



BEREAVED FAMILIES OF ONTARIO-DURHAM REGION

NEWSLETTER

"Bereaved helping the bereaved learn to live with grief"

ISSUE 2

www.bfodurham.net

2019

2019 UPCOMING SPECIAL EVENTS AND FUNDRAISERS

CALENDAR

**Bereaved Families of Ontario
Durham Region**

would like to invite you to celebrate together
the grand opening of our new office

Open House

**Bereaved Families of Ontario
DURHAM REGION**
www.bfodurham.net 905-519-4303

948 Simcoe St. N.
Oshawa
Sunday, June 23rd
2 to 4 p.m.

Everyone is welcome!

Save the Date!

Bereaved Families of Ontario, Durham Region invites you to our...

Beach Bash

Dance!

Saturday, June 8, 2019
7:30 PM - 1:00 AM
Harmony Creek Community Centre
Tickets are \$25

DJ Door Prizes Games Buffet Silent Auction
All proceeds will go towards Bereaved Families of Ontario, Durham Region. We hope to see you there!

RIDE TO REMEMBER
Change is our Superhero

July 30th 2019

*Registration Details on file
IN SUPPORT OF BEREAVED FAMILIES OF ONTARIO
RIDE-TO-REMEMBER-BRENT.COM

THE MUSIC OF
ARETHA FRANKLIN

CHERYL LESCOM
QUISHA WINT
CHUCKEE ZEHRA

*Supports Mothers & Children's Health
*Supports Women & Youth Leadership
*Supports Breast Cancer Research



**3rd Annual Lauren Wright
Co-ed Slo Pitch Charity Tournament**

Sunday June 9, 2019
9:00am-4:00pm
Lakefront West Diamonds
1221 Phillip Murray Ave, Oshawa

QUILT RAFFLE

Tickets are priced at \$5 each or 5 tickets for \$25
Proceeds will go towards Bereaved Families of Ontario
Prizes include a quilt, a cash prize, and a gift certificate.



Butterfly Fundraiser

**Bike
Blade 4
Board**

~ SEE PAGES 8-9-10 FOR MORE DETAILS

JUNE 2019

Infant Loss Drop-In
Monday 3rd, 7-9 p.m.

Beach Dance Harmony Creek
Saturday 8th, 7:30 pm

**Lauren Wright Memorial
Co-Ed Slow Pitch Tournament**
Sunday 9th

Evening Drop-In
Thursday 12th, 7-9 p.m.

Afternoon Drop-In
Monday 17th, 1-3 p.m.

Fathers' Drop-In
Thursday 20th, 7-9 p.m.

BFO-D OPEN HOUSE
SUNDAY 23RD- 2-4 P.M.

Reconnect Drop-In
Monday 24th-7-9 p.m.

Sibling Loss Drop-In
Tuesday, 25th-7-9 p.m.

Evening Drop-In
Thursday 27th, 7-9 p.m.

JULY 2019

CANADA DAY
Monday 1st — **Office Closed**

Infant Loss Drop-In
Monday 8th, 7-9 p.m.

Evening Drop-In
Wednesday 10th, 7-9 p.m.

Afternoon Drop-In
Monday 15th, 1-3 p.m.

Evening Drop-In
Thursday 25th, 7-9 p.m.

RECONNECT DROP-IN
MONDAY 29TH-7-9 P.M.

**RIDE TO REMEMBER -
UXBRIDGE**
Tuesday 30th

SEE PAGE 4 FOR AUGUST AND SEPTEMBER CALENDAR DATES

A MESSAGE FROM YOUR EDITOR

As I sit here contemplating this message, my thoughts are with both my sisters on the loss of their sons. Kevin O'Donnell passed away 20 years ago and Glenn Morland 5 years ago, as well our oldest sister, Lucette, 10 years ago. This newsletter is dedicated to our family members who left us way too soon.

I hope by now you have had a chance to check out our new Web Site. We are pleased with the finished product and want to thank Linda Watson and Ronda Evans for taking on the huge task of keeping it updated regularly. This is just one example of how important it is for our members to involve themselves with volunteering.

Volunteers have been very busy organizing fundraising events for 2019. Check the front page of this newsletter for upcoming events and announcements throughout for more detailed information.

"NOTHING IS AS STRONG AS THE HEART OF A VOLUNTEER"

This is the reason why I continue to donate my time to BFO-D as a Director of the Board and also as the Editor of this newsletter, which I have been doing for over 8 years, providing you with 3 newsletters yearly. I can only hope it brings you some comfort and can help you through your grieving journey. Please feel free to contact me with any ideas, constructive criticism or articles. I am opened to any suggestions. Send your contributions to Jane, who will be sure to pass them on to me for input. Jane is always a tremendous help providing me with contents published.

Please look after yourselves this summer and be safe. Sending peace and sunshine your way.

~ Micheline Ball

"VOLUNTEERS ARE LOVE IN MOTION"

THE FOLLOWING VOLUNTEERS CONTINUE TO SUPPORT BFO-DURHAM ON A DAILY BASIS:

FACILITATORS—Charlotte McMorrow, Margaret Fortune, Magda Zoelman, Nichole Dickhoff, Denise Love, Jackie Foster, Denise Robinson, Angela White, Yvette Byrne-Menard, Louise O'Donnell, Lisa Fogg, Rebecca Alley-Wilson, Donna Christie, Vicki Davis, Gary Goswell, Chris Garvey, Janice Hicks, Wayne Wanamaker, Cara Tunney, Sherry Lancaster, Chantelle McNeil, Beth Bryan, Jennifer Carter, Adele Davidson, Eric Davidson, Ken New, Kirsty Sinclair, Bev Campbell, Tammy Johnson, Megan Ratcliff, Lynda Wiseman, Colleen McKeown, Marjorie Whitehouse, Evelyn Rudd, Debbie Kelly, Karen Beckett, Kelly Fitzpatrick, Kathie Hill, Lorraine Kingsley, Wendy Topham, Leta Hoffman, Linda Watson.

LIBRARIAN—Denise Love, **ASSISTANT**—Alexis LoveGordon

OFFICE VOLUNTEERS—Marlene Charewicz, Bev Campbell, Beth Bryan, Karen Fish, Vanessa Longhurst.

ANNIVERSARY LETTERS—Office Volunteers

WEB SITE—Ronda Evans, Linda Watson

NEWSLETTER—Micheline Ball

BFO-DURHAM BOARD OF DIRECTORS—Gary Goswell, Louise O'Donnell, Marian Rehr, Margaret Fortune, Sharon Sears, Chris Garvey, Wayne Wannamaker, Micheline Ball, Kirsty Sinclair.



YOUR FEED-BACK IS VERY IMPORTANT!!



PLEASE CONSIDER CONTRIBUTING TO THIS NEWSLETTER, WHICH IS A VOICE FOR THE BEREAVED. WE ENDEAVOUR TO KEEP YOU AS UP TO DATE AS POSSIBLE WITH ALL ON-GOING INFORMATION AND WOULD LIKE YOUR HELP; SHARE YOUR THOUGHTS, IDEAS OR REQUESTS THROUGH THIS VENUE. RECOMMEND A BOOK AND WRITE WHAT YOU LIKE ABOUT IT. SHARE YOUR STORY, SUBMIT A POEM, OR TELL OF THINGS THAT HAVE HELPED YOU ALONG YOUR GRIEF JOURNEY. WE THANK YOU IN ADVANCE FOR GETTING INVOLVED!

REFLECTIONS FROM YOUR EXECUTIVE DIRECTOR

Dear Friends

Our warm weather brings about changes, as new seasons do. For Bereaved Parents, our emotions swing from wonderful summer memories to that painful longing for those we've lost to enjoy it all with us.

We have completed one Mothers' group and Fathers' group this year and we have the second Mothers' group more than half way done. Our children's program will be completed shortly. We will resume support in September for moms, dads and siblings, so please call the office if you would like to join these groups.

Our wonderful and dedicated volunteers have been busy organizing our upcoming events. On June 8th we will host our annual BEACH BASH DANCE at the Harmony Creek community Centre. Tickets are still available at the office for this fun-filled evening. The next day, the Wright Family will again host the third annual LAUREN WRIGHT CO-ED SLO-PITCH TOURNAMENT, held at Lakefront West Diamonds, 1221 Phillip Murray Ave in Oshawa. THE RIDE TO REMEMBER in memory of Brent Foster is scheduled for Tuesday, July 30th starting in Uxbridge. Following the Ride, they have a wonderful evening planned with entertainment, delicious food and amazing prizes. On September 14th, a fundraiser, "THE MUSIC OF ARETHA FRANKLIN" DINNER AND SHOW, is being organized by Wayne Wanamaker. The Garvey Family will again host the fundraiser event "BOARD, BIKE AND BLADE 4 BLAKE" on Saturday September 28th in memory of their son Blake. The Granato Family is again hosting a dinner/dance Gala known as a "ROSE GIVEN TO HER" on November 2nd, in memory of their daughter Racquel.

On behalf of BFO-Durham we truly appreciate all the volunteers' hard work which makes these events so successful in the continuing support of Bereaved Families in Durham. For more details regarding these events, please call the office or check our website.

We look forward to seeing many of you at the Open House on Sunday, June 23rd.

Take care and have a safe summer.

~ Jane Carter

BFO-DURHAM CHILDREN'S PROGRAM

As many of you know, thanks to fundraising efforts by Kelly Fitzpatrick and Rocco Granato in memory of their daughter Racquel, we have been able to organize a children's program for 6 to 8 years and 9 to 12 years. The groups started on Wednesday, March 27th and continued for eight weeks. The parents of the children were also invited to stay and discuss the same topics as their children who were in group.

This session was offered to children who have lost a sibling. Thanks to Meagan Scott, Sabrina Moreino and Kirsty Sinclair for running these groups. Ross Granato and Lexi Fife assisted the ladies in running the groups. Kelly Fitzpatrick and Rocco Granato facilitated the parents' group.

In the fall we plan to expand our children's program and offer it to children who have lost a parent or other significant loss. If you know of any children from 6 to 12 who would like this support, please call our office at 905-579-4293.

Thanks to everyone who has supported us in this first children's group at our new location. Below is the Link to the Article which was published in Durham Region News:

https://l.facebook.com/l.php?u=https%3A%2F%2Fwww.durhamregion.com%2Fcommunity-story%2F9263723--these-children-are-hurting-local-family-helps-launch-bereavement-group-for-durham-kids%2F%3Ffbclid%3DIwAR1OsYpoXGjusUIt1qV9IUIhrKEJlzIBg2A5crrfX_4ii5DOpHGy8JQOI80%23.XLnlC6GvPIE.facebook&h=AT384_s97yNYIHMT85umEaWKP7JqgG1wXEY_XF1cWUY-2bPyLCNhGfhBkfaIskYULn1yU3h1IK4eMXBmvQh3o3Nd3P6IUHW06GkGH1MHVf-qF13KZSjVVmg



Olivia Posteraro was working on a Special Memory Book during a meeting facilitated by Sabrina Moreino as the Bereaved Families of Ontario— Durham Region recently launched a new program for children and teens

UPCOMING EVENTS

THE BOARD OF DIRECTORS' CORNER

AUGUST 2018

CIVIC HOLIDAY

August 5th—Office closed

Infant Loss Drop-In

Monday 12th, 7-9 p.m.

Evening Drop-In

Wednesday 14th—7-9 p.m.

Afternoon Drop-In

Monday 19th, 1-3 p.m.

Evening Drop-In

Wednesday 22nd—7-9 p.m.

Reconnect Drop-In

Monday 26th—7-9 p.m.

SEPTEMBER 2018

LABOUR DAY

September 2nd—Office closed

Infant Loss Drop-In

Monday 9th, 7-9 p.m.

Evening Drop-In

Wednesday 11th, 7-9 p.m.

A Tribute to Aretha Franklin

Dinner/Dance—Saturday 14th

Afternoon Drop-In

Monday 16th, 1-3 p.m.

Fathers' Drop-in

September 19th, 7-9 p.m.

Evening Drop-In

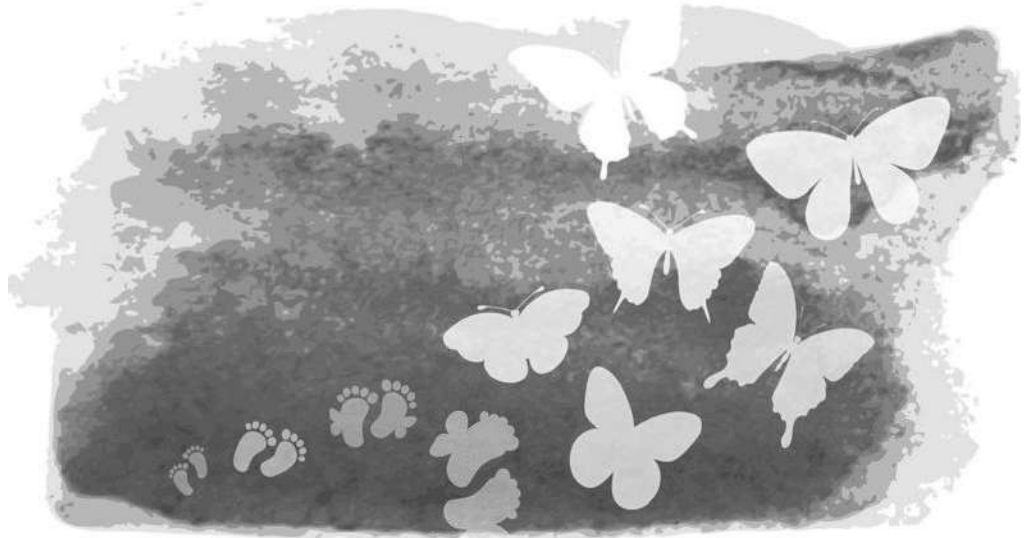
Thursday 26th, 7-9 p.m.

Bike, Blade, Board for Blake

Saturday 28th

Reconnect Drop-In

Monday 30th, 7-9 p.m.



"GRIEF IS LIKE THE OCEAN;

IT COMES ON WAVES EBBING AND FLOWING.

SOMETIMES THE WATER IS CALM,

AND SOMETIMES IT IS OVERWHELMING.

ALL WE CAN DO IS LEARN TO SWIM."

~ VICKI HARRISON

2019 ANNUAL VOLUNTEER TEA

On April 14th, BFO-D's Board of Directors hosted its annual Volunteer Tea in recognition of the many members who so selflessly contribute to our organization on a daily basis, whether by working in the office, facilitating drop-ins, ones-on-ones, groups or working on fundraisers. Hosting the Volunteer Tea is to recognize the many volunteers for their contribution over the past year. The Volunteer of the Year Award went to two recipients, Kelly Fitzpatrick and Rocco Granato for their ongoing dedication to Bereaved Families of Ontario—Durham. We were pleased to present Sharon Sears with the Susan E. Hendricks Award of Distinction for her countless hours of commitment to BFO-D. Alexis LoveGordon was also recognized and received the Young Adult Volunteer of Distinction Award.

VOLUNTEERS OF THE YEAR AWARD
KELLY FITZPATRICK/ROCCO GRANATO

SUSAN HENDRICK'S AWARD
SHARON SEARS

YOUNG ADULT VOLUNTEER AWARD
ALEXIS LOVEGORDON



"PAINT PARTY" FUNDRAISER

Hi Everyone,

My name is Anna Moreino and I am the mother of Paulina Mary Moreino. This Mother's Day I have been a bereaved parent for the past 28 years, 2 months and approximately 12 days..., but who's counting?

As my grief journey went on, I subconsciously counted the days, months and years but it wasn't until this year when I turned the calendar pages filling in all the birthdays and anniversaries, doctor's appointments and other family commitments did I realize that Paulina would have been 29 years old in June had she not died. WOW! That hit me like a ton a bricks. Where would my little girl be right now? Would she be married with children like her momma or would she have been a teacher like her dad? I immediately hung my head and began to cry... how have I managed to survive without my little Coocooch this long? As I wiped the tears away and thought about how I managed to stay sane while missing all the special times without her, I realized that BFO-D has been a part of my healing journey. Within this special community I was able to share my deepest sadness, my ugly anger and my happy moments all at the same time. I was a big part of BFO-D for quite a while during my healing, helping other moms and dads with their losses. Whenever I walked away from a night of sharing with other parents I didn't just feel good because I encouraged them, I felt brave and strong to continue in my journey.

I had a birthday in February and while I knew Paulina's angel day was coming up, I thought I could do something productive and memorable in her honour. I had a fundraiser on Facebook and asked friends and relatives to donate in her memory. I bypassed any gifts so that I could raise funds for BFO-Durham. My limit was \$500 but I raised \$1230, much to my surprise! Thank you to everyone who donated.

That was too much fun and so I decided to organize a "Paint Night" on a Saturday afternoon at the end of March. I put together some gift baskets for a penny table, did some baking, had a 50/50 draw and enlisted the help of my daughter and a friend and VOILA! \$1200 later.... **A TENTATIVE DATE OF OCTOBER 5, 2019 HAS BEEN CHOSEN FOR ANOTHER PAINT PARTY. FOR MORE INFORMATION, CHECK OUR WEB SITE OR CONTACT THE OFFICE.**

Due to our increasing membership, and the need for our services to families searching for support, BFO-D recently moved to a larger location, luckily just down the street. However, with the larger location comes higher overhead costs. If we all work together, we can make this meeting place a happy home for our broken hearts to come together and heal.

THIS IS YOUR CALL TO ACTION. We need the help of our families to raise funds for our space, our groups, and ultimately each member of BFO-D. Maybe you are particularly skilled at a craft or have some talent that you can share with everyone to bring in money. If you have an idea but are not sure how to go about making it happen or don't want to work by yourself, bring it up to the office – there are people who are happy to help.

It was at my darkest point that BFO-D guided me back to the light; let's do our best to keep the light shining for others in our community.



2019 BFO-D YARD/GARAGE SALE

On Sunday May 5th, with the weather cooperating, we hosted our first yard/garage sale at our new location on Simcoe Street North. Thank you to everyone who donated items for this sale and we certainly were overwhelmed by the response.

A **VERY BIG** thank you is sent out to all the BFO-D members who volunteered many, many long hours to make this a success—Janiice Hicks, Bev Campbell, Denise Love and John Gordon, Caroline and Gary Goswell, Jane and Jim Carter, Adele and Liz Davidson, Lee James, Donna Dickison, Debbie Kelly, Derek Nurse, Wendy Topham, Karen Fish, Vanessa Longhurst, Kelly Nemic, Marlene Charewicz and Angie White. Thank you to Kirsty Sinclair for being our enthusiastic chef for the BBQ and also to our student volunteers.

So far we have raised \$1,300 with several more items to be sold on line.



2019 WALK TO REMEMBER

Registration began at 9:15 a.m. and after an energizing warm up routine by Donna Davidson, the walk began at 10 a.m., with refreshments and prizes for the participants. The ROKZ band volunteered their time and talent to provide live music for the entire duration of the walk. We had Spiderman and Rapunzel who entertained the children. Leanne from "Mascots N More" was painting faces on the children.

Without the help of the generous community, walkers, volunteers, donors and sponsors, BFO-Durham could not have surpassed their fundraising goal of \$13,000.00. These funds ensure that our bereavement support programs stay open and are available to those in need. All the donations made were greatly appreciated. This year's walk banner was donated by two families as we now have two rooms at our new location. In the Violet (Babe) Davidson room, the banner is in loving memory of Kevin O'Donnell, August 5th, 1992 - May 20th, 1999, "We love you as big as the universe and all that is in it and around it". In the Jacquelyn (Jackey) Mason room, the banner is in loving memory of Blake Garvey, 1995-2013, Always Loved, Never Forgotten, No blame, No shame, Just love. Cathy and Fritz Wiener donated the refreshments in loving memory of their son Karl. Denise Robinson donated the use of her button machine in memory of her son Jeffrey. Jodi Gorham provided the buttons in memory of her daughter Jorja.

A SPECIAL THANK YOU TO THOSE WHO DONATED GIFTS FOR OUR TOP PLEDGE EARNERS - M-A-K FUNERAL HOME, ARMSTRONG FUNERAL HOME, MEDIEVAL TIMES, HERONGATE THEATRE AND THE TORONTO ROCK

THANK YOU ESPECIALLY TO OUR TOP PLEDGE EARNERS - BONNIE LANE, SHERRY MITCHELL, DEBBIE BROWN, KIRSTY SINCLAIR AND THE WIENER FAMILY.

A SPECIAL THANK YOU TO OUR HARD WORKING VOLUNTEERS - SHARON SEARS, RICK SEARAS, MARIAN REHR, JANICE HICKS, MARK ANDERSON, ADELE DAVIDSON, LIZ DAVIDSON, ANITA FELLOWS, KAREN FISH, EVELYN RUDD; TO OUR DEDICATED STUDENT VOLUNTEERS AND TO MAURICIO CUELLAR, FROM DURHAM COLLEGE.

THANKS EVERYONE FOR YOUR PARTICIPATION IN THE "WALK TO REMEMBER 2019"



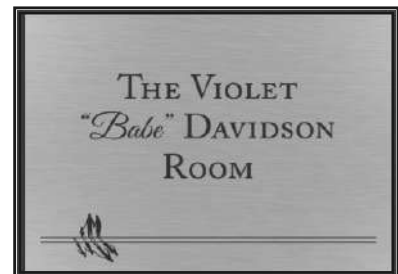
WALK TO REMEMBER SPONSORS



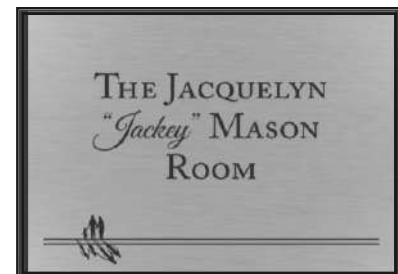
GROUP ROOMS/EVENTS ROOM DEDICATION

IN HONOUR OF THE FAMILIES WHO SO GENEROUSLY SPONSORED THE 2 GROUP ROOMS AND EVENT ROOM, PLAQUES WERE ORDERED AND ARE NOW DISPLAYED FOR EACH ROOM. THE FOLLOWING ARE RENDERINGS OF THE PLAQUES AND THE ORIGINALS CAN BE VIEWED IN OUR OFFICES.

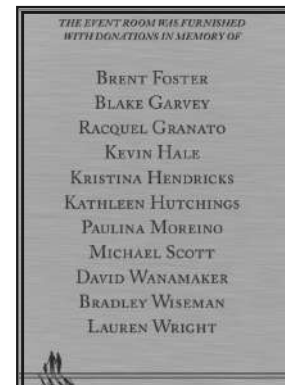
**ERIC AND ADELE DAVIDSON—IN MEMORY OF THEIR DAUGHTER,
VIOLET "BABE" DAVIDSON**



**WES AND DONNA MASON—IN MEMORY OF THEIR DAUGHTER,
JACQUELYN "JACKEY" MASON**



**THE EVENT ROOM LIST OF ALL WHO DONATED IN MEMORY
OF THEIR CHILDREN**



DINNER AND SHOW FUNDRAISER



Bereaved Families of Ontario-Durham Region are both pleased and excited to present a musical tribute to the Queen of Soul, Aretha Franklin. The evening will consist of a 3-course dinner and following, 2 hours of the best live music to be heard in Oshawa in a long time. Tickets will be \$80 each and include dinner.

This musical extravaganza will take place at the Simcoe Blues & Jazz Bar and Grill on Saturday, September 14, 2019. Tickets and more information will be available very soon. Mark this date on your calendar as this will be a NOT to be missed event.

4TH ANNUAL FUNDRAISER



SATURDAY, SEPTEMBER 28TH AT THE BOWMANVILLE WATERFRONT PARK

THANK YOU NOTE FROM OUR CO-OP STUDENT

As a Durham College Public Relations student, I was required to do a placement in a non-profit organization during the Spring to complete the program. Who would have thought that after just 14 weeks of placement, Bereaved Families of Ontario-Durham Region (BFO-Durham) would become one of the most memorable experiences in my professional and personal life?

Since the very first day, I was received by friendly and supportive people such as Jane Carter and Gary Goswell. Thank you for giving me this opportunity, empowering me and trusting in me.

Working for BFO-Durham during 14 weeks to support the Walk to Remember event became a lovely routine. Every Monday morning arriving at the office, developing communication materials for the Walk and doing my best to contribute with the purpose of the organization made me feel happy.

Actually, I realized that I became a BFO ambassador during my placement. I was very proud of talking about BFO-Durham when trying to convince the community centres and libraries to post our invitation in their facilities, and when calling the journalists to get more media coverage. I must say that I will miss this routine and I will miss the team.

I witnessed the importance of BFO-Durham to the community. I was able to see how brave Jane and all the members and volunteers are when it comes to hearing and supporting moms and dads who have lost their children.

Thank you for the opportunity of meeting all of you at the office or during the Walk and thank you for trusting in me. I hope my participation as Public Relations intern has been useful during these weeks in contributing to the organization's mission.

The experience and the inspiration that I gained from this placement will last forever.

Thank you

Mauricio Cuellar

2019 "20TH ANNIVERSARY" MOTHERS' RETREAT

"Yet another wonderfully nourishing, fun-filled retreat for bereaved mothers. I am so blessed to be able to live this ministry along with the team at the Villa St Joseph Retreat and Ecological Centre in Cobourg, Ontario. As Chief Dan George used to say "my heart soars like a hawk". So much gratitude and love for all who participate and trustingly open their hearts to each other. Many thanks to everyone who helped make this 20th retreat such a special moment."

~ Susan Hendricks



ONGOING FUNDRAISERS

Fundraising Bracelets for
BFO Durham Region

There are 4 colours to choose from at a price of just \$3 each

Sponsored by the Davidson Family
In loving memory of Violet (Babe) Davidson

Made by Wowica

BFO Durham

QUILT RAFFLE

Tickets are priced at \$5 each or 5 tickets for \$20

The draw will take place on Sunday March 1st 2020 during the Walk to Remember

Tickets are available at the office (948 Simcoe St. N, Oshawa)

All proceeds go to help fund BFO Durham Region

The quilt was kindly donated by "Kand Toronto Mother's Quilt Club"

"THE TWELVE BARS OF CHRISTMAS" FUNDRAISER

We are a group of friends who 8 years ago wanted to justify a day of drinking together. A dozen of us thought "It's Christmas, why not do a pub crawl themed for the season?". As such, we dubbed this day "The 12 Bars of Christmas". The objective: 12 bars, 12 hours, 12 Beverages. What started with a small group quickly expanded to 50-60 people in our latest years. In terms of festivity, we've seen people dress up as Christmas cowboys, Santa's reindeers, the Home Alone burglars (Harry and Marv), even "Mary and Joseph" made an appearance (we have some very creative friends)!!

We keep safety and the spirit of giving at the forefront by walking the entire event and asking each individual to donate \$20 for charity. We run the event in The Beaches (East Toronto), and each year the charity changes. We ask people for their input on the charity so that we can give to whatever initiative is resonating with the group.

This year (2018) we chose Bereaved Families of Ontario - Durham Region and Dixon Hall Neighborhood Services.

~ Natalie Mask

NEW BFO-D FUNDRAISER



BFO- D IS PLEASED TO ANNOUNCE ITS NEW FUNDRAISER!

Each butterfly will be personalized with your child's name, birth and angel years, and will be mounted on a special board in the hallway of our new offices.

What a unique way to memorialize your child!



2018 FINANCIAL REPORTS

The financial statements for 2018 are now available and a copy of these can be requested from the office. The information is also available on the Canada Revenue Agency website <http://www.cra.arc.gc.ca> under our charity registration number 86161 9880 RR0001.

Yearly Annual General Meetings to discuss our programs and finances have been scheduled in the past and due to lack of attendance, we will not be holding an AGM this year. However, should you have any questions or concerns, please feel free to contact the office. Jane, our Executive Director, will ensure that your questions and/or concerns are addressed by our Board.

THE LAUREN WRIGHT MEMORIAL CO-ED SLO PITCH TOURNAMENT



3rd Annual Lauren Wright

Co-ed Slo Pitch Charity Tournament

Sunday June 9, 2019
9:00am-4:00pm
Lakefront West Diamonds
1221 Phillip Murray Ave, Oshawa

4 GAMES GUARANTEED

LUNCH (FOR 12 PLAYERS) INCLUDED IN \$375.00 TEAM REGISTRATION FEE

SILENT AUCTION TABLE

PEAMEAL ON A BUN AVAILABLE IN MORNING

TEXAS MICKEY ROLL

(similar to a "twonie toss," roll a softball at the bottle for a twonie)

REGISTRATION FEE IS \$375.00 PER TEAM (INCLUDES 12 LUNCH TICKETS.)

EXTRA LUNCH TICKETS MAY BE PURCHASED THE DAY OF THE
TOURNAMENT FOR EXTRA PLAYERS AND SPECTATORS.

All proceeds will be divided equally between two charities:

KIDS HELP PHONE

BEREAVED FAMILIES OF ONTARIO (DURHAM REGION)

If interested please contact Greg Wright at wright2greg@rogers.com.

CONGRATULATIONS



**WE WISH TO CONGRATULATE DAN AND SARA KING ON THE SAFE ARRIVAL OF THEIR TWINS,
JAMIE BENJAMIN AND FIONA PATRICIA ON APRIL 9, 2019.**

CONDOLENCES

Rocco Granato and Kelly Fitzpatrick on the loss of their father/father-in law, Pasquale Granato

Karin and Ken New on the loss of their mother/mother-in-law, Gertrude Baliko

Cora and Tom Silininkas on the loss of their father/father-in-law, Edward Wilson Rowsell

The Family of Colleen Timmins - Colleen was a dedicated and compassionate facilitator here at Bereaved Families of Ontario - Durham Region for many years. Colleen came to BFO-D following the loss of her son Gregory in 1996.



BEREAVED FAMILIES OF ONTARIO — DURHAM REGION

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E-mail: bfodurham@bellnet.ca / Web Site: www.bfodurham.net

Charitable Registration #861619880RR0001

OFFICE HOURS

MONDAY TO THURSDAY — 10 A.M. TO 3 P.M., CLOSED FRIDAY

DONATIONS



JOAN MIDDLETON
FROM YVONNE GRAFE

ANDREW HARRISON
FROM ROBERTA MCCORMICK

ANTHONY QUATTROCCHI
FROM KERRY MACLEAN

DON AND BRYAN GAINER
FROM EVA GAINER

BRENT FOSTER
FROM KATRINA PAVLOVIC

GETRUDE BALIKO
FROM JOSEF WATZEK, ROSANNE AND BARRY GAMBRILL, MIKE AND HEATHER PALMER, IAN GERRIE,
ALLAN BERRY, LOU MONTANA AND CAROL DARLING, HANNE LOTTE RANGE, MARGIT HALTER, FRANZ KORBEL

COLLEEN TIMMINS
FROM DIANE CARUSO AND KAREN HALEY, JOAN AND ROBERT SUTTON, ROWANA AND GEORGE FOWLER, OIRA DEHANEY,
BYRON AND JANET SIMMONS, LINDA DOWN, JANE NELLIS, MATTHEW MURRAY, CATHERINE HIGGINS, LAURA SCHULTZ,
TERRY PINKNEY, DEBRA STEWART, ANNA ZIBERT, CINDY WONG, DAVID KOTIN, MARY ANNE REKUTA

SPECIAL RECOGNITION DONATIONS

WAYNE WANAMAKER – Full size fridge for our new kitchen

MICHELE MCGUIRE, FIDELITY INVESTMENTS CANADA

DUCA CREDIT UNION'S DUGOOD COMMUNITY FUND

THE BENEVITY COMMUNITY FUND – BELL CANADA

ANNA MOREINO – In honour of her birthday through Facebook

THANK YOU AS WELL TO THE SEVERAL MEMBERS WHO DONATE THROUGH UNITED WAY

BOOK DONATIONS

IT'S OK THAT YOU'RE NOT OK BY MEGAN DEVINE

IN MEMORY OF VIOLET (BABE) DAVIDSON, LOVE FROM MUM, DAD AND LIZ

THE LITTLE BLACK FUNERAL DRESS (FIVE THINGS I WISH I HAD KNOWN ABOUT GRIEF) BY SHIRLEY L. THIESSEN

IN MEMORY OF BRYAN GAINER LOVE FROM HIS MOM, EVA GAINER

"NO ACT OF KINDNESS, HOWEVER SMALL, IS EVER WASTED"

OUR CHILDREN REMEMBERED

Loved, missed and never forgotten

JUNE

Christopher Logan Woods	June 1, 2005	Anthony Medeiros	June 14, 2015
Taelyn Marie Peckford	June 2, 2010	Corey Grentz	June 14, 2010
Susan Deborah Murray	June 2, 2010	Tyler Massey	June 14, 2015
Avery Skarlatakis	June 2, 2014	Michelle Marie Meagher	June 15, 2009
Laura Irene Macdonell	June 4, 1994	Anthony Quattrocchi	June 15, 2018
Timothy Shane McDonald	June 4, 2006	Jennifer Sinnott	June 17, 2017
Alyssa Massie	June 5, 2010	Melissa Jean Wilson	June 18, 1990
Tessa Agelopoulos	June 6, 2007	Amanda Bickle	June 19, 2018
Christina de Vries-Roach	June 6, 2004	David Gregory Schneider	June 20, 1998
Nicholas David William Hutchison	June 6, 1999	Kohwyn Babcock	June 20, 2010
Chloe Mounsey	June 6, 2007	Edward Erwin	June 21, 2003
Daniel Melanson	June 7, 2009	Lorna Ellen Buzzell	June 22, 1998
Angelo Mazzotta	June 8, 2010	Paul David Carter	June 22, 1985
Kathy Phelan	June 8, 1985	Ian Booth	June 23, 2007
Arpik Patel	June 8, 2012	Gillian Berthelot	June 23, 2010
Steven Dafoe	June 9, 2004	Shane Rawlins Mahabir	June 24, 2011
Glen Michael Bruce Monro	June 9, 2002	Derrick Brooks	June 25, 2010
Maureen Wright	June 9, 2002	Melissa Logeman	June 25, 2012
Todd McCann	June 9, 2013	Connor Battah	June 26, 2008
Margaret Nemeth	June 10, 2003	Dustin Longhurst	June 26, 2017
Kimberly Ann Whatsitt	June 10, 1994	Christina Grace Glover	June 27, 1999
Kelly Eileen Goswell	June 11, 1992	Heather Goverde	June 27, 2004
Brooklyn Ilean Fogg-Conlin	June 12, 2009	Olivia Kowalchuk	June 27, 1993
Ronald McGivney	June 12, 2015	Michael Thomas Turner	June 27, 2014
Gunner Aaron Terry Mayhew	June 13, 2014	Bob Robbin	June 28, 2014
Aubree Glode	June 13, 2014	Westley Pflug	June 28, 2015
Christopher Dennis Penny	June 14, 1995	Tyler Lisinski	June 28, 2015
		Frank Benczenleitner	June 30, 1989



OUR CHILDREN REMEMBERED

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JULY

Brian Haring	July 1, 1994	Peter Hansen	July 18, 2001
Leith Hawker	July 1, 1998	Keena John Dobbie	July 18, 2011
Johanna Mary Faith Nesbitt	July 1, 1993	Alyssa Dryden	July 18, 2011
Ryan Munshaw	July 1, 2013	Kayne Ritchie	July 18, 2016
Christopher Richard	July 1, 2015	Michael Watson	July 19, 2008
Shon Hart	July 2, 2006	Tammy Dimech	July 19, 2014
Kathleen Wels	July 2, 1979	Christopher Hill	July 20, 2016
Michael Campbell	July 3, 2009	Patrick McKay	July 20, 2016
Laurie (Foreman) Wilkinson	July 4, 1998	Jennifer Asselin	July 20, 2017
Paisley Eva Cane	July 5, 2012	Samantha Shirley Baird	July 21, 1999
Roberto Smell	July 5, 2017	Trevaughn Miller	July 21, 2012
Melissa Coady	July 6, 2013	Michael Fellows	July 21, 2013
Juliette Francis	July 7, 2010	Matthew Westcott	July 21, 2015
Jaedin Davis	July 8, 2003	Richard Desousa	July 21, 2016
Nicole Mummery	July 8, 2008	Isabelle Sabiston	July 21, 2016
Joshua Rideout	July 8, 2017	Sarah Burnham	July 22, 2003
Sebastian Seidel Forsyth	July 9, 2015	Samantha Brittney Babcock	July 23, 1993
Edwin Zwaigenbaum	July 11, 1963	Bryan Matthew Gainer	July 23, 2000
Jesse Comeau	July 11, 2009	James Johnson	July 24, 2001
Emily Lavina Wilkes	July 11, 2016	Ashleigh Mariani	July 24, 2013
Joey Ihasz	July 11, 2017	Daryl Davison	July 24, 2016
Jonah McIntosh	July 11, 2017	Tyler Lockard	July 25, 2014
Joey Alton	July 12, 2008	Shelby Thomas	July 25, 2015
Michael Potter	July 12, 2010	Mark Van Den Oetelaar	July 27, 1963
Craig Beers	July 13, 2003	Beverly Warner	July 27, 2002
Christopher Swindell	July 13, 2000	Peter Ide	July 27, 2013
Danny Tkalec	July 13, 2000	Andrew Gary McSweeney	July 28, 1994
Amanda Richardson	July 14, 2007	Sara Young	July 28, 1994
Lauren Nolan	July 14, 2009	Andrew Mason	July 28, 2002
Austin Beninato	July 14, 2017	Derek Fish	July 28, 2017
Mattieu Moriarity	July 15, 2003	Tamica Henderson	July 29, 2012
Brandon Niblett	July 16, 2002	Shannon York	July 30, 2004
Derek Garner	July 15, 2007	Ryan Addison	July 30, 2005
Sarah Davidson	July 17, 2014	Surinder Mehar	July 31, 1999
Lesley Blackmore	July 18, 2009	Patricia (Trish) Peter	July 31, 2004
Carter James Duncan	July 18, 2004	Curtis Courneyea	July 31, 2013



OUR CHILDREN REMEMBERED

Loved, missed and never forgotten

AUGUST

Rick Swale	August 1, 2000	Cortney-Lynne Twiddy	August 20, 1994
Karyn Chase	August 2, 2010	Tracy Scott	August 20, 2010
Todd Gardiner	August 2, 2017	Chris Karam	August 20, 2011
Dallas Raé Fountain	August 3, 2010	Xavier Edward Barkley-MacMullen	August 20, 2013
Jennifer Copithorn	August 4, 1998	Ryan J. Haber	August 21, 1999
Willard Amurao	August 3, 2014	Colin Humphrey	August 21, 2000
Eric Couturier	August 4, 2002	Shawn Presley	August 21, 2000
Brent Foster	August 4, 2007	Murray Schoenau	August 21, 1990
Katrina Stanojevich	August 4, 2016	Greg Miles	August 22, 2008
Sydney Young	August 5, 2003	Jamil Mohamed	August 22, 2009
Robert Blain	August 6, 2008	Tucker Taylor	August 22, 2008
Daniel Caldwell	August 8, 2010	Shawn Paul David Spooner	August 22, 2016
Matthew Mitchell	August 8, 2014	Kim Benoit	August 22, 2017
Kyle Blake	August 8, 2018	Andrew Chaplin	August 23, 2008
Jessica Dale Whitney	August 9, 1998	Emily Stow	August 23, 1999
Gary Smith	August 9, 2002	Derek Van Pelt	August 23, 2012
Mary Moshis	August 9, 2013	Colton Tunney-Phillips	August 23, 2013
Simon Minc	August 9, 2015	Kira Locke	August 23, 2015
Jeffery Shoemith	August 9, 2018	Andrew Harrison	August 23, 2018
Lily Maria Kathleen Payne	August 10, 2007	Geoffrey Dykstra	August 24, 2008
Katrina Stanojevich	August 10, 2016	Jeremy Finn	August 24, 2002
Cassandra Turner	August 10, 2016	Frank Aubrey Lessard	August 24, 1997
Dennis John Zoelman	August 11, 1993	Liberty Davenport	August 24, 2008
Kevin Klis	August 11, 2011	Danielle Thompson	August 24, 2014
Peter Pervan	August 11, 2014	Michael "Shane" Girard	August 25, 1993
Justin Parker	August 11, 2017	Paul Strasbourg	August 25, 2009
Michael Lowens-Varey	August 11, 2017	Leah Adelina Paiva	August 26, 2012
Jason Anderson	August 12, 2017	Milo Palmer	August 27, 2016
Shayaan Aziz	August 13, 2010	Jackie Woolridge	August 27, 1999
Gregg Hayden	August 13, 2005	Reid James Tanner	August 27, 2010
Frank Aubrey Lessard	August 14 1997	Kevin Duhaney	August 27, 2012
Christine Crossman	August 14, 2004	Sean Robert Aylward	August 28, 2002
Ashton Payetta	August 14, 2010	Luke Christopher Bachman	August 28, 1998
Jonathan Stewart	August 14, 2004	Craig W.D. Green	August 28, 1995
Jason Kaaz	August 14, 2010	Allesio Caccavella	August 28, 2011
Travis Pepper	August 15, 2015	Matthew Fife	August 28, 2017
Kale Garry Nichols	August 16, 2001	Kyle Jackson	August 28, 2018
Tiah Ephraim	August 16, 2008	Steven Mayhew	August 29, 2000
Dalton Hebert	August 16, 2018	Alan Brown	August 29, 2012
Trisha Banton	August 19, 2009	Constant Germano	August 30, 1993
Mark Vandermeer	August 19, 2008	Cory Fleetwood	August 30, 2012
Obray Dixon	August 19, 2016	Paul Anthony Jones	August 31, 1995
Matthew Craigen	August 19, 2018	Alex Novia	August 31, 2008
Trevor Stephenson	August 20, 2000	Adin Gould	August 31, 2012
Annette E. Stewart	August 20, 1989	Taylor Kuipers	August 31, 2018

"Start where you are. Use
what you have. Do what
you can."

OUR CHILDREN REMEMBERED

Loved, missed and never forgotten

SEPTEMBER

Kelli Mitchell	September 1, 1996	Timothy Lee	September 15, 2018
Jesse Lennox	September 1, 2014	Sean McAvoy	September 16, 2005
Adrienne Ferguson-Keller	September 2, 1992	Sara Snow	September 15, 2014
Amanda Ruby Mayock	September 2, 2005	James Jackson	September 16, 2016
Jamie Lee Wiznuk	September 2, 2009	Kelly G. Lomax	September 17, 1992
Ronald Pogue	September 2, 2012	Jake Vanzeyl	September 18, 1998
Randi Walker	September 2, 2018	Ryan William Sutherland	September 18, 2009
Jayla DeSouza	September 3, 2009	Michael Crover	September 19, 1998
Alliyah Beckles	September 3, 2010	Kelly Darby	September 19, 1999
Michael Christopher Noseworthy	September 4, 2003	Terah Elaine Dawkins	September 19, 2010
Mark Forgette	September 5, 2006	Paul Turansky	September 19, 2005
Steven Cuddy	September 5, 2016	Andreas Bollmann	September 19, 2011
Charlotte Mazzotta	September 6, 2012	David James Muir	September 19, 2015
Omar Ryan Sadler	September 7, 1996	Darren O'Neil	September 20, 2011
David Logan	September 7, 2010	Curtis Bjerring	September 21, 2013
Kyleigh Noland	September 8, 2012	Tyler Hanson	September 21, 2015
Sarah Onley	September 8, 2015	Julie Carter	September 22, 2000
Ashley DeJong	September 9, 2002	Brian English	September 22, 2002
Natasha Foote	September 9, 2008	Jacquelyn Mason	September 23, 2011
Hope Skarlatakis	September 9, 2010	Kerri-Lyn Adams	September 24, 2011
Leo Atkinson	September 10, 2003	Chris Taylor	September 24, 2018
Todd Skinner	September 10, 2013	Cynthia Vincent	September 24, 2018
Kyle Daniels	September 10, 2015	David Wanamaker	September 25, 2012
Darrion Moffatt	September 10, 2018	Mike Maher	September 26, 2009
Cody James	September 10, 2018	Rylee David O'Brien	September 27, 2011
Brody James Prebble-Cooper	September 11, 2006	Levi Allen	September 28, 2009
Laura Catherine Pellegrino	September 13, 1990	Lauren Allen	September 28, 2009
Karen Lato	September 13, 1992	Ashley Hamilton	September 28, 2012
Sabina Silininkas-Roswell	September 13, 2017	Cassandra Kumarsingh	September 29, 2006
Bryan Douglas Gordon	September 14, 2007		

