You all ask how we are doing and we always reply "OK". We have learned that time does not heal and it does not mend a broken heart. Grief is not a condition that clears up. It is a process that carries on, comes on in waves and hopefully leads to new beginnings. Our lives have changed forever. We ask that you please talk about our children and say that you remember them. We always love to hear news about yours. Do not feel guilty about remembering ours. Do not feel bad about making us cry. We need to cry. I grew up in a home where Christmas was very special and Tanya and Mike also grew up with these traditions and values. Giving brings me immense joy and for me is far more important than receiving. For those of you with grandchildren, thank you so much for sharing them with us. They help to make us feel whole and melt our hearts with their unconditional love. I found this quote that gives me some understanding and makes some sense out of how we feel.

"The mention of my child's name make bring tears to my eyes but never fails to bring music to my ears. If you are really a friend, please don't keep me from hearing this heavenly music. It soothes my broken heart and fills my soul with Love."

Please know that this e-mail was not written to make you feel uncomfortable. It is meant to express how grateful we are for your friendship as we journey along to find some peace in our hearts and home. Each day is a gift. We love you and will forever need your support. Hugs,

~ Anita and Gord Fellows



INSPIRATIONAL CORNER BY *JOYCE SCHNEIDER*

~Even though Joyce Schneider left us almost a year ago, I hope she still lives on through this column and you find some comfort when reading it. For those of you who did not have the privilege of knowing Joyce, she was a bereaved mother who lost her son, David, in 1998 to Non-Hodgkins Lymphoma, and was an active member of BFO-Durham for over 16 years. She was instrumental in training facilitators, facilitated support groups, one-on-ones and was a past Director of the Board. Joyce wrote several articles for this newsletter and this was the last one. ~Micheline Ball

RENOVATION

Paintbrush in hand, I stood in the middle of the now empty bedroom; David's room. Four walls and a carpet. That was it. I had taken out every object, had taken down every picture, had cleaned out the closet. And it had only taken me twelve years.

For the first months after David's death, his room still had his smell, his energy. I would go and lie down on his bed with my grieving heart heaving within, and inhale him. I would go through his drawers and make little discoveries; a sample of his handwriting on a note, a drawing he had doodled on a scrap of paper, a raspberry jam stain that never did come out of those Spiderman pajamas. But after opening the drawers and cupboards, I would close them up again with nothing disturbed, so that I could re-create the comforting ritual the next time.

In the very beginning, I could trick myself into thinking that when he came home from his "trip", he would be pleased to see his room waiting for him, his treasures unremoved, just as he had left them. But as the months passed without his return, the room took on a shrine-like quality; still gone, but still here. I tried to seal in his imprint, as if with Saran Wrap, but it was no good.

The room just felt stagnant and musty, in need of a good cleaning. Over the years, I tidied and straightened the room, as more and more of the family things got stored in the closet; off-season objects like winter boots, sweaters and coats. Eventually, I claimed a corner for my meditation practice, a writing desk with room for a little altar.

The next step involved supplementing the usual cleaning with a toss-out session of objects I no longer wanted or needed to keep. The more time passed, the less David's possessions seemed "charged" with his presence. Painful? At times, but I felt that I was in discussion with him the whole time about what should go, what should stay, and what should be given away. David always liked to share.

Finally, the day came twelve years later when I decided to evacuate the whole room, clean into the deep corners where stale energy collected like dust, and refresh the space. Strangely, it felt like refreshing my relationship with him as well. We chose a new paint colour, a new carpet, and decided on the objects that would go back into the room. As it turned out, I found myself reclaiming more and more of the room for myself, my books, sewing machine, craft supplies, and writing accouterments. All the surfaces got a good cleaning, and the top shelves continue to hold David's old drawing books.

And in a place of honour, in a Tupperware bin, are his personal effects, including a sample of his handwriting on a note, a drawing he had doodled on a scrap of paper, and a raspberry jam stain that never did come out of those Spiderman pajamas.

MARK THESE DATES ON YOUR CALENDAR

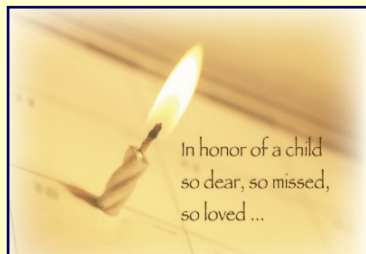
Wave of Light for October 15th

Everyone is invited to light a candle on October 15th at 7pm in ALL Time Zones, ALL Over The World

If everyone lights a candle at 7pm and keeps it burning for at least one hour, there will be a continuous WAVE OF LIGHT over the entire world on October 15th, Pregnancy and Infant Loss Remembrance Day

This Candle Burns
In Loving Memory of
Our Babies

© www.october15th.com



The Compassionate Friends
Supporting Family After a Child Dies

Light a candle for all
children who have died

**Worldwide
Candle
Lighting®**

... that their light
may always shine.

**Sunday, December 13, 2015
7 PM Around the Globe**



THE RIDE TO REMEMBER 2015

THE RIDE TO REMEMBER is proud to contribute \$13,550 to Bereaved Families of Ontario – Durham Chapter. This brings the total donation to over \$50,000 since the inception of the ride 5 years ago.

It was a beautiful day with the sun shining and 85 motorcycles touring the countryside with the riders in their matching orange T-shirts. Starting off in Uxbridge with complimentary refreshments from Tim Horton's, the riders proceeded to their first stop at the Riverside Restaurant in Norland. After lunch, we mounted up for a scenic tour down to a riverside park in Lindsay where the riders took a break and stretched their legs for the final leg of the trip which would bring us back to Uxbridge. Wixan's Bridge supplied the venue for the evening get-together where raffles, silent auction, food and live entertainment provided the backdrop for friends and family to get together in a pleasing atmosphere to remember loved ones lost.

Each year we are joined by new participants who enjoy the opportunity to dedicate the day to their personal loss. The positive feedback, in particular from people new to our event, provides the energy to look forward to next year.

Special thanks must go to ride organizers Lorne Johannessen and Donna Sherrard who donate countless hours to benefit BFO-D. Just knowing their efforts are having a positive impact on people handling the enormous challenge of losing a child is enough to motivate their efforts. We are fortunate to have friends that are so supportive.

Of course our sponsors are crucial to the success and special thanks to the many who have supported this event every year from its inception.

In closing, we hope that this event and BFO-Durham are pieces to the puzzle that help people navigate the challenges that grief presents.

RIDE ORGANIZERS—LORNE JOHANNESSEN AND DONNA SHERRARD PRESENTING CHEQUE TO SHARON SEARS, BFO-D EXECUTIVE DIRECTOR



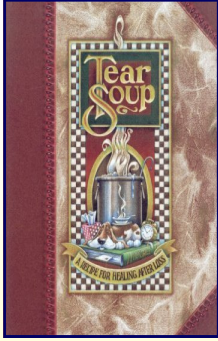
SEASON OF LIGHT

At this season of light, we remember the light you brought into our lives; the light of your laughter, the light of your wit and intelligence. The light of your love. May the time not be distant when the memory of these lights will illuminate our hearts and minds and eradicate the darkness therein.

~ Stephanie Hesse



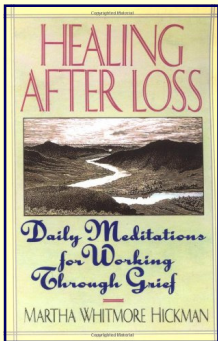
BOOKS IN REVIEW — "HEALING"



TEAR SOUP

~ by Pat Schweibert

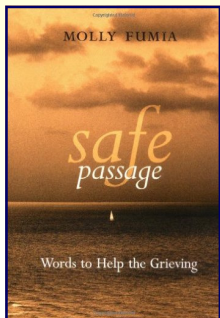
Tear Soup is one of the best and most popular grief resources out there. Although it looks and reads like a fairy tale, or child's fable, it is actually most informative about grief for adults as well as children. Great for a grieving family to read together. A must have.



HEALING AFTER LOSS: DAILY MEDITATIONS FOR WORKING THROUGH GRIEF

~ by Martha Whitmore Hickman

Martha Whitmore Hickman penned this volume of light, comforting thoughts after the death of her 16-year-old daughter in a riding accident. It provides "tiny shafts of light in the darkness".



SAFE PASSAGE: WORDS TO HELP THE GRIEVING HOLD FAST AND LET GO

~ by Molly Fumia

This book was written by Ms. Fumia as she belatedly mourned the loss of her first-born son. A compassionate, soothing book which helps the grieving hold fast to the memory of their loved one while passing through anger, confusion, guilt and loneliness to acceptance and transformation. Recommended for later on in the grief process.

SANTA BRUNCH



This year's Santa Brunch will be held
on December 6th, starting at 10 a.m.

at the Oshawa Curling Club

226 Bond Street East, Oshawa

with brunch, games and activities,

a gift from Santa for each child and a raffle.

Tickets can be purchased through the BFO-D Office.

Check our website www.bfodurham.net for more information.

MUSIC TO SOOTHE YOUR SOUL



Celine Dion—My Heart Will Go On

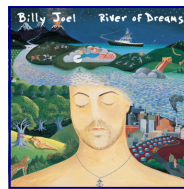
Every night in my dreams, I see you, I feel you
That is how I know you go on
Far across the distance and spaces between us
You have come to show you go on

Near, far, where ever you are
I believe that the heart does go on
Once more, you opened the door
And you're here in my heart and
My heart will go on and on

Love can touch us one time
And last for a lifetime
And never let go til we're gone
Love was when I loved you
One true time, I hold to
In my life will always go on

Near, far, where ever you are
I believe that the heart does go on
Once more, you opened the door
And you're here in my heart and
My heart will go on and on

You're here, there's nothing I fear
And I know that my heart will go on
We'll stay forever this way
You are safe in my heart and
My heart will go on and on



Billy Joel—Lullaby (Goodnight My Angel)

Goodnight, my angel
Time to close your eyes
And save these questions for another day
I think I know what you've been asking me
I think you know what I've been trying to say
I promised I would never leave you
And you should always know
Wherever you may go
No matter where you are
I never will be far away

Goodnight, my angel, Now it's time to sleep
And still so many things I want to say
Remember all the songs you sang for me
When we went sailing on an emerald bay
And like a boat out on the ocean
I'm rocking you to sleep
The water's dark
And deep inside this ancient heart
You'll always be a part of me

Goodnight, my angel, Now it's time to dream
And dream how wonderful your life will be
Someday your child may cry
And if you sing this lullaby
Then in your heart
There will always be a part of me

Someday we'll all be gone
But lullabies go on and on...
They never die
That's how you And I Will be

BEREAVED FAMILIES OF ONTARIO — DURHAM REGION

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Charitable Registration #861619880RR0001

OFFICE HOURS

MONDAY TO THURSDAY — 10 A.M. TO 3 P.M. , CLOSED FRIDAY

DONATIONS

IN LOVING MEMORY OF

BRENT FOSTER

Through the Ride to Remember

JEFFREY WARNE

Through the Run to Remember

SOLOMON CHAU

Vince and Susan Hendricks
John and Magda Zoelman
Patricia Weldon

MATHEW WALHOUT

John and Magda Zoelman

LIDY BOWMEESTER

James and Elise Vanhaverbeke

BRODY MACDONALD

James and Elise Vanhaverbeke

JAMES CUNNINGHAM

James and Elise Vanhaverbeke

DAVID STACEY

Grant and Cindy Farrer

MY GIFT TO ME AT CHRISTMAS

~ My gift to me is to acknowledge that the anticipation of any holiday can often be much worse than the actual event.

~ My gift to me is to acknowledge my wish list; to put up a tree—if I wish; to send cards—if I wish; to have our traditional Christmas—if I wish; to go on a holiday—if I wish.

~ My gift to me is to admit that I won't always have to celebrate the holidays this way, but for the time being, this is how I must cope.

~ My gift to me is to be aware that the sights, sounds, smells and music of the holiday season may bring "Grief Bursts". That's okay. This is my tribute to my loved one.

~ My gift to me is to take care of me and allow myself to have some "time out" and indulge in an emotional and spiritual retreat.

~ My gift to me is to remember something special about the one who died and share that memory with others who support me.

~ My gift to me is to disallow others from forcing me into doing things I don't want to do; I will not let them "should" on me.

~ My gift to me is to talk about happy memories and good times past, and laugh if I want. Having a good time does not mean that I have forgotten the one I love.

~ My gift to me is to not numb myself with excessive eating, drinking or drugs or harm myself or others, if an emotional crisis occurs; I will turn to those who love me.

~ My gift to me is to surround myself with those who appreciate, understand and respect my need to seek harmony and well being during this season of peace on earth.....

~ *Author unknown*

OUR CHILDREN REMEMBERED

Loved, missed and never forgotten

OCTOBER

John Daniel Harvey	October 1, 1998	Curtis MacKinnon	October 16, 2009
Matthew Gregory Hickey	October 2, 1996	Shane Rogers	October 16, 2014
Victoria Krol	October 2, 2014	Rebecca Rodriguez	October 17, 2013
Christopher Gilmore	October 5, 2014	Gary Bambrough	October 18, 2008
Philip Brown	October 6, 2002	David Cecil McNeil	October 20, 2013
Henry Vandergaast	October 7, 2012	Brock Cody	October 23, 2014
Journey Halupa	October 7, 2014	Nicholas Storms	October 25, 2004
Brent Heasman	October 8, 1996	Sarah Zwolinski	October 25, 2007
Heather Joan Butcher	October 8, 2002	Derek Lyall	October 26, 1996
Amos Williams	October 8, 2006	Calvin Burton	October 26, 2006
Cynthia Louise Amos	October 8, 2014	Pat Gostlin	October 26, 2008
Rita Stone	October 8, 2014	Bryan Frank	October 28, 2000
Spencer Tillapaugh	October 8, 2014	Christopher Shannon	October 28, 2008
Joseph Glode	October 9, 1994	Logan Jeffrey Barkwell	October 29, 2001
Lori Webb	October 9, 2013	Journey Stickney	October 29, 2013
Gibson Maidansky	October 11, 2010	Nicholas King	October 29, 2013
Joseph Trail	October 13, 2006	Isa Nilsson-Byberg	October 30, 2010
Maria MacStravick	October 14, 2012	Tara Ross	October 30, 2012
Leonard Arp	October 15, 2009	Lee Mitchell Service	October 31, 1999
Dove Lancaster	October 16, 2002	Patrick M. Beauregard	October 31, 2003
Nicole Wannamaker	October 16, 2009	Megan Grace Burchowycz	October 31, 2002
		Cameron Hicks	October 31, 2014

NOVEMBER

Scot J. Mailer	November 1, 1986	Cody Gould	November 15, 1988
Messiah Jackson-MacDonald	November 1, 2009	Theressa Michelle North	November 16, 1995
Liam Alexander Jan Meerdink	November 2, 2008	Tyron Bracken	November 17, 2010
David Michael McCluskey	November 3, 1995	Charlotte Hannon	November 17, 2002
Megan Lynn Craig	November 4, 1996	Jailene Bonnick	November 18, 2005
Grace Johnson	November 4, 1996	Erin Gladwell	November 19, 2000
Kali Johnson	November 4, 1996	Pauline Larocque	November 19, 2010
Amir Ghane	November 5, 2003	Glen Allan Rowe	November 21, 1991
Brook Lynn Rankin	November 5, 2011	Michael James Dunne	November 24, 1993
Christine Lee Ouderkirk	November 7, 1998	Ricky Otter	November 24, 2003
Abigail Watts	November 7, 2005	Joel Fletcher	November 24, 2011
John Camilleri	November 7, 2012	Robert Jones	November 24, 2012
Kenton Carnegie	November 8, 2005	Kylie Mawby	November 24, 2012
Raquel Grenato	November 8, 2014	Pierce LoveGordon	November 25, 2006
Anthony Karson Grant	November 10, 1998	Andrew Bond	November 27, 2006
Nathan Michael Fohshow	November 11, 2004	Brandon Michael Argante	November 27, 2013
Simon Maddocks	November 11, 2009	Kyle Christopher Fair	November 28, 1993
Connie Nock	November 12, 2010	David Preston	November 28, 2004
Carter David Dickhoff	November 12, 2008	Marley Grace Silcox	November 28, 2008
Murray Charland	November 13, 2003	Leigh Anne Donovan	November 29, 2001
Nicole Oultram	November 13, 2012	Sarah Lynn Hearn	November 29, 2012
Hannah Larocque	November 14, 2007	Kyle Sinclair	November 29, 2014
Joshua Larocque	November 14, 2007	Vanessa Pritchard	November 29, 2014
Jeffrey Moore	November 15, 2010	Roberta Eileen Campbell	November 30, 1952



"TO REMEMBER IS PAINFUL, TO FORGET IS IMPOSSIBLE"

OUR CHILDREN REMEMBERED

Loved, missed and never forgotten

DECEMBER

Scotty Pennachio	December 1, 1980
Payton Joan Beaulieu	December 1, 2005
Trevor David Hunter	December 1, 2009
Grace Anne-Marie Beaulieu	December 2, 2005
Rachel Nicole Davidson	December 2, 1998
Andrew Joseph Weaver	December 3, 1999
Connor Campbell	December 3, 2010
Nolan Michael McNeil	December 4, 2007
Dan Phelan	December 5, 1975
Grace Frysztacki	December 5, 2014
Thomas Timothy Morrison	December 6, 2013
Derek Penny	December 7, 2001
Emma Skinner	December 7, 2007
Debbie Meyers	December 7, 2012
Johnny Bloye	December 7, 2014
Nicholas Beatty	December 9, 2001
Connor Fox	December 10, 2010
Mark Heggum	December 12, 1987
Frank Fililio	December 12, 2012
Mason Stamp	December 13, 2014
Michelle Lynn Andrey	December 15, 1990
Simon Mitchell	December 15, 1992
Johnny Pegg	December 15, 2009



David Michael Hannah	December 15, 2000
Luc Breau	December 16, 2010
Ian Morton	December 16, 2014
Sarah Dorrian	December 18, 1999
Alleya Alley-Wilson	December 18, 2009
Rebecca Anne Leslie Sears	December 19, 1995
Brad R. Thomas	December 19, 1996
Sarah Dorrian	December 19, 1999
Jason Maxwell Normoyle	December 19, 2002
Dawn Lent	December 19, 2007
Amanda Maja Vidulich	December 20, 2007
Tanya Fellows-Karstulovich	December 20, 2012
Drake Farrell	December 21, 2009
Tristan Dixon	December 21, 2014
Emily L. Mackie	December 22, 1992
Iain Stirling	December 23, 2004
Brenda Jo-Ann Perks	December 24, 1990
Brittany Mabee-Wilson	December 24, 2007
Danny Kent	December 24, 2012
Colleen Gary	December 28, 2008
Kimberly Margaret Hryniw	December 29, 1997
Susan Josephine Nyland-Davey	December 30, 1995
Amelia Linda Kent	December 30, 2009

JANUARY

Shelley Nadine Taylor	January 1, 1994
Ricky Van Den Oetelaar	January 1, 2006
Lisa Lebitka	January 1, 2012
Jacoub Favila	January 1, 2013
Jamie Woods	January 1, 2014
Christopher Thompson	January 2, 1988
Rayman Imran	January 2, 2008
Vanessa Larocque	January 2, 2009
Kyle Joseph Miller	January 2, 2009
Madison Sevana Boyd	January 2, 2012
Victoria Thompson	January 4, 2005
Jose Eduardo Navas	January 4, 2011
Tianna Vieira	January 5, 2010
Chantel Gauthier	January 6, 1994
Ashley Pittens	January 6, 2001
Michael Upshaw	January 6, 2002
Rayman Imran	January 7, 2008
Derek Spicher	January 7, 2013
Alastair Lahtinen	January 8, 2010
David Norrish	January 9, 2015
Stephen John Duthie	January 10, 2010
Duane MacIntyre	January 11, 1992
Ron Davis	January 11, 2007
Brandon Tyler Baron	January 12, 1992
Neil Warren Hembling	January 12, 2000

Eerik Percival	January 13, 2002
Khristian Robinson	January 14, 2008
Jonathan Domenic Volpe	January 15, 1995
Breanna Cousins	January 15, 2002
Daniel Torreblanca	January 15, 2013
Sara Ann Madore	January 17, 2003
Austin Blake Madore	January 17, 2003
Storm Gary Patrick Coad	January 18, 1997
Nathan Michael Pennington	January 18, 2010
Christopher Amos	January 18, 2012
Layla Giberson	January 18, 2013
Shanice Clark	January 18, 2015
Stephanie Joanna Coleman	January 19, 1996
Alexsandra Kellie-Ann Hewitt	January 21, 1995
Alexander Cade	January 22, 2004
Antonio Thomas Cacciatore	January 23, 2010
Vanessa Robyn Rivard	January 24, 2007
Kelly Spencer	January 25, 2012
Graham Charles Clarke	January 26, 2007
Jeffrey Warne	January 26, 2008
David Matthew Gilbert	January 27, 2008
Eran Town	January 28, 2005
Branden Christopher Viarruel	January 29, 2009
David Stacey	January 29, 2015
Wayne Edwards	January 29, 2009
Angela Worona	January 31, 1995